



NCAA Division I Southeast Regional

Milliken Research Park
Spartanburg, SC- Hosted by USC Upstate
November 10, 2023



Results Men 10k

TEMPERATURE
68 °

HUMIDITY
89%

CONDITIONS
RAIN

PI	Athlete Name	Affiliation	2k	5k	8.5k	Time	Pts
1	Dylan Schubert	JR Furman	5:46.2 (5) ▲3	14:24.2 (2) ▼2	24:49.2 (4) ▲3	28:51.2	1
2	Parker Wolfe	JR North Carolina	5:46.2 (5) ▲1	14:24.3 (4) ▲3	24:48.9 (1) ▼1	28:53.3	2
3	Alex Phillip	SR North Carolina	5:46.4 (11) ▲4	14:24.6 (7) ▲5	24:49.0 (2) ▼1	28:53.3	3
4	Nickolas Scudder	SR Charlotte	5:45.8 (1) —	14:24.0 (1) ▼1	24:49.0 (2) ▼2	28:55.3	4
5	Luke Tewalt	JR Wake Forest	5:46.9 (23) ▲12	14:25.3 (11) ▲5	24:50.8 (6) ▲1	28:59.7	5
6	Ethan Strand	JR North Carolina	5:46.3 (8) —	14:24.9 (8) —	24:56.4 (8) ▲2	29:02.8	6
7	Will Anthony	SO Virginia	5:46.3 (8)		24:57.9 (9) ▲2	29:03.7	7
8	Nikodem Dworczak	SR Eastern Kentucky	5:47.8 (40) ▲27	14:25.6 (13) ▲6	24:56.2 (7) ▼1	29:12.4	8
9	Jake Gebhardt	SR North Carolina	5:47.3 (32) ▲23	14:25.1 (9) ▼1	24:58.2 (10) ▲1	29:15.5	9
10	Taha Er Raouy	FR Eastern Kentucky	5:46.5 (13) ▲8	14:24.4 (5) ▼6	25:01.9 (11) ▲1	29:19.2	10
11	Mohammed Jouhari	SO Eastern Kentucky	5:46.2 (5) ▼4	14:25.1 (9) ▼5	25:07.7 (14) ▲3	29:20.3	11
12	Hannes Burger	SR NC State	5:51.9 (77) ▲50	14:32.1 (27) ▲12	25:08.1 (15) ▲3	29:23.3	12
13	Carson Williams	JR Furman	5:46.4 (11) ▲9	14:24.2 (2) ▼14	25:12.7 (16) ▲3	29:27.6	13
14	Nathan Mountain	SO Virginia	5:47.1 (28) ▲17	14:25.3 (11) ▼1	25:04.8 (12) ▼2	29:29.4	14
15	Brett Gardner	JR NC State	5:49.5 (60) ▲33	14:32.1 (27) ▲14	25:07.1 (13) ▼2	29:29.4	15
16	Abdelhakim Abouzouhir	SR Eastern Kentucky	5:46.1 (4) ▼14	14:27.5 (18) —	25:17.7 (18) ▲2	29:31.3	16
17	Nicholas Kiprotich	JR Liberty	5:45.9 (2) ▼20	14:28.5 (22) ▲5	25:15.8 (17) —	29:32.5	
18	Colton Sands	SO North Carolina	5:47.5 (37) ▲17	14:28.2 (20) ▼7	25:26.0 (27) ▲9	29:33.1	17
19	Joseph O'Brien	FR Wake Forest	5:47.0 (25) —	14:31.5 (25) ▲5	25:18.8 (20) ▲1	29:34.1	18
20	Jaden Kingsley	SR Charleston Southern	5:48.3 (47) ▲23	14:30.3 (24) ▲3	25:21.5 (21) ▲1	29:35.7	19
21	Toby Gualter	JR NC State	5:51.8 (76) ▲43	14:33.9 (33) ▲7	25:25.8 (26) ▲5	29:36.3	20
22	Wesley Bond	JR George Mason	5:47.9 (41) ▲12	14:32.8 (29) ▲4	25:25.5 (25) ▲3	29:37.2	21
23	Daniel McGoey	JR NC State	5:48.8 (52) ▲36	14:26.4 (16) ▼3	25:18.5 (19) ▼4	29:37.7	22
24	Yasin Sado	JR Virginia	5:46.3 (8) ▼10	14:27.5 (18) ▼4	25:23.6 (22) ▼2	29:38.8	23
25	Victor Ndiwa	SO Clemson	5:52.0 (78) ▲40	14:38.7 (38) ▲9	25:27.8 (29) ▲4	29:39.7	24
26	Maddon Muhammad	SO Charlotte	5:46.7 (17) ▼6	14:28.8 (23) —	25:24.4 (23) ▼3	29:43.3	25
27	Ahmed Kadri	JR Eastern Kentucky	5:46.7 (17) —	14:26.6 (17) ▼11	25:26.4 (28) ▲1	29:47.1	26
28	Gidion Sigei	JR Norfolk State	5:49.2 (55) ▲29	14:31.7 (26) ▲2	25:25.0 (24) ▼4	29:47.6	27
29	Hunter White	JR Charlotte	5:46.7 (17) ▼4	14:28.4 (17) ▼10	25:34.9 (31) ▲2	29:55.6	28
30	Jake Allen	JR Kentucky	5:47.1 (28) ▲14	14:25.7 (14) ▼16	25:28.6 (30) —	29:58.0	29
31	Gavin Ehlers	FR Wake Forest	5:50.3 (66) ▲23	14:39.9 (43) ▲9	25:41.3 (34) ▲3	29:58.2	30
32	Austin Gabay	SR Duke	5:46.6 (15) ▼17	14:33.4 (32) —	25:35.2 (32) —	29:58.4	31
33	Jared Kreis	SR Duke	5:49.3 (56) ▲4	14:46.0 (52) ▲8	25:49.9 (44) ▲11	29:58.8	32

Results available at www.flashresults.com



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34	Micah Gilpatric	JR	Charleston Southern	5:47.0 (25)	▲20	14:24.4 (5)	—	24:49.4 (5)	▼29	29:59.4	33
35	Zach Hughes	JR	NC State	5:52.4 (83)	▲37	14:41.9 (46)	▲9	25:46.6 (37)	▲2	30:01.6	34
36	Keeton Thornsberry	JR	Eastern Kentucky	5:49.8 (63)	▲27	14:37.3 (36)	▼2	25:46.7 (38)	▲2	30:03.6	35
37	Natnael Weldemichael	SO	Northern Kentucky	5:52.8 (87)	▲40	14:42.4 (47)	▲8	25:46.9 (39)	▲2	30:05.2	36
38	Charlie Sprott	FR	Wake Forest	5:47.2 (30)	▼11	14:39.5 (41)	▼1	25:47.2 (42)	▲4	30:06.9	37
39	Sam Rivera	SR	Duke	5:46.5 (13)	▼32	14:41.4 (45)	▲9	25:45.6 (36)	▼3	30:08.6	38
40	Declan Rymer	SO	Virginia Tech	5:49.4 (58)	▲9	14:43.3 (49)	▲9	25:47.1 (40)	—	30:09.3	39
41	Gitch Hayes	FR	North Carolina	5:47.6 (39)	▲4	14:35.6 (35)	▼5	25:47.1 (40)	▼1	30:09.7	40
42	Sawyer Dagan	JR	Clemson	5:53.2 (91)	▲51	14:39.0 (40)	▲5	25:42.2 (35)	▼7	30:10.9	41
43	Oliver Wilson-Cook	SR	App State	5:52.9 (89)	▲32	14:47.9 (57)	▲11	25:50.9 (46)	▲3	30:11.6	42
44	Hunter Jones	FR	Wake Forest	5:47.4 (34)	▼33	14:51.9 (67)	▲14	26:01.2 (53)	▲9	30:13.3	43
45	Raphael Kitur	JR	Norfolk State	5:52.6 (86)	▲20	14:51.0 (66)	▲19	25:54.8 (47)	▲2	30:13.3	44
46	Justin Wachtel	SO	Virginia	5:47.9 (41)	▲7	14:35.3 (34)	▼9	25:49.4 (43)	▼3	30:16.5	45
47	Hayes Trapp	FR	William & Mary	5:51.4 (73)	▲13	14:48.5 (60)	▲8	25:58.3 (52)	▲5	30:16.7	46
48	Jacob Hess	SO	Liberty	5:48.5 (49)	▼5	14:46.9 (54)	▲6	25:56.2 (48)	—	30:17.2	
49	Jacob Hunter	SR	Virginia	5:48.1 (45)	▼5	14:43.7 (50)	—	25:57.0 (50)	▲1	30:17.3	47
50	Calbert Guest	JR	App State	5:56.0 (99)	▲27	14:54.9 (72)	▲9	26:05.1 (63)	▲13	30:18.6	48
51	Adam Hessler	JR	UNC-Asheville	5:48.7 (51)	—	14:44.4 (51)	▼4	26:01.5 (55)	▲4	30:20.6	49
52	Jackson O'Hara	JR	Charlotte	5:47.4 (34)	▼31	14:50.2 (65)	▲16	25:56.7 (49)	▼3	30:20.8	50
53	Patrick North	JR	William & Mary	5:51.2 (72)	▲9	14:49.6 (63)	▲12	25:57.4 (51)	▼2	30:21.7	51
54	Alec Esposito	SR	Charlotte	5:45.9 (2)	▼53	14:47.3 (55)	▼2	26:02.4 (57)	▲3	30:22.6	52
55	Kyle Harkabus	JR	Liberty	5:48.0 (44)	▼14	14:48.2 (58)	—	26:02.6 (58)	▲3	30:23.1	
56	Dwayne Lillie	JR	App State	6:01.2 (131)	▲41	15:04.5 (90)	▲23	26:13.5 (67)	▲11	30:23.6	53
57	Brian Rotich	JR	Norfolk State	5:55.9 (98)	▲28	14:53.8 (70)	▲16	26:01.4 (54)	▼3	30:23.8	54
58	Sam Waldin	JR	Charleston Southern	5:52.3 (81)	▲25	14:47.6 (56)	▼8	26:05.8 (64)	▲6	30:24.0	55
59	Mason Love	SO	George Mason	6:02.3 (141)	▲54	15:02.1 (87)	▲26	26:04.3 (61)	▲2	30:24.3	56
60	Wes Porter	JR	Virginia	5:46.9 (23)	▼21	14:40.2 (44)	▼15	26:02.9 (59)	▼1	30:25.4	57
61	David Ahlmeyer	SR	Furman	5:47.2 (30)	▼11	14:39.5 (41)	▼3	25:49.9 (44)	▼17	30:26.4	58
62	Jorge Ruiz	SR	Murray State	5:58.9 (124)	▲41	15:00.5 (83)	▲17	26:10.0 (66)	▲4	30:28.4	59
63	Zubeir Dagane	JR	Duke	5:46.7 (17)	▼44	14:48.6 (61)	▼1	26:04.6 (62)	▼1	30:29.0	60
64	Jordan Bendura	JR	Richmond	5:47.5 (37)	▼2	14:38.9 (39)	▼21	26:03.2 (60)	▼4	30:29.5	61
65	Michael Keehan	SR	Duke	5:49.4 (58)	▼10	14:52.0 (68)	▼4	26:20.4 (72)	▲7	30:34.3	62
66	Rynard Swanepoel	JR	Wake Forest	5:49.3 (56)	▼6	14:49.1 (62)	▼3	26:08.8 (65)	▼1	30:34.3	63
67	Ian Harrison	JR	NC State	5:50.0 (65)	▲34	14:33.1 (31)	▼37	26:14.8 (68)	▲1	30:39.1	64
68	Sam Hubert	JR	Virginia Tech	5:48.6 (50)	▼21	14:54.3 (71)	▲2	26:15.4 (69)	▲1	30:44.0	65
69	Nicholas Goldstein	JR	Furman	5:47.3 (32)	▼32	14:49.8 (64)	▼6	26:15.5 (70)	▲1	30:46.0	66



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70	Peyton Golden	SO	William & Mary	5:55.4 (96)				26:26.5 (74)	▲4	30:47.1	67
71	Innocent Ntwali	FR	Louisville	5:57.2 (114)	▲20	15:06.4 (94)	▲18	26:28.9 (76)	▲5	30:47.8	68
72	Enock Kipchumba	SR	Eastern Kentucky	5:46.8 (21)	▼9	14:32.9 (30)	▼26	26:01.9 (56)	▼16	30:48.4	69
73	Alex Alston	FR	Kentucky	5:58.7 (123)	▲46	14:57.3 (77)	▲6	26:16.6 (71)	▼2	30:49.5	70
74	Griffin Gillespie	FR	Charleston Southern	6:02.9 (144)	▲35	15:14.7 (109)	▲20	26:36.0 (89)	▲15	30:51.3	71
75	Aidan Ross	FR	Wake Forest	5:56.2 (102)	▼12	15:18.2 (114)	▲30	26:33.4 (84)	▲9	30:53.5	72
76	Ryan Chevalier	FR	Virginia Tech	5:56.9 (112)	▲19	15:05.9 (93)	▲10	26:32.8 (83)	▲7	30:55.0	73
77	Hunter Steinau	SR	High Point	5:49.1 (54)	▼5	14:48.4 (59)	▼19	26:29.6 (78)	▲1	30:56.1	74
78	Jackson Watts	JR	Kentucky	5:51.0 (69)	▼7	14:57.2 (76)	▼3	26:30.4 (79)	▲1	30:58.3	75
79	Gary Martin	SO	Virginia	5:46.8 (21)	▼16	14:38.0 (37)	▼36	26:21.3 (73)	▼6	31:00.4	76
80	Arnav Tikhe	JR	Virginia Tech	5:47.0 (25)	▼23	14:43.0 (48)	▼27	26:28.5 (75)	▼5	31:02.0	77
81	Jake Toomey	JR	NC State	5:53.0 (90)	▲16	14:56.3 (74)	▼16	26:38.2 (90)	▲9	31:02.2	78
82	Nahim Abdallah	JR	VCU	5:56.7 (108)	▲6	15:12.5 (102)	▲14	26:35.3 (88)	▲6	31:03.1	79
83	Daren Hinds	JR	Winthrop	5:56.7 (108)	▲24	15:01.0 (84)	▲4	26:31.6 (80)	▼3	31:04.2	80
84	Ben Nagel	SR	Virginia Tech	5:49.7 (61)	▼18	14:58.7 (79)	▼3	26:32.6 (82)	▼2	31:05.5	81
85	Daniel Hopkins	JR	UNC-Asheville	5:58.4 (120)	▲5	15:18.4 (115)	▲15	26:48.0 (100)	▲15	31:05.8	82
86	Samuel Garringer	SR	Clemson	5:57.6 (116)	▲28	15:02.8 (88)	▼7	26:43.7 (95)	▲9	31:06.5	83
87	Joshua Daggett	JR	Radford	5:52.8 (87)	▼12	15:11.1 (99)	▼2	26:48.8 (101)	▲14	31:07.4	84
88	Jeff Wedding	SO	Charleston Southern	6:00.1 (127)	▲41	15:01.4 (86)	▲5	26:32.2 (81)	▼7	31:08.3	85
89	Henry Haase	SO	Richmond	6:02.6 (142)	▲32	15:15.7 (110)	▲14	26:43.8 (96)	▲7	31:08.5	86
90	Evan Taylor	SO	Elon	6:12.3 (175)	▲34	15:35.4 (141)	▲37	26:49.3 (104)	▲14	31:08.5	87
91	Trevor Mason	FR	Virginia Tech	5:53.5 (92)	▲3	15:03.1 (89)	▼2	26:39.4 (91)	—	31:08.6	88
92	Harper Moore	JR	Kentucky	5:52.4 (83)	▼8	15:05.5 (91)	▲5	26:34.8 (86)	▼6	31:09.7	89
93	Nate Jennings	JR	William & Mary	5:50.8 (67)	▼14	14:59.4 (81)	▼11	26:41.2 (92)	▼1	31:10.6	90
94	Jack Cottrell	JR	Liberty	5:48.4 (48)	▼21	14:52.4 (69)	▼16	26:34.1 (85)	▼9	31:11.9	
95	Alex Sawyer	SO	East Carolina	5:51.1 (71)	▼11	15:00.4 (82)	▼5	26:35.2 (87)	▼8	31:12.3	91
96	Ethan Kern	JR	Kentucky	5:59.6 (126)	▲15	15:17.4 (111)	▲17	26:43.3 (94)	▼2	31:13.1	92
97	Colton O'Hara	SO	Northern Kentucky	6:05.0 (151)	▲30	15:25.1 (121)	▲20	26:48.8 (101)	▲4	31:13.6	93
98	Jonah Bird	SR	App State	5:56.9 (112)	▲6	15:13.7 (106)	▲1	26:50.1 (105)	▲7	31:16.2	94
99	Ethan Lipham	SO	App State	6:01.7 (135)	▲34	15:12.3 (101)	▲3	26:44.7 (98)	▼1	31:18.0	95
100	Stuart Terrill	JR	Richmond	5:58.5 (121)	▲23	15:08.8 (98)	▲5	26:42.0 (93)	▼7	31:18.3	96
101	Nehemiah Cionelo	SR	Coastal Carolina	5:58.3 (119)	▲7	15:17.5 (112)	▲6	26:50.5 (106)	▲5	31:21.3	97
102	Jacob Barrow	FR	VCU	5:54.7 (93)	▼2	15:07.2 (95)	▼4	26:47.3 (99)	▼3	31:22.8	98
103	Braden Lange	SR	Charlotte	5:47.4 (34)	▼41	14:56.9 (75)	▼34	26:52.4 (109)	▲6	31:23.6	99
104	Brendan DiStefano	SO	William & Mary	5:56.3 (103)	▼2	15:13.1 (105)	▼6	26:52.8 (111)	▲7	31:23.8	100
105	Ian Miller	SO	High Point	5:56.5 (106)	▲9	15:08.6 (97)	▼11	26:51.7 (108)	▲3	31:25.6	101



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106	Jack Stansell	JR	Louisville	5:50.8 (67)	▼29	15:07.3 (96)	▼7	26:48.9 (103)	▼3	31:26.7	102
107	Edward Bird	FR	Kentucky	5:49.7 (61)	▼19	14:59.2 (80)	▼27	26:51.6 (107)	—	31:27.8	103
108	Luke Taylor	FR	Furman	5:55.8 (97)	▲5	15:05.8 (92)	▼4	26:43.8 (96)	▼12	31:28.7	104
109	Jake Tarosky	SR	High Point	5:56.5 (106)	▼2	15:14.5 (108)	▼6	26:58.3 (114)	▲5	31:29.3	105
110	Jan Malek	FR	UNC-Asheville	6:03.9 (149)	▲27	15:26.0 (122)	▲5	27:04.1 (117)	▲7	31:30.3	106
111	Beck Wittstadt	JR	Duke	5:52.3 (81)	▼34	15:18.4 (115)	▼6	27:08.3 (121)	▲10	31:30.3	107
112	Grahm Breiter	JR	Davidson	5:59.4 (125)	▲7	15:18.8 (118)	▲6	26:53.2 (112)	—	31:30.9	
113	Alec Fleming	SR	Virginia Tech	5:51.6 (74)	▼4	14:58.3 (78)	▼37	26:59.0 (115)	▲2	31:32.6	108
114	Dylan Nolan	FR	Clemson	6:10.5 (170)	▲51	15:22.0 (119)	▲1	27:05.3 (118)	▲4	31:37.1	109
115	Gavin Mogck	FR	George Mason	5:52.0 (78)	▼25	15:12.6 (103)	▼10	26:54.8 (113)	▼2	31:37.3	110
116	Keaton Anderson	SR	Charlotte	5:49.9 (64)	▼21	15:01.2 (85)	▼25	26:52.5 (110)	▼6	31:39.0	111
117	Ben Datte	JR	App State	6:01.3 (133)	▲20	15:18.0 (113)	▼6	27:07.3 (119)	▲2	31:41.6	112
118	Alex Deroussel	FR	George Mason	6:01.9 (137)	▼2	15:33.3 (139)	▲7	27:23.4 (132)	▲14	31:42.6	113
119	Caleb Kenyon	SO	Charleston Southern	5:52.5 (85)	▲12	14:56.0 (73)	▼43	27:01.2 (116)	▼3	31:43.2	114
120	Samuel Pritchard	JR	William & Mary	5:56.1 (100)	▼15	15:18.4 (115)	▼7	27:09.2 (122)	▲2	31:43.4	115
121	Kevin Shank	FR	VMI	6:08.8 (160)	▲16	15:36.9 (144)	▲17	27:18.1 (127)	▲6	31:45.3	
122	Forest MacKenzie	SR	Louisville	5:56.4 (104)	▼36	15:34.4 (140)	▲14	27:16.4 (126)	▲4	31:46.7	116
123	Kyler Koning	JR	High Point	6:01.2 (131)	▲4	15:27.3 (127)	▲2	27:14.8 (125)	▲2	31:48.6	117
124	Matthew Smith	SO	Furman	5:56.7 (108)	▲1	15:14.4 (107)	▼13	27:07.8 (120)	▼4	31:49.0	118
125	Luke Richards	JR	Radford	6:13.7 (178)	▲30	15:42.3 (148)	▲14	27:24.2 (134)	▲9	31:49.9	119
126	Colin McCauley	JR	East Carolina	5:51.6 (74)	▼30	15:12.9 (104)	▼20	27:13.3 (124)	▼2	31:50.6	120
127	Luke Ward	SO	UNC-Greensboro	6:03.6 (148)	▲24	15:26.7 (124)	▲1	27:11.5 (123)	▼4	31:51.5	
128	Tucker Sangster	SO	App State	6:06.0 (154)	▲22	15:30.0 (132)	▲2	27:19.8 (130)	▲2	31:52.5	121
129	Ethan Meyer	SR	Louisville	5:55.2 (94)	▼35	15:28.8 (129)	—	27:19.7 (129)	—	31:53.1	122
130	Liam Hagerty Hagerty	FR	Davidson	6:02.2 (140)	▲10	15:29.7 (130)	▼3	27:23.9 (133)	▲3	31:53.7	
131	Jarod Willis	SR	Murray State	6:06.6 (155)	▲20	15:30.4 (135)	▲4	27:21.8 (131)	—	31:54.2	123
132	Luke Wiley	FR	North Carolina	5:48.9 (53)	▼47	15:11.4 (100)	▼28	27:18.4 (128)	▼4	31:56.8	124
133	Brandon Garcia	SR	Clemson	6:00.8 (129)	▼13	15:35.5 (142)	▲7	27:24.6 (135)	▲2	31:58.6	125
134	Victor Jumo	SO	Norfolk State	6:10.1 (167)	▲13	15:48.3 (154)	▲17	27:31.0 (137)	▲3	32:00.7	126
135	Kyler Stewart	JR	Morehead State	6:19.5 (198)	▲27	15:57.5 (171)	▲27	27:36.4 (144)	▲9	32:02.4	127
136	Ted Sielatycki	SR	East Carolina	5:55.2 (94)	▼39	15:30.1 (133)	▼5	27:31.9 (138)	▲2	32:05.5	128
137	Alex Haines	SR	UNC-Asheville	6:05.5 (153)	▲3	15:43.9 (150)	▲7	27:35.5 (143)	▲6	32:06.2	129
138	Nicky Alexander	SR	Louisville	5:52.0 (78)	▼45	15:26.3 (123)	▼15	27:31.9 (138)	—	32:07.8	130
139	Cooper Kleckner	SO	East Carolina	5:56.1 (100)	▼28	15:27.9 (128)	▼8	27:26.9 (136)	▼3	32:08.7	131
140	Sam Sikora	JR	Radford	6:13.7 (178)	▲29	15:43.4 (149)	▲4	27:37.0 (145)	▲5	32:09.8	132
141	Daniel King	JR	Elon	6:17.2 (190)	▲27	15:52.8 (163)	▲16	27:39.6 (147)	▲6	32:11.2	133



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142	Evans Pololet	JR	Norfolk State	6:05.1 (152)	▼1	15:47.0 (153)	▲7	27:37.9 (146)	▲4	32:12.4	134
143	Quinn Jacquez	SO	UNC-Asheville	6:03.2 (146)	▲9	15:32.7 (137)	▼13	27:47.0 (150)	▲7	32:15.3	135
144	Peyton Fairchild	JR	Morehead State	6:08.1 (158)	▲22	15:32.3 (136)	▼6	27:35.0 (142)	▼2	32:16.1	136
145	Patrick Lowry	FR	VMI	6:16.8 (187)	▲21	15:56.6 (166)	▲17	27:42.8 (149)	▲4	32:17.5	
146	Cade Byer	SO	Kentucky	6:03.5 (147)	▲14	15:30.1 (133)	▼8	27:34.0 (141)	▼5	32:18.4	137
147	Mitchel Drees	FR	Col. of Charleston	6:29.1 (212)	▲28	16:07.4 (184)	▲28	27:53.6 (156)	▲9	32:22.4	138
148	Nathan Mars	SO	Elon	6:17.9 (193)	▲24	15:57.1 (169)	▲18	27:47.8 (151)	▲3	32:22.6	139
149	Reuben Kosche	SR	High Point	6:01.0 (130)	▲10	15:24.8 (120)	▼28	27:40.4 (148)	▼1	32:23.8	140
150	Kai Muniz	SR	George Mason	6:01.9 (137)	▼14	15:44.4 (151)	▼4	27:53.2 (155)	▲5	32:25.1	141
151	Ryan Sula	SO	Clemson	6:15.2 (184)	▲32	15:46.4 (152)	▼2	27:51.6 (154)	▲3	32:32.2	142
152	Alex Murphy	JR	George Mason	6:02.6 (142)	▲4	15:33.1 (138)	▼2	27:33.3 (140)	▼12	32:32.9	143
153	Andrew Okon	JR	UNC-Asheville	6:03.0 (145)	—	15:37.3 (145)	▼7	27:48.4 (152)	▼1	32:34.4	144
154	Nicholas Emmert	SO	George Mason	5:56.7 (108)	▼17	15:26.9 (125)	▼28	27:49.6 (153)	▼1	32:35.7	145
155	Jack McManus	SR	Clemson	6:13.3 (177)	—	16:00.8 (177)	▲14	28:04.7 (163)	▲8	32:37.3	146
156	Maxton Sowers	SO	Radford	6:14.7 (182)	▲23	15:51.2 (159)	▼2	28:00.9 (161)	▲5	32:37.7	147
157	Vicente Correia	SR	Murray State	6:01.5 (134)	▼22	15:48.7 (156)	▼12	28:05.7 (168)	▲11	32:40.8	148
158	Aiden Morrison	SO	High Point	5:57.6 (116)	▼30	15:38.4 (146)	▼16	28:04.6 (162)	▲4	32:40.8	149
159	Joe Lavelle	FR	Elon	6:21.6 (202)	▲14	16:10.6 (188)	▲23	28:05.1 (165)	▲6	32:41.2	150
160	Nigel Dos Santos	SR	USC Upstate	6:12.6 (176)	▲19	15:48.9 (157)	▼2	27:59.0 (159)	▼1	32:45.3	151
161	Nash Mills	SO	UNCW	6:28.8 (208)	▲23	16:07.8 (185)	▲28	27:56.5 (157)	▼4	32:47.3	
162	Jacob Line	SO	Northern Kentucky	6:07.6 (157)	▲14	15:36.2 (143)	▼15	27:56.8 (158)	▼4	32:49.1	152
163	Adam Groves	FR	Coastal Carolina	6:19.0 (197)	▲16	16:04.3 (181)	▲6	28:15.2 (175)	▲12	32:49.5	153
164	Jacob Vogelpohl	JR	Morehead State	6:28.4 (206)	▲12	16:15.2 (194)	▲17	28:16.8 (177)	▲13	32:50.4	154
165	Eric Scully	FR	Richmond	6:09.6 (165)	▲5	15:51.3 (160)	—	27:59.7 (160)	▼5	32:52.6	155
166	Jason Krell	JR	Louisville	6:08.9 (161)	▼3	15:53.1 (164)	▼3	28:05.5 (167)	▲1	32:53.5	156
167	Conner O'Shea	JR	East Carolina	5:56.4 (104)	▼51	15:48.5 (155)	▼9	28:04.9 (164)	▼3	32:54.4	157
168	Julian John	SO	Coastal Carolina	6:17.5 (191)	▲12	16:01.9 (179)	▲1	28:17.5 (178)	▲10	32:55.0	158
169	Jackson Reid	JR	Col. of Charleston	6:29.2 (213)	▲26	16:10.2 (187)	▲13	28:14.0 (174)	▲5	32:55.9	159
170	Jaden Luczak	JR	VCU	6:27.4 (205)	▲13	16:13.7 (192)	▲13	28:20.7 (179)	▲9	32:57.0	160
171	John Cooper	FR	Davidson	6:02.1 (139)	▲8	15:29.8 (131)	▼35	28:05.3 (166)	▼5	32:58.2	
172	Jason Latina	SO	Richmond	6:12.0 (174)	▲1	15:58.2 (173)	▲2	28:10.8 (171)	▼1	32:58.3	161
173	Colby Robbins	SO	Elon	6:18.2 (195)	▲17	16:01.1 (178)	▼4	28:22.9 (182)	▲9	32:58.8	162
174	Max Davis	SR	Winthrop	6:16.0 (186)	▲19	15:56.9 (167)	▼5	28:11.5 (172)	▼2	33:02.0	163
175	Sam Shimanskiy	SO	USC Upstate	6:17.7 (192)	▲9	16:07.1 (183)	▲2	28:21.9 (181)	▲6	33:02.7	164
176	Carter Bruns	FR	Richmond	6:10.2 (168)	▼5	15:58.2 (173)	▼3	28:16.3 (176)	—	33:03.1	165
177	Caden Strickland	SO	Elon	6:18.1 (194)	▲24	15:57.4 (170)	—	28:10.6 (170)	▼7	33:04.0	166



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178	Zach Willer	SO	East Carolina	5:58.6 (122)	▼36	15:49.6 (158)	▼15	28:13.4 (173)	▼5	33:04.2	167
179	Jack Moore	SO	Louisville	5:51.0 (69)	▼56	15:26.9 (125)	▼44	28:07.6 (169)	▼10	33:08.8	168
180	Griffin Wald	FR	UNCW	6:29.0 (210)	▲20	16:12.1 (190)	▲4	28:31.0 (186)	▲6	33:10.1	
181	Carter Sexton	SR	USC Upstate	6:20.0 (200)	▲14	16:09.2 (186)	▲1	28:29.1 (185)	▲4	33:11.6	169
182	Justin Chavez	SR	Morehead State	6:29.0 (210)	▲15	16:15.6 (195)	▲15	28:21.7 (180)	▼2	33:11.8	170
183	William Tune	JR	Richmond	6:10.7 (172)	—	15:57.9 (172)	▼11	28:24.8 (183)	—	33:14.2	171
184	Kyle Embry	SR	Morehead State	6:08.2 (159)	▼6	15:56.1 (165)	▼19	28:27.3 (184)	—	33:22.4	172
185	Sterling Sellier	FR	Coastal Carolina	6:18.7 (196)	▲7	16:11.5 (189)	▼1	28:39.3 (190)	▲5	33:23.0	173
186	Kendall Phillips	JR	VCU	6:09.5 (164)	▼3	15:56.9 (167)	▼21	28:33.3 (188)	▲2	33:28.2	174
187	Jordyn Dillavou	SO	Longwood	6:14.4 (181)	▼12	16:14.7 (193)	▲4	28:35.5 (189)	▲2	33:31.6	175
188	Summit Northrup	SO	Northern Kentucky	6:10.4 (169)	▼13	16:04.8 (182)	▼10	28:46.8 (192)	▲4	33:32.1	176
189	Clinton Clancy	FR	Longwood	6:30.6 (217)	▲12	16:31.9 (205)	▲11	28:51.7 (194)	▲5	33:34.4	177
190	Gabe Russell	FR	Murray State	6:09.2 (162)	▼14	15:59.5 (176)	▼15	28:41.7 (191)	▲1	33:35.2	178
191	Noah Woodbury	JR	Winthrop	6:16.8 (187)	▼10	16:18.7 (197)	▼1	28:55.5 (198)	▲7	33:39.8	179
192	Braden Anthes	SO	Elon	6:30.0 (215)	▲11	16:29.6 (204)	▲7	28:55.0 (197)	▲5	33:41.8	180
193	Carson Archie	SR	Wofford	6:10.6 (171)	▲10	15:52.3 (161)	▼26	28:31.8 (187)	▼6	33:45.8	
194	Zack Ericksen	JR	William & Mary	5:57.2 (114)	▼48	15:52.5 (162)	▼33	28:51.8 (195)	▲1	33:50.9	181
195	Ethan Pettyjohn	JR	Longwood	6:30.4 (216)	▲10	16:33.0 (206)	▲7	29:00.0 (199)	▲4	33:57.0	182
196	Owen Mathews	JR	Northern Kentucky	6:10.0 (166)	▼25	16:13.3 (191)	▼5	28:53.8 (196)	—	34:00.6	183
197	Griffin McNeish	SO	Winthrop	6:19.7 (199)	▼3	16:26.8 (202)	▼1	29:09.1 (203)	▲6	34:01.1	184
198	Kyle Weldon	SR	VCU	6:09.4 (163)	▼36	16:19.1 (199)	▼2	29:08.5 (201)	▲3	34:03.9	185
199	Sam Sager	SR	Longwood	6:31.9 (220)	▲5	16:42.7 (215)	▲10	29:18.1 (205)	▲6	34:04.7	186
200	Emmanuel Paddyfote	SO	N.C. Central	6:16.8 (187)	▼11	16:19.0 (198)	▼4	29:08.7 (202)	▲2	34:06.6	
201	Monroe Thompkins	SR	USC Upstate	6:39.7 (227)	▲24	16:29.4 (203)	▼1	29:17.8 (204)	▲3	34:09.6	187
202	Benjamin Ashmore	FR	Col. of Charleston	6:46.4 (231)	▲11	16:57.5 (220)	▲10	29:31.8 (210)	▲8	34:14.8	188
203	William Johnson	SR	Presbyterian	6:41.0 (230)	▲16	16:41.6 (214)	▲5	29:31.1 (209)	▲6	34:17.2	
204	Bryan Stoltzfus	JR	Northern Kentucky	6:21.3 (201)	▼8	16:37.2 (209)	▲2	29:25.7 (207)	▲3	34:18.5	189
205	Elliott Kleckner	SO	East Carolina	6:07.0 (156)	▼24	16:03.0 (180)	▼20	29:05.4 (200)	▼5	34:23.8	190
206	Gabe Herron	JR	USC Upstate	6:33.4 (223)	▲15	16:35.0 (208)	▲2	29:22.8 (206)	—	34:24.9	191
207	Benjamin Goulet	JR	Longwood	6:34.0 (224)	▲13	16:38.6 (211)	—	29:32.0 (211)	▲4	34:33.3	192
208	Jarrett Forrest	SR	Morehead State	6:14.8 (183)	▼18	16:22.9 (201)	▼7	29:30.3 (208)	—	34:35.0	193
209	Alec Daniel	JR	Longwood	6:32.2 (221)	▲8	16:40.4 (213)	▼1	29:41.1 (214)	▲5	34:37.3	194
210	Patrick Kiernan	JR	VMI	6:36.1 (226)	▲7	16:57.2 (219)	▲4	29:44.7 (215)	▲5	34:39.3	
211	Mason Parish	SO	USC Upstate	6:33.0 (222)	▲15	16:34.9 (207)	▼5	29:32.9 (212)	▲1	34:41.2	195
212	Nathan Quinn	SR	Murray State	6:30.9 (218)	▲6	16:39.1 (212)	▼1	29:37.7 (213)	▲1	34:44.2	196
213	Tucker Green	SO	Col. of Charleston	6:29.4 (214)	▲14	16:19.8 (200)	▼16	29:50.9 (216)	▲3	34:47.5	197



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214	Daniel Schalk	SO	Murray State	6:24.0 (204)	▼12	16:49.9 (216)	▼2	30:00.3 (218)	▲4	34:55.0	198
215	Jacob Messer	SO	Northern Kentucky	6:14.1 (180)	▼30	16:37.9 (210)	▼7	29:55.1 (217)	▲2	34:57.9	199
216	Jared Keklak	SR	USC Upstate	6:39.9 (228)	▲10	16:56.7 (218)	▼2	30:10.8 (220)	▲4	35:18.5	200
217	Yates Hockaday	JR	UNC-Asheville	6:00.7 (128)	▼19	15:39.5 (147)	▼46	28:48.2 (193)	▼24	35:21.6	201
218	Dylan McTigue	JR	Col. of Charleston	6:49.6 (236)	▲10	17:20.0 (226)	▲4	30:24.9 (222)	▲4	35:21.6	202
219	Jack Benoit	JR	Coastal Carolina	6:31.2 (219)	▼3	17:02.8 (222)	▲1	30:11.9 (221)	▲2	35:22.0	203
220	Ethan Vance	JR	Morehead State	6:28.7 (207)	▼10	16:51.2 (217)	▼2	30:05.3 (219)	▼1	35:27.4	204
221	Robert DiMedio	FR	Col. of Charleston	6:47.9 (233)	▲6	17:20.7 (227)	▲3	30:31.1 (224)	▲3	35:37.7	205
222	Nolan Weisdorfer	JR	Winthrop	6:28.9 (209)	▼15	17:07.8 (224)	▲1	30:26.9 (223)	▲1	35:40.4	206
223	Liam McDonald	SO	Radford	6:35.2 (225)	▲2	17:06.4 (223)	▼2	30:33.4 (225)	▲2	35:44.8	207
224	Kevin Lagat	SO	Presbyterian	6:48.0 (234)	▲6	17:26.8 (228)	▲2	30:48.8 (226)	▲2	36:13.7	
225	Noah Kaufman	FR	Presbyterian	6:48.5 (235)	▲6	17:27.2 (229)	▲2	31:21.0 (227)	▲2	36:46.9	
226	Roger Brown	FR	Col. of Charleston	6:47.3 (232)	▲7	17:18.1 (225)	▼3	31:42.9 (228)	▲2	37:35.9	208
227	Cameron Ponder	SR	Furman	5:46.6 (15)	—	14:25.9 (15)	▼61	26:28.9 (76)	▼151	42:57.0	209
--	Laderique McNeill	SR	N.C. Central	6:15.9 (185)	▼45	17:33.9 (230)				DNF	
--	Tyler Morris	SR	Duke	6:01.8 (136)						DNF	
--	Caleb Olson	SR	Liberty	5:57.8 (118)						DNF	
--	Nathan Moore	JR	Liberty	5:47.9 (41)	▼12	14:46.3 (53)	▲20	25:38.4 (33)		DNF	
--	Trey Kraimer	JR	Coastal Carolina	6:11.4 (173)	▼23	16:16.5 (196)				DNF	
--	Conan Harper	FR	Charleston Southern	5:48.2 (46)						DNF	
--	Andrew Schaefer	SO	Longwood	6:40.2 (229)						DNF	
--	Kyle Spencer	FR	High Point	6:04.2 (150)	▼25	15:58.9 (175)				DNF	
--	Ben Crask	SO	Murray State	6:22.3 (203)	▼18	17:00.9 (221)				DNF	
--	Gavin Sweeney	FR	Liberty							DQ	



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Men 10k Team Scores

Rnk	Team	Total	R1	R2	R3	R4	R5	R6	R7
1	North Carolina Total Time: 2:25:38.00 Average: 29:07.60	37	2	3	6	9	17	40	124
2	Eastern Kentucky Total Time: 2:27:10.30 Average: 29:26.06	71	8	10	11	16	26	35	69
3	NC State Total Time: 2:28:08.30 Average: 29:37.66	103	12	15	20	22	34	64	78
4	Wake Forest Total Time: 2:28:52.20 Average: 29:46.44	133	5	18	30	37	43	63	72
5	Virginia Total Time: 2:28:45.70 Average: 29:45.14	136	7	14	23	45	47	57	76
6	Charlotte Total Time: 2:29:17.60 Average: 29:51.52	159	4	25	28	50	52	99	111
7	Duke Total Time: 2:31:09.11 Average: 30:13.82	223	31	32	38	60	62	107	
8	Furman Total Time: 2:30:59.90 Average: 30:11.98	242	1	13	58	66	104	118	209
9	Charleston Southern Total Time: 2:31:58.70 Average: 30:23.74	263	19	33	55	71	85	114	
10	App State Total Time: 2:33:28.00 Average: 30:41.60	332	42	48	53	94	95	112	121
11	Virginia Tech Total Time: 2:33:55.80 Average: 30:47.16	335	39	65	73	77	81	88	108
12	William & Mary Total Time: 2:33:59.90 Average: 30:47.98	354	46	51	67	90	100	115	181
13	Kentucky Total Time: 2:34:08.60 Average: 30:49.72	355	29	70	75	89	92	103	137
14	Clemson Total Time: 2:34:32.80 Average: 30:54.56	382	24	41	83	109	125	142	146
15	Norfolk State Total Time: 2:34:37.81 Average: 30:55.56	385	27	44	54	126	134		



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16	George Mason Total Time: 2:35:46.50 Average: 31:09.30	441	21	56	110	113	141	143	145
17	UNC-Asheville Total Time: 2:37:18.20 Average: 31:27.64	501	49	82	106	129	135	144	201
18	High Point Total Time: 2:38:03.40 Average: 31:36.68	537	74	101	105	117	140	149	
19	Louisville Total Time: 2:38:02.11 Average: 31:36.42	538	68	102	116	122	130	156	168
20	Richmond Total Time: 2:38:47.20 Average: 31:45.44	559	61	86	96	155	161	165	171
21	East Carolina Total Time: 2:40:11.50 Average: 32:02.30	627	91	120	128	131	157	167	190
22	Northern Kentucky Total Time: 2:41:40.60 Average: 32:20.12	640	36	93	152	176	183	189	199
23	Elon Total Time: 2:41:22.30 Average: 32:16.46	671	87	133	139	150	162	166	180
24	Radford Total Time: 2:43:29.60 Average: 32:41.92	689	84	119	132	147	207		
25	VCU Total Time: 2:42:55.00 Average: 32:35.00	696	79	98	160	174	185		
26	Murray State Total Time: 2:43:22.81 Average: 32:40.56	704	59	123	148	178	196	198	
27	Morehead State Total Time: 2:43:43.11 Average: 32:44.62	759	127	136	154	170	172	193	204
28	Coastal Carolina Total Time: 2:45:50.80 Average: 33:10.16	784	97	153	158	173	203		
29	Winthrop Total Time: 2:47:27.50 Average: 33:29.50	812	80	163	179	184	206		
30	USC Upstate Total Time: 2:47:34.10 Average: 33:30.82	862	151	164	169	187	191	195	200
31	Col. of Charleston Total Time: 2:49:42.20 Average: 33:56.44	884	138	159	188	197	202	205	208
32	Longwood Total Time: 2:49:41.00 Average: 33:56.20	912	175	177	182	186	192	194	



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--	Davidson	DNF
--	Liberty	DNF
--	N.C. Central	DNF
--	Presbyterian	DNF
--	UNC-Greensboro	DNF
--	UNCW	DNF
--	VMI	DNF
--	Wofford	DNF
