



Atlantic 10 Cross Country Championships

Pole Green Park
Mechanicsville, VA - Hosted by Univ. of Richmond
October 29, 2022

Results Women 5k

TEMPERATURE
56 °

HUMIDITY
76%

CONDITIONS
SUNNY

PI	Athlete Name		Affiliation	1.6k	1.6k PI	+/-	3.4k	3.4k PI	+/-	Time	Pts
1	Elizabeth Mancini	SR	La Salle	5:12.5	1	—	11:25.1	1	—	16:38.6	1
2	Eleanor Mancini	SR	La Salle	5:13.3	2	—	11:26.6	2	—	16:40.2	2
3	Annabelle Eastman	JR	George Mason	5:15.9	3	—	11:36.2	3	—	16:55.4	3
4	Christine Mancini	JR	La Salle	5:16.3	4	—	11:37.4	4	—	16:57.0	4
5	Nora Wollen	SO	Loyola	5:16.6	6	▼1	11:39.1	7	▲2	16:57.0	5
6	Lilian Mataway	FR	Loyola	5:16.8	7	▲2	11:37.5	5	▼1	17:06.3	6
7	Yukino Parle	SR	George Washington	5:16.4	5	▼1	11:38.9	6	▼1	17:12.9	7
8	Claire Hengesbaugh	SR	Loyola	5:23.2	12	▲4	11:54.5	8	—	17:22.6	8
9	Madison Trippett	SO	Richmond	5:20.8	9	▼2	11:57.9	11	▲2	17:25.5	9
10	Abby Carter	JR	Dayton	5:20.1	8	▼2	11:56.5	10	—	17:31.9	10
11	Sarah Francis	JR	George Mason	5:29.9	22	▲8	12:06.3	14	▲3	17:32.8	11
12	Laurel Kurtz	SO	Richmond	5:32.1	25	▲11	12:06.3	14	▲2	17:34.3	12
13	Grace Jostock	SO	Loyola	5:23.2	12	▲3	11:55.9	9	▼4	17:38.7	13
14	Sarah Mitchell	FR	George Washington	5:21.5	10	▼3	12:03.8	13	▼1	17:40.9	14
15	Kate O'Neill	JR	George Mason	5:29.9	22	▲6	12:06.8	16	▲1	17:42.7	15
16	Emily Sreenan	SR	Dayton	5:23.8	14	▲2	12:02.7	12	▼4	17:51.6	16
17	Haley Hamilton	SO	Duquesne	5:37.1	41	▲19	12:17.2	22	▲5	17:54.4	17
18	Frances Whitworth	JR	Davidson	5:33.4	28	▼2	12:21.2	30	▲12	17:55.1	18
19	Eugenia Fairhurst	SO	UMass	5:24.5	15	▼2	12:12.3	17	▼2	17:57.5	19
20	Elizabeth Stockman	SO	Richmond	5:25.1	16	▼4	12:16.8	20	—	17:58.2	20
21	Lexi Seifert	SR	George Washington	5:29.1	20	▼11	12:22.7	31	▲10	18:01.1	21
22	Ali Gillooly	SO	Loyola	5:28.9	19	▲1	12:14.8	18	▼4	18:02.1	22
23	Noelle Saine	SR	George Mason	5:34.8	31	▼1	12:24.1	32	▲9	18:02.5	23
24	Natalie Abernathy	SR	Davidson	5:36.7	39	▲11	12:20.5	28	▲4	18:02.8	24
25	Kathleen Simms	SR	Loyola	5:22.5	11	▼8	12:14.9	19	▼6	18:03.4	25
26	Sydney Adams	SO	UMass	5:32.4	26	▼3	12:20.9	29	▲3	18:05.0	26
27	Marissa Pritchett	FR	Dayton	5:38.7	48	▲23	12:19.8	25	▼2	18:05.7	27
28	Jerika Lufrano	JR	La Salle	5:32.7	27	▲3	12:19.2	24	▼4	18:06.8	28
29	Zoe Chappelle	JR	Dayton	5:36.0	36	▲9	12:20.0	27	▼2	18:08.0	29
30	Olivia Syftestad	SO	George Washington	5:26.1	17	▼6	12:18.7	23	▼7	18:09.7	30
31	Melissa Weidner	SR	Dayton	5:35.4	34	▲9	12:19.8	25	▼6	18:11.5	31
32	Fran Hendrickson	JR	Loyola	5:32.0	24	▼13	12:26.4	37	▲5	18:13.1	32
33	Izzy Doran	SR	George Washington	5:36.5	38	—	12:27.2	38	▲5	18:13.5	33



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34	Carly Sear	SO	Saint Louis	5:40.5	55	▲19	12:25.9	36	▲2	18:15.4	34
35	Anna George	JR	Richmond	5:40.5	55	▲14	12:29.9	41	▲6	18:15.8	35
36	Caroline Perrone	FR	St. Joseph's	5:38.9	49	▲14	12:25.4	35	▼1	18:16.3	36
37	Sofia Piccone	SO	Rhode Island	5:26.5	18	▼3	12:17.1	21	▼16	18:17.0	37
38	Angela Braga	SR	Dayton	5:42.4	65	▲23	12:30.1	42	▲4	18:18.2	38
39	Ruth Heery	JR	Loyola	5:33.4	28	▼5	12:24.4	33	▼6	18:18.4	
40	Maeve Gimbert	JR	La Salle	5:35.6	35	▼4	12:27.9	39	▼1	18:18.7	39
41	Sophia Manners	SR	Loyola	5:29.4	21	▼13	12:25.2	34	▼7	18:19.8	
42	Alexis Anderson	JR	George Mason	5:39.6	52	▲3	12:33.4	49	▲7	18:21.3	40
43	Jenna Eggleston	JR	Dayton	5:42.8	69	▲21	12:33.2	48	▲5	18:22.7	41
44	Annika Zuschlag	FR	UMass	5:38.4	45	▼1	12:32.7	46	▲2	18:25.2	42
45	Brooke Reif	FR	Richmond	5:36.2	37	▼8	12:32.3	45	—	18:25.4	43
46	Izzy Blaylock	SO	Richmond	5:38.6	47	▼3	12:33.9	50	▲4	18:25.8	44
47	Madeleine Ryan	SO	Fordham	5:38.9	49	▲5	12:31.3	44	▼3	18:26.5	45
48	Kyra Keurentjes	SR	Richmond	5:37.4	44	▲2	12:30.1	42	▼6	18:29.6	46
49	Nicole Marco	SO	Saint Louis	5:42.6	68	▲28	12:28.8	40	▼9	18:30.7	47
50	Erin Hurley	SO	Rhode Island	5:40.1	54	▲2	12:38.3	52	▲2	18:32.3	48
51	Ryley Schwalm	FR	Duquesne	5:46.2	79	▲21	12:41.5	58	▲7	18:32.5	49
52	Justine Smith	SO	Dayton	5:42.5	66	▲15	12:35.5	51	▼1	18:34.2	
53	Lindsay Turgeon	SO	Rhode Island	5:37.3	43	▼12	12:39.3	55	▲2	18:34.4	50
54	Amelia Amack	FR	UMass	5:35.1	32	▼15	12:33.1	47	▼7	18:34.6	51
55	Una Boylan	FR	George Washington	5:36.8	40	▼20	12:41.8	60	▲5	18:37.5	52
56	Sarah Myers	SR	St. Joseph's	5:43.6	75	▲16	12:41.7	59	▲3	18:38.1	53
57	Ava Curry	SO	St. Joseph's	5:43.5	74	▲17	12:39.9	57	—	18:39.4	54
58	Claire Belton	FR	Duquesne	5:48.9	89	▲23	12:46.3	66	▲8	18:39.7	55
59	Lily Snow	JR	Richmond	5:35.3	33	▼23	12:39.7	56	▼3	18:40.4	
60	Phoebe Rubio	FR	Richmond	5:41.2	60	▼4	12:43.8	64	▲4	18:40.6	
61	Grace Phair	JR	UMass	5:42.2	63	▲1	12:43.1	62	▲1	18:40.7	56
62	McKenzie Dillman	FR	George Mason	5:51.8	98	▲17	12:57.6	81	▲19	18:41.5	57
63	Nourene Nabbus	SO	George Mason	5:43.2	73	▲8	12:45.6	65	▲2	18:43.3	58
64	Daniella Napoli	JR	Rhode Island	5:37.2	42	▼12	12:39.0	54	▼10	18:43.8	59
65	Grace Kuhn	SO	Loyola	5:34.7	30	▼23	12:38.6	53	▼12	18:44.6	
66	Nia Warren	SO	VCU	5:40.5	55	▼6	12:43.0	61	▼5	18:46.1	60
67	Abby Nasse	SO	Davidson	5:39.8	53	▼10	12:43.6	63	▼4	18:48.4	61
68	Hanna O'Connor	JR	Rhode Island	5:53.7	111	▲35	12:54.0	76	▲8	18:50.2	62
69	Kelsey Troutman	SR	Davidson	5:42.8	69	▼3	12:50.1	72	▲3	18:51.2	63



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70	Addy Ciecierski	SO	Duquesne	5:46.5	81	▲11	12:48.8	70	—	18:51.9	64
71	Mackenzie Konyar	JR	George Washington	5:40.9	59	▼8	12:47.0	67	▼4	18:53.3	65
72	Maria Steinke	SO	Dayton	5:51.1	97	▲20	12:55.5	77	▲5	18:53.9	
73	Corina Vidal	SO	Rhode Island	5:42.5	66	▼11	12:55.5	77	▲4	18:55.8	66
74	Rebekah James	JR	UMass	5:42.2	63	▼6	12:48.6	69	▼5	18:58.5	67
75	Tori Kocsis	SR	Duquesne	5:39.5	51	▼22	12:50.2	73	▼2	18:59.2	68
76	Claire Cuneo	FR	St. Bonaventure	5:52.1	102	▼2	13:08.0	104	▲28	18:59.9	69
77	Jordan Kantola	FR	Saint Louis	5:50.8	96	—	13:02.3	96	▲19	19:00.8	70
78	Hannah Dieterle	SR	Duquesne	5:52.5	105	▲22	12:58.1	83	▲5	19:02.2	71
79	Katryna Aulenbach	FR	George Mason	5:54.4	115	▲22	13:01.3	93	▲14	19:02.4	
80	Julia Flood	SO	La Salle	5:45.0	78	▼6	12:59.0	84	▲4	19:02.9	72
81	Anna Berquist	SO	Davidson	5:50.5	95	▲5	13:00.1	90	▲9	19:03.5	73
82	Emma Taylor	FR	La Salle	5:46.4	80	▼6	12:59.1	86	▲4	19:04.9	74
83	Ashleigh Niklaus	JR	Saint Louis	5:59.4	122	▲15	13:10.6	107	▲24	19:05.7	75
84	Manon Stephen	SO	Richmond	5:40.8	58	▼21	12:56.3	79	▼5	19:06.7	
85	Katherine Sparks	SO	St. Joseph's	5:52.9	106	▲24	12:57.7	82	▼3	19:07.0	76
86	Elena Farinholt	FR	George Mason	5:38.4	45	▼23	12:47.3	68	▼18	19:07.3	
87	Jenna Webb	JR	La Salle	5:48.4	88	▼5	13:01.3	93	▲6	19:07.8	
88	Nathania Tan	JR	Fordham	5:53.4	109	▲25	12:59.0	84	▼4	19:08.0	77
89	Alyssa Brinsky	JR	St. Joseph's	5:44.5	77	▲3	12:53.3	74	▼15	19:08.5	78
90	Catherine Ruffino	JR	George Washington	5:42.9	72	▼8	12:56.7	80	▼10	19:10.1	
91	Lyndi Roelofse	SO	Saint Louis	5:47.8	86	▼20	13:10.1	106	▲15	19:10.5	79
92	Molly Sabia	SO	Rhode Island	5:47.7	85	▼3	12:59.6	88	▼4	19:12.3	80
93	Mary Thornton	JR	Duquesne	5:50.2	94	▼4	13:04.2	98	▲5	19:13.4	81
94	Lea Devantier	SO	Saint Louis	5:50.1	93	▲4	12:59.8	89	▼5	19:13.6	82
95	Olivia Wilson	SO	Duquesne	5:47.2	83	▼8	13:00.4	91	▼4	19:13.9	
96	Molly Sullivan	FR	Davidson	5:49.5	90	▼7	13:02.4	97	▲1	19:14.3	83
97	Marin Bogulski	SO	Fordham	5:51.9	99	—	13:05.1	99	▲2	19:14.3	84
98	Jenna Gregory	FR	St. Bonaventure	5:46.5	81	▼14	13:01.7	95	▼3	19:16.5	85
99	Danielle Juliano	SO	St. Joseph's	5:51.9	99	▼2	13:06.0	101	▲2	19:17.3	86
100	Elinor Tighe	SR	Dayton	5:41.5	62	▼30	13:00.9	92	▼8	19:20.7	
101	Maura Keane	SO	St. Joseph's	5:53.2	108	▲3	13:08.9	105	▲4	19:21.4	87
102	Caroline McDonagh	SO	Fordham	5:54.2	112	▲3	13:13.0	109	▲7	19:21.8	88
103	Mara Whalen	SO	Duquesne	5:52.1	102	▼6	13:10.9	108	▲5	19:22.2	
104	Taylor Mascetta	JR	Fordham	5:49.7	91	▼12	13:07.4	103	▼1	19:22.2	89
105	Emily Sipp	SO	Saint Louis	5:47.5	84	▲9	12:53.7	75	▼30	19:22.6	90



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106	Kirsten Long	JR	George Washington	5:48.0	87	▼13	13:05.8	100	▼6	19:25.3	
107	Ella Verello	FR	La Salle	5:54.8	116	▲4	13:16.8	112	▲5	19:27.2	
108	Lindsey Clawson	SR	St. Bonaventure	6:02.3	127	▲8	13:22.7	119	▲11	19:27.6	91
109	Emily Henkel	SR	Davidson	5:54.3	113	▲3	13:14.1	110	▲1	19:28.9	92
110	Madeline Till	SO	Rhode Island	5:42.8	69	▼33	13:06.1	102	▼8	19:33.2	
111	Ava Miller	FR	VCU	6:02.0	124	▲7	13:22.5	117	▲6	19:34.4	93
112	MaryKathryn Underwoo	JR	Fordham	5:52.0	101	▼17	13:22.6	118	▲6	19:34.9	94
113	Helen Connolly	SR	Fordham	5:43.7	76	▼11	12:59.3	87	▼26	19:39.3	95
114	Angela Valotta	SO	Duquesne	5:52.4	104	▼7	13:14.7	111	▼3	19:39.5	
115	Becca Millar	JR	St. Joseph's	6:02.0	124	▲9	13:21.7	115	—	19:41.5	
116	Tate Arrington	FR	Davidson	5:49.8	92	▼21	13:17.0	113	▼3	19:42.5	
117	Maggie O'Malley	SO	Saint Louis	6:06.2	133	▲9	13:30.1	124	▲7	19:45.1	
118	Mia Winters	FR	St. Bonaventure	5:57.3	121	▲1	13:25.2	120	▲2	19:46.0	96
119	Kate DeFilippis	FR	St. Joseph's	5:55.9	118	▼3	13:28.6	121	▲2	19:53.3	
120	Ashley Robinson	FR	George Washington	5:59.6	123	—	13:29.7	123	▲3	19:53.7	
121	Carlyn Segrave-Daly	FR	St. Joseph's	5:53.6	110	▼4	13:19.9	114	▼7	19:55.1	
122	Cassidy Guyton	SO	VCU	6:02.8	128	▲6	13:29.0	122	—	19:55.8	97
123	Jayanna Carroll	FR	VCU	6:02.2	126	▲1	13:35.8	125	▲2	19:57.3	98
124	Anna Catherine Wilson	SO	Davidson	5:53.0	107	▼9	13:22.4	116	▼8	19:59.5	
125	Emily Peterson	JR	St. Bonaventure	6:04.1	130	▲4	13:37.9	126	▲1	20:12.0	99
126	Kennedy Hayward	FR	George Mason	5:56.2	119	▼8	13:38.5	127	▲1	20:15.2	
127	Jilli Jones	SR	Fordham	5:57.1	120	▼8	13:39.7	128	▲1	20:23.2	
128	Alexandra Thomas	JR	Fordham	5:41.3	61	▼10	12:48.9	71	▼57	20:24.1	
129	abigail Mainville	FR	St. Bonaventure	6:05.6	131	▼2	13:53.7	133	▲4	20:28.5	100
130	Mary Shoop	FR	Davidson	5:54.3	113	▼16	13:42.6	129	▼1	20:30.0	
131	Molly Gipson	FR	St. Bonaventure	6:05.7	132	▲1	13:47.7	131	—	20:30.7	101
132	Hannah Beckman	SO	UMass	6:03.3	129	▼3	13:50.2	132	—	20:31.6	102
133	Faith Caldwell	FR	St. Bonaventure	6:10.6	134	▼1	13:59.4	135	▲2	20:32.5	
134	Taylor Quick	SO	Saint Louis	6:17.1	136	—	14:04.9	136	▲2	20:37.9	
135	Elizabeth Currey	FR	VCU	6:13.6	135	▲1	13:58.4	134	▼1	20:40.8	103
136	Sarah Raubenheimer	JR	Fordham	6:19.7	137	—	14:15.8	137	▲1	21:02.8	
--	Georgia-Rose Dawson	FR	La Salle	5:54.8	116	▼14	13:44.9	130		DNF	



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Women 5k Team Scores

Rnk	Team	Total	R1	R2	R3	R4	R5	R6	R7
1	Loyola <i>Total Time: 1:27:06.70</i> <i>Average: 17:25.34</i>	54	5	6	8	13	22	25	32
2	La Salle <i>Total Time: 1:26:41.30</i> <i>Average: 17:20.26</i>	74	1	2	4	28	39	72	74
3	George Mason <i>Total Time: 1:28:34.70</i> <i>Average: 17:42.94</i>	92	3	11	15	23	40	57	58
4	George Washington <i>Total Time: 1:29:18.10</i> <i>Average: 17:51.62</i>	105	7	14	21	30	33	52	65
5	Dayton <i>Total Time: 1:29:48.70</i> <i>Average: 17:57.74</i>	113	10	16	27	29	31	38	41
6	Richmond <i>Total Time: 1:29:39.20</i> <i>Average: 17:55.84</i>	119	9	12	20	35	43	44	46
7	UMass <i>Total Time: 1:31:43.00</i> <i>Average: 18:20.60</i>	194	19	26	42	51	56	67	102
8	Davidson <i>Total Time: 1:32:41.00</i> <i>Average: 18:32.20</i>	239	18	24	61	63	73	83	92
9	Duquesne <i>Total Time: 1:32:57.70</i> <i>Average: 18:35.54</i>	253	17	49	55	64	68	71	81
10	Rhode Island <i>Total Time: 1:32:57.70</i> <i>Average: 18:35.54</i>	256	37	48	50	59	62	66	80
11	St. Joseph's <i>Total Time: 1:33:49.30</i> <i>Average: 18:45.86</i>	297	36	53	54	76	78	86	87
12	Saint Louis <i>Total Time: 1:34:03.10</i> <i>Average: 18:48.62</i>	305	34	47	70	75	79	82	90
13	Fordham <i>Total Time: 1:35:32.80</i> <i>Average: 19:06.56</i>	383	45	77	84	88	89	94	95
14	St. Bonaventure <i>Total Time: 1:37:42.00</i> <i>Average: 19:32.40</i>	440	69	85	91	96	99	100	101
15	VCU <i>Total Time: 1:38:54.40</i> <i>Average: 19:46.88</i>	451	60	93	97	98	103		