

C4D Night at the



2023

2023 CYO NIGHT AT THE PENN RELAYS

Tuesday, April 25, 2023

The University of Pennsylvania

Franklin Field

Information Page 1

Estimated Time Schedule:

5:15PM Athletes allowed on track/field for warm ups
5:25PM Coaches Meeting in the Paddock (Northwest end)
6:10PM Athletes off Field
6:25PM Opening Prayer
6:30PM First Race (Junior Girls, Heat 1)

Races are expected to go off every 2 - 3 minutes and will not be held for teams that do not report to the Paddock. Teams will be called in groups (i.e. - Junior Boys Heats 1 - 7). Please listen for your team's call! Age group race order: Junior Girls, Junior Boys, Senior Girls, Senior Boys.

The CYO Night at the Penn Relays is open to all parish/school track teams in the Archdiocese. Teams are divided by gender and age group - Juniors: runners under 12 years old at 12/31/22, Seniors: runners who are in 8th grade or below, and 12 and older at 12/31/22 - and randomly assigned lanes. The top 9 teams from each age group will qualify to represent the Archdiocese on Thursday morning at the 127th Penn Relay Carnival. Teams are seeded on Thursday according to UPenn's standard lane preference, 6,7,8,9,5,4,3,2,1. Below is a chart that details the first and last qualifiers, and the average for each, over the last five years. You can use the space below to track the top times recorded during the meet. All times are displayed on the scoreboard on Weightman Hall after each race is completed. Results are also streaming live at flashresults.com.

	Junior Girls		Junior Boys		Senior Girls		Senior Boys	
	1st	9th	1st	9th	1st	9th	1st	9th
2016	55.61	59.89	56.22	58.30	53.16	54.36	49.10	51.39
2017	58.69	60.54	55.19	58.44	53.27	55.89	47.60	51.09
2018	58.67	60.75	54.03	58.42	52.09	55.69	48.91	50.67
2019	57.51	60.42	56.89	58.58	52.05	55.46	47.65	50.18
2022	58.72	62.02	56.56	59.38	54.31	56.80	48.19	52.03
Average	57.84	60.72	55.78	58.62	52.98	55.64	48.29	51.07

Junior Girls		Junior Boys		Senior Girls		Senior Boys	
1		1		1		1	
2		2		2		2	
3		3		3		3	
4		4		4		4	
5		5		5		5	
6		6		6		6	
7		7		7		7	
8		8		8		8	
9		9		9		9	
10		10		10		10	
11		11		11		11	
12		12		12		12	
13		13		13		13	
14		14		14		14	
15		15		15		15	

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Information Page 2

TOP 10 QUALIFYING TIMES - 2001 THROUGH 2022

JUNIOR GIRLS			
Ranking	Team	Time	Year
1	Our Lady of Mount Carmel	55.61	2016
2	St Mary Magdalen	56.10	2008
3	St Mary Magdalen	56.31	2011
4	St Andrew - Newtown	56.39	2016
5	Our Lady of Mount Carmel	56.59	2005
6	Our Lady of Mount Carmel	56.75	2004
7	St Andrew - Newtown	56.95	2012
8	St Andrew - Newtown	57.07	2015
9	Pope John Paul II	57.09	2010
10	St Francis DeSales - Philadelphia	57.15	2014

JUNIOR BOYS			
Ranking	Team	Time	Year
1	St Patrick - Kennet Square	53.72	2005
2	Our Lady of Mount Carmel	54.03	2018
3	Our Lady of Mount Carmel	54.94	2003
4	Holy Cross- Springfield	55.05	2011
5	St Gabriel - Norwood	55.14	2018
6	St Gabriel - Norwood	55.19	2017
7	St Genevieve	55.37	2012
8	Annunciation B V M- Brookline	55.42	2010
9	St William	55.46	2004
10	St Ignatius	55.74	2013

SENIOR GIRLS			
Ranking	Team	Time	Year
1	St Mary Magdalen	51.89	2009
2	Our Lady of Mount Carmel	51.91	2006
3	Our Lady of Mount Carmel	52.05	2019
4	Our Lady of Guadalupe	52.08	2007
5	St Eleanor	52.09	2018
6	St Mary Magdalen	52.10	2013
7	St Andrew - Newtown	52.66	2011
8	Our Lady of Mount Carmel	52.71	2004
9	St Andrew - Newtown	52.79	2015
10	Nativity BVM	52.87	2010

SENIOR BOYS			
Ranking	Team	Time	Year
1	St Thomas the Apostle	47.60	2017
2	St Patrick - Kennet Square	47.63	2010
3	Holy Cross- Springfield	47.65	2019
4	St Andrew - Newtown	47.78	2019
5	Our Lady of Mount Carmel	47.78	2019
6	Waldron Mercy	47.92	2011
7	St Francis of Assisi Springfield	47.94	2014
8	Pope John Paul II	48.19	2022
9	St Patrick - Kennet Square	48.26	2007
10	Our Lady of Mount Carmel	48.52	2005

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Information Page 3

MOST QUALIFIERS BY TEAM BY AGE GROUP - 2001 THROUGH 2022

JUNIOR GIRLS		
Ranking	Team	# times

1	Our Lady of Mount Carmel	12
2	St Pius X	11
3	St Mary Magdalen	9
4	St Francis DeSales - Phila	9
5	St Ignatius	8
6	St Andrew - Newtown	7
7	St Alphonsus	7
8	Mary, Mother Redeemer	7
9	Our Lady of Guadalupe	6
10	St Genevieve	6

JUNIOR BOYS		
Ranking	Team	# times

1	Our Lady of Mount Carmel	16
2	St Pius X	11
3	Corpus Christi	9
4	St Francis Assisi Springfield	9
5	St Alphonsus	7
6	St Genevieve	7
7	Mary, Mother Redeemer	6
8	St Francis DeSales - Phila	6
9	St Joseph/Robert	6
10	St Andrew - Newtown	5

SENIOR GIRLS		
Ranking	Team	# times

1	Our Lady of Mount Carmel	14
2	St Mary Magdalen	11
3	St Andrew - Newtown	10
4	St Pius X	9
5	St Anastasia	8
6	St Francis Assisi Springfield	8
7	Our Lady of Guadalupe	7
8	St Alphonsus	7
9	Nativity BVM	6
10	Nativity of Our Lord	6

SENIOR BOYS		
Ranking	Team	# times

1	St Pius X	12
2	St Andrew - Newtown	10
3	Our Lady of Mount Carmel	10
4	St Francis DeSales - Phila	7
5	Corpus Christi	7
6	St Mary Magdalen	6
7	Nativity of Our Lord	6
8	St Francis Assisi Springfield	6
9	St Thomas the Apostle	5
10	St Genevieve	5

2023 CYO Night at the Penn Relays - Registered Teams

	Team ID	Parish / School	Age Group			
			JG	JB	SG	SB
1	I-01	Ancillae Assumpta Academy	✓	✓	✓	✓
2	III-35	Blessed Virgin Mary	✓	✓	✓	
3	II-01	Christ the King	✓	✓	✓	
4	I-03	Corpus Christi	✓	✓	✓	✓
5	I-04	Devon Prep				✓
6	II-02	Gesu	✓	✓		
7	I-05	Gwynedd Mercy Academy	✓	✓		✓
8	III-02	Holy Child Academy	✓	✓	✓	✓
9	I-06	Holy Family - Phoenixville	✓	✓	✓	
10	III03	Holy Family Regional - Levittown	✓	✓	✓	✓
11	I-07	Holy Rosary	✓	✓		✓
12	II-04	Holy Trinity-St John the Evangelist	✓	✓	✓	✓
13	I-08	IHM	✓	✓	✓	✓
14	III-04	Mater Dei	✓	✓	✓	✓
15	II-05	Maternity BVM			✓	✓
16	I-09	MMR	✓	✓	✓	✓
17	III-05	Nativity / St Cyril	✓	✓	✓	✓
18	III-06	Nativity BVM - Media	✓	✓	✓	✓
19	II-06	OMC	✓	✓	✓	✓
20	III-10	Our Lady of Angels	✓	✓	✓	✓
21	II-07	Our Lady of Calvary	✓	✓	✓	✓
22	II-08	Our Lady of Grace		✓		✓
23	II-09	Our Lady of Guadalupe	✓	✓	✓	✓
24	II-10	Our Lady of Mt Carmel	✓	✓	✓	✓
25	I-11	Pope John Paul II	✓	✓	✓	✓
26	III-11	Queen of Peace	✓	✓	✓	✓
27	III-12	Regina Angelorum	✓	✓		✓
28	I-12	Regina Luminus Academy			✓	✓
29	III-13	Sacred Heart Manoa	✓	✓	✓	✓
30	I-13	Ss Peter & Paul	✓	✓	✓	✓
31	I-14	Ss Philip & James	✓	✓	✓	✓
32	I-15	Ss Simon & Jude		✓	✓	✓
33	I-16	St Agnes	✓	✓	✓	✓
34	II-12	St Albert the Great		✓	✓	
35	II-13	St Alphonsus	✓	✓	✓	✓
36	III-16	St Anastasia	✓	✓	✓	✓
37	III-17	St Andrew - Drexel Hill	✓	✓	✓	✓
38	II-14	St Andrew - Newtown	✓	✓	✓	✓
39	II-15	St Anselm			✓	✓
40	III-18	St Anthony of Padua	✓	✓	✓	

2023 CYO Night at the Penn Relays - Registered Teams

	Team ID	Parish / School	Age Group			
			JG	JB	SG	SB
41	II-16	St Athanasius	✓	✓	✓	
42	II-17	St Bede-Assumption BVM	✓		✓	✓
43	III-19	St Bernadette	✓	✓	✓	✓
44	III-20	St Catherine Horsham	✓			
45	II-11	St Cecilia	✓	✓	✓	✓
46	II-18	St Charles	✓	✓	✓	✓
47	II-19	St Chris	✓		✓	✓
48	III-21	St Colman / St John Neumann	✓	✓	✓	✓
49	III-22	St Davids / OLHC	✓	✓	✓	✓
50	III-23	St Denis	✓	✓	✓	✓
51	II-20	St Dominic	✓	✓	✓	✓
52	III-24	St Dorothy	✓	✓	✓	✓
53	I-19	St Eleanor	✓	✓	✓	✓
54	I-20	St Elizabeth	✓	✓	✓	✓
55	III-25	St Eugene	✓	✓	✓	✓
56	III-14	St Frances Cabrini Middle School	✓	✓	✓	✓
57	III-26	St Francis of Assisi	✓	✓	✓	✓
58	I-21	St Genevieve	✓	✓	✓	✓
59	I-29	St Helena	✓	✓	✓	✓
60	II-23	St Hilary of Poitiers		✓	✓	✓
61	II-24	St Ignatius	✓			✓
62	I-30	St Isidore	✓	✓		✓
63	II-25	St Jerome	✓	✓	✓	✓
64	III-27	St John Chrysostom	✓	✓	✓	✓
65	I-32	St Joseph - Aston	✓	✓		✓
66	III-28	St Joseph / St Robert	✓	✓	✓	✓
67	II-27	St Jude	✓		✓	✓
68	I-33	St Katharine of Siena - Wayne	✓	✓	✓	✓
69	II-28	St Katherine of Siena - Phila	✓	✓	✓	
70	III-29	St Kevin Springfield	✓	✓	✓	✓
71	III-30	St Laurence	✓	✓	✓	✓
72	II-29	St Laurentius	✓		✓	✓
73	III-15	St Luke's	✓	✓	✓	✓
74	III-31	St Madeline	✓	✓	✓	✓
75	III-32	St Margarets	✓	✓	✓	✓
76	II-30	St Mark	✓	✓	✓	✓
77	II-31	St Martha			✓	✓
78	II-32	St Mary Interparochial	✓	✓	✓	✓
79	III-33	St Mary Magadalen	✓	✓	✓	✓
80	II-33	St Matthew			✓	✓

2023 CYO Night at the Penn Relays - Registered Teams

	Team ID	Parish / School	Age Group			
			JG	JB	SG	SB
81	II-34	St Michael	✓	✓	✓	✓
82	I-27	St Patrick - Malvern	✓	✓	✓	✓
83	I-34	St Philip Neri	✓	✓	✓	✓
84	III-34	St Pius X	✓	✓	✓	✓
85	I-35	St Teresa of Calcutta	✓	✓	✓	✓
86	I-36	St Thomas the Apostle	✓	✓	✓	✓
87	I-37	Villa Maria Academy	✓			
88	I-38	Visitation BVM	✓	✓	✓	✓
89	I-39	Waldron Mercy Academy		✓		✓
TOTAL			78	76	77	79

	2023	2022	2019	2018	2017	2016
Total Parishes/Schools	89	84	114	111	118	115
Total Relay Teams	310	289	377	390	414	407
Total Athletes	1240	1156	1508	1560	1656	1628
Junior Girls	78	70	89	94	99	103
Junior Boys	76	72	95	98	107	97
Senior Girls	77	70	95	97	103	105
Senior Boys	79	77	98	101	105	102

2023 CYO NIGHT AT THE PENN RELAYS

JUNIOR GIRLS

On behalf of the Archdiocesan Track and Field Committee, I would like to extend my sincere gratitude to the many people and organizations who make CYO Night at the Penn Relays a reality. Thank you to Steve Dolan, Aaron Robinson, Gail Zachary, and Claire Hewitt from the Penn Relays, and Joe Haughey and Mike Martin of the University of Pennsylvania, who are always enthusiastic supporters of our event. Thank you to Flash Results, Inc., the premier professional timing service in the United States, and Vince Giarracco and Kennett Timing. From the USA Olympic Trials to NCAA Championships to CYO Night at the Penn Relays, Flash Results only works the biggest and best meets!! Thank you to the coaches, the alumni, and parents who return every year to officiate. Finally, and most importantly, thank you to the athletes who bless us with their boundless energy and awesome talents once again this year. Good luck to all the relay teams!

- Terence O'Connell, CYO Track & Field Coordinator

Lane Team

Heat 1 of 11 Prelims

3	St Michael the Archangel
4	Blessed Virgin Mary
5	St Coleman / St John Newman
6	St Andrew - Drexel Hill
7	St Bede-Assumption BVM
8	Our Lady of Guadalupe
9	Mater Dei

	TIME	PLACE
3		
4		
5		
6		
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8		
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Heat 2 of 11 Prelims

2	St Kevin
3	Pope John Paul II
4	St Laurence
5	Our Lady of Angels
6	St Francis of Assisi
7	St Isidore
8	St Luke the Evangelist
9	St Helena

	TIME	PLACE
2		
3		
4		
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Heat 3 of 11 Prelims

3	Christ the King
4	Ancillae Assumpta Academy
5	St Ignatius
6	St David O L H C
7	Holy Family Regional - Levittown
8	St Athanasius
9	St Albert the Great

	TIME	PLACE
3		
4		
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2023 CYO NIGHT AT THE PENN RELAYS
JUNIOR GIRLS

Lane Team

Heat 4 of 11 Prelims

3	St Mark
4	St Katherine of Siena-Phila
5	St Mary Magdalen
6	St Jude
7	Our Lady of Mount Carmel
8	St Madeline
9	St Joseph/Robert

	TIME	PLACE
3		
4		
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7		
8		
9		

Heat 5 of 11 Prelims

3	St Bernadette
4	St Anthony of Padua
5	St Agnes
6	St Dominic
7	St Eugene
8	St Pius X
9	St Catherine of Siena Horsham

	TIME	PLACE
3		
4		
5		
6		
7		
8		
9		

Heat 6 of 11 Prelims

4	St Cecilia
5	St Anastasia
6	Nativity - Warminster
7	Mary Mother Redeemer
8	Villa Maria Academy
9	St Laurentius

	TIME	PLACE
4		
5		
6		
7		
8		
9		

Heat 7 of 11 Prelims

2	Our Lady of Calvary
3	St Alphonsus
4	Queen of Peace
5	Ss. Peter & Paul
6	St Dorothy
7	St Eleanor
8	Holy Rosary Regional School
9	St Jerome

	TIME	PLACE
2		
3		
4		
5		
6		
7		
8		
9		

Heat 8 of 11 Prelims

3	St Francis Cabrini Middle School
4	Ss. Philip and James
5	St John Chrysostom
6	St Joseph-Aston
7	Sacred Heart, Manoa
8	St Margaret
9	Holy Child Academy

	TIME	PLACE
3		
4		
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8		
9		

2023 CYO NIGHT AT THE PENN RELAYS
JUNIOR GIRLS

Lane Team

Heat 9 of 11 Prelims

3	Gwynedd Mercy Academy
4	St Andrew-Newtown
5	St Patrick Malvern
6	St Thomas the Apostle
7	Nativity B V M Media
8	Regina Angelorum
9	Our Mother of Consolation

	TIME	PLACE
3		
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Heat 10 of 11 Prelims

3	St Elizabeth
4	St Mary Interparochial
5	Holy Trinity-St John Evangelist
6	Gesu
7	St Katherine Sienna - Wayne
8	Immaculate Heart of Mary
9	Holy Family Phoenixville

	TIME	PLACE
3		
4		
5		
6		
7		
8		
9		

Heat 11 of 11 Prelims

3	Visitation Bvm
4	St Genevieve
5	St Christopher
6	St Philip Neri- Lafayette Hill
7	Corpus Christi
8	St Denis
9	St Teresa of Calcutta

	TIME	PLACE
3		
4		
5		
6		
7		
8		
9		

2023 CYO NIGHT AT THE PENN RELAYS
JUNIOR BOYS

Lane Team

Heat 1 of 11 Prelims

3 Corpus Christi
4 Sacred Heart, Manoa
5 Our Lady of Mount Carmel
6 St Genevieve
7 St Dorothy
8 Queen of Peace
9 Gesu

TIME

PLACE

3		
4		
5		
6		
7		
8		
9		

Heat 2 of 11 Prelims

3 Immaculate Heart of Mary
4 St Madeline
5 St John Chrysostom
6 St Charles Borromeo-Bensalem
7 St Hilary of Poitiers
8 St Luke the Evangelist
9 St Isadore

TIME

PLACE

3		
4		
5		
6		
7		
8		
9		

Heat 3 of 11 Prelims

3 St Laurentius
4 St Mark
5 St Laurence
6 Our Lady of Grace
7 St Joseph/Robert
8 St Jerome
9 Pope John Paul II

TIME

PLACE

3		
4		
5		
6		
7		
8		
9		

Heat 4 of 11 Prelims

3 Ss. Peter & Paul
4 St Mary Interparochial
5 Holy Family Phoenixville
6 St Margaret
7 St Michael the Archangel
8 St Philip Neri - Lafayette Hill
9 St Eugene

TIME

PLACE

3		
4		
5		
6		
7		
8		
9		

2023 CYO NIGHT AT THE PENN RELAYS
JUNIOR BOYS

Lane Team

Heat 5 of 11 Prelims

4	Our Lady of Calvary
5	St Katherine Sienna - Wayne
6	Nativity B V M Media
7	St Eleanor
8	St Mary Magdalen
9	St Denis

	TIME	PLACE
4		
5		
6		
7		
8		
9		

Heat 6 of 11 Prelims

3	St Andrew - Drexel Hill
4	Holy Trinity - St John Evangelist
5	St Bernadette
6	Waldron Mercy
7	St Cecilia
8	Visitation Bvm
9	Ss. Simon & Jude

	TIME	PLACE
3		
4		
5		
6		
7		
8		
9		

Heat 7 of 11 Prelims

3	St Katherine of Siena-Phila
4	Our Lady of Guadalupe
5	Holy Child Academy
6	Mater Dei
7	Ss. Philip and James
8	Ancillae Assumpta Academy
9	St Frances Cabrini Middle School

	TIME	PLACE
3		
4		
5		
6		
7		
8		
9		

Heat 8 of 11 Prelims

3	St Joseph-Aston
4	St Teresa of Calcutta
5	Holy Family Regional-Levittown
6	St Andrew-Newtown
7	Mary Mother Redeemer
8	Blessed Virgin Mary
9	St Francis of Assisi

	TIME	PLACE
3		
4		
5		
6		
7		
8		
9		

2023 CYO NIGHT AT THE PENN RELAYS
JUNIOR BOYS

Lane Team

Heat 9 of 11 Prelims

3 Gwynedd Mercy Academy
4 St Alphonsus
5 St Thomas the Apostle
6 Nativity - Warminster
7 Our Mother of Consolation
8 St Helena
9 Regina Angelorum

	TIME	PLACE
3		
4		
5		
6		
7		
8		
9		

Heat 10 of 11 Prelims

4 St Elizabeth
5 St Anthony of Padua
6 St Pius X
7 Holy Rosary Regional School
8 Christ the King
9 Our Lady of Angels

	TIME	PLACE
4		
5		
6		
7		
8		
9		

Heat 11 of 11 Prelims

3 St Athanasius
4 St Coleman / St John Newman
5 St Dominic
6 St Anastasia
7 St Agnes
8 St Patrick Malvern
9 St David O L H C

	TIME	PLACE
3		
4		
5		
6		
7		
8		
9		

2023 CYO NIGHT AT THE PENN RELAYS
SENIOR GIRLS

Lane Team

Heat 1 of 11 Prelims

3	St Jerome
4	St Andrew-Newtown
5	Our Lady of Angels
6	St Athanasius
7	St Andrew - Drexel Hill
8	Holy Family Regional-Levittown
9	Ancillae Assumpta Academy

	TIME	PLACE
3		
4		
5		
6		
7		
8		
9		

Heat 2 of 11 Prelims

3	St Mary Magdalen
4	St David O L H C
5	St Bernadette
6	St Elizabeth
7	St Michael the Archangel
8	St Bede-Assumption Bvm
9	St Albert the Great

	TIME	PLACE
3		
4		
5		
6		
7		
8		
9		

Heat 3 of 11 Prelims

3	Visitation B V M
4	Nativity - Warminster
5	Blessed Virgin Mary
6	SS. Philip and James
7	Mary Mother Redeemer
8	St Matthew
9	Immaculate Heart of Mary

	TIME	PLACE
3		
4		
5		
6		
7		
8		
9		

Heat 4 of 11 Prelims

3	Maternity Bvm
4	St Luke the Evangelist
5	Nativity B V M Media
6	St Mary Interparochial
7	St Charles Borromeo-Bensalem
8	St Helena
9	Our Lady of Mount Carmel

	TIME	PLACE
3		
4		
5		
6		
7		
8		
9		

2023 CYO NIGHT AT THE PENN RELAYS
SENIOR GIRLS

Lane Team

Heat 5 of 11 Prelims

3	Ss. Simon & Jude
4	Pope John Paul II
5	St Martha
6	Regina Luminis Academy
7	St Laurence
8	Ss. Peter & Paul
9	St Philip Neri - Lafayette Hill

	TIME	PLACE
3		
4		
5		
6		
7		
8		
9		

Heat 6 of 11 Prelims

3	St Laurentius
4	Mater Dei
5	St Kevin
6	St Frances Cabrini Middle School
7	St Pius X
8	Our Mother of Consolation
9	St Dominic

	TIME	PLACE
3		
4		
5		
6		
7		
8		
9		

Heat 7 of 11 Prelims

3	St Hilary of Poitier
4	St Agnes
5	St Genevieve
6	St Christopher
7	St Margaret
8	St Mark
9	St Thomas the Apostle

	TIME	PLACE
3		
4		
5		
6		
7		
8		
9		

Heat 8 of 11 Prelims

3	St Alphonsus
4	St Patrick Malvern
5	St Anastasia
6	St Katherine of Siena-Phila
7	Holy Family Phoenixville
8	St Anthony of Padua
9	St Cecilia

	TIME	PLACE
3		
4		
5		
6		
7		
8		
9		

2023 CYO NIGHT AT THE PENN RELAYS
SENIOR GIRLS

Lane Team

Heat 9 of 11 Prelims

3	Our Lady of Guadalupe
4	St Katherine Sienna - Wayne
5	Christ the King
6	Holy Trinity- St John Evangelist
7	Queen of Peace
8	St Teresa of Calcutta
9	St John Chrysostom

	TIME	PLACE
3		
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Heat 10 of 11 Prelims

3	St Madeline
4	Holy Child Academy
5	St Denis
6	St Anselm
7	St Colman / St John Newman
8	St Dorothy
9	St Eleanor

	TIME	PLACE
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Heat 11 of 11 Prelims

3	Corpus Christi
4	Our Lady of Calvary
5	St Joseph/Robert
6	Sacred Heart, Manoa
7	St Eugene
8	St Jude
9	St Francis of Assisi

	TIME	PLACE
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2023 CYO NIGHT AT THE PENN RELAYS
SENIOR BOYS

Lane Team

Heat 1 of 11 Prelims

3 St Joseph-Aston
4 St Madeline
5 St Genevieve
6 Our Lady of Guadalupe
7 Holy Child Academy
8 Corpus Christi
9 St Eugene

TIME

PLACE

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Heat 2 of 11 Prelims

3 St Teresa of Calcutta
4 Gwynedd Mercy Academy
5 St Denis
6 St Philip Neri - Lafayette Hill
7 Holy Rosary Regional School
8 St Patrick Malvern
9 Devon Prep

TIME

PLACE

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Heat 3 of 11 Prelims

3 St Pius X
4 St Martha
5 Our Lady of Grace
6 St Mary Interparochial
7 St Michael the Archangel
8 St Joseph/Robert
9 St David O L H C

TIME

PLACE

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Heat 4 of 11 Prelims

3 Waldron mercy
4 St Laurence
5 Sacred Heart, Manoa
6 St Laurentius
7 Queen of Peace
8 St Eleanor
9 Our Lady of Calvary

TIME

PLACE

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2023 CYO NIGHT AT THE PENN RELAYS
SENIOR BOYS

Lane Team

Heat 5 of 11 Prelims

3	St Kevin
4	St Colman / St John Newman
5	St Frances Cabrini Middle School
6	St Christopher
7	Visitation Bvm
8	St John Chrysostom
9	St Francis of Assisi

	TIME	PLACE
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Heat 6 of 11 Prelims

3	St Isidore
4	St Andrew - Drexel Hill
5	St Margaret
6	St Andrew - Newtown
7	St Katherine of Sienna - Wayne
8	Maternity Bvm
9	St Dorothy

	TIME	PLACE
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Heat 7 of 11 Prelims

3	Immaculate Heart of Mary
4	St Anselm
5	Regina Angelorum
6	St Elizabeth
7	St Alphonsus
8	St Matthew
9	Regina Luminis Academy

	TIME	PLACE
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Heat 8 of 11 Prelims

3	Mater Dei
4	St Jude
5	Mary Mother Redeemer
6	St Thomas the Apostle
7	St Jerome
8	St Dominic
9	St Hilary of Poitiers

	TIME	PLACE
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2023 CYO NIGHT AT THE PENN RELAYS
SENIOR BOYS

Lane Team

Heat 9 of 11 Prelims

2	Our Lady of Angels
3	St Bede-Assumption Bvm
4	St Mary Magdalen
5	Our Mother of Consolation
6	Nativity - Warminster
7	St Helena
8	St Mark
9	St Ignatius

	TIME	PLACE
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Heat 10 of 11 Prelims

3	Our Lady of Mount Carmel
4	Ss. Simon & Jude
5	St Luke the Evangelist
6	Holy Family Regional-Levittown
7	St Anastasia
8	Holy Trinity- St John Evangelist
9	St Charles Borromeo-Bensalem

	TIME	PLACE
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Heat 11 of 11 Prelims

2	Ss. Peter & Paul
3	St Bernadette
4	St Agnes
5	Ss. Philip and James
6	Nativity N V M Media
7	Pope John Paul II
8	St Cecilia
9	Ancillae Assumpta Academy

	TIME	PLACE
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