



Meet of Champions

Dick Vert Stadium
High Point, NC - High Point University
April 15, 2023



Start Lists

WOMEN 3000 M STEEPLECHASE

Saturday 3:00 PM

Vert Stadium: Zoe Geis - High Point - 10:18.05 (5/9/2021)

Meet: Chelsea Stocki - Liberty - 11:10.89 (4/16/2022)

Section 1 of 1

			<u>SB</u>	<u>PB</u>
1	Lucy YOUNG	SO William & Mary	11:20.68	11:20.68
2	Tessa WEBB	SR High Point	11:02.50	11:02.50
3	Olivia FISCHLEIN	FR Charlotte	11:24.97	11:24.97
4	Annika GRIGGS	SO William & Mary	11:48.12	11:48.12
5	Austin HEFT	FR Charlotte		
6	Madeline QUINN	SO High Point		
7	Lauren VOSSEN	FR High Point		
8	Braetan PETERS	FR Elon		
9	Sydney SWAN	FR Elon		
10	Yashika CHIDIRALA	SO George Mason		
11	Abigail GRAHAM	FR George Mason		

MEN 3000 M STEEPLECHASE

Saturday 3:15 PM

Vert Stadium: Taylor Milne - Speed River - 8:36.89 (4/1/2016)

Meet: Owen MacKenzie - Duke - 9:18.13 (4/16/2022)

Final

			<u>SB</u>	<u>PB</u>
1	Aiden MORRISON	JR High Point	9:29.69	9:13.77
2	Josh WALKER	SO George Mason	9:18.04	9:16.07
3	Jake TAROSKY	JR High Point	9:17.61	9:17.36
4	Dylan RANEY	FR George Mason	9:33.20	9:33.20
5	Lorenzo BOTTER	JR High Point		
6	Luke HENKEL	FR William & Mary	9:37.21	9:37.21
7	Evan MILLS	FR High Point	9:59.42	9:59.42

WOMEN 4X100 M RELAY

Saturday 3:30 PM

Vert Stadium: Duke - 44.95 (4/16/2022)

Meet: Duke - 44.95 (4/16/2022)

Final

		<u>SB</u>
3	HIGH POINT	
4	ELON	45.26
5	CHARLOTTE	44.35
6	CHARLESTON SOUTHERN	46.54
7	WILLIAM & MARY	46.18
8	GEORGE MASON	47.26

MEN 4X100 M RELAY

Saturday 3:35 PM

Vert Stadium: NC A&T - 38.74 (5/11/2022)

Meet: Liberty - 39.49 (4/16/2022)

Final

		<u>SB</u>	<u>PB</u>
4	GEORGE MASON	B	41.20
5	HIGH POINT		
6	GEORGE MASON		41.20

WOMEN 1500 M

Saturday 3:40 PM

Vert Stadium: Lindsey Butler - Virginia Tec - 4:18.59 (3/31/2023)

Meet: Hannah Brookover - High Point - 4:24.40 (4/16/2022)

Section 1 of 3

			<u>SB</u>	<u>PB</u>
1	Sarah JACOBS	SO Charleston Souther	4:54.07	4:54.07
2	Sydney SWAN	FR Elon	4:54.49	4:54.49
3	Tessa DOBRINSKI	FR William & Mary	4:55.68	4:55.68
4	Alex COTUGNO	SO Charlotte	4:56.51	4:56.51
5	Isabella ROWLAND	SR Campbell	4:59.93	4:57.31
6	Alyssa DEEDS	JR High Point		4:58.28
7	Julianna HIGGINS	SR High Point	4:58.95	4:58.95

8	Ashley IRBY	JR Elon		
9	Lauren BUCKMINSTER	FR High Point	5:04.45	5:04.45
10	Laila GUIENDON	SO Charlotte		
11	Samantha BROOKS	JR Charlotte	5:05.68	5:05.68
12	Shauna SKOW	FR High Point	5:05.96	5:05.96
13	Anna RITTER	SO High Point		5:09.56
14	Braetan PETERS	FR Elon	5:09.76	5:09.76
15	Lori GLAVAN	FR Charlotte	5:11.11	5:11.11
16	Margaret WARD	SO Charlotte	5:16.97	5:16.97

Section 2 of 3

1	Katie BLOUNT	FR Elon		
2	Madison SYNOWIEC	SO Elon		
3	Jasmine YOUNG	FR Elon		
4	Kelly Ann SUTTERFIELD	FR William & Mary	4:39.75	4:39.75
5	Jade MARTIN	JR Charlotte	4:40.51	4:40.51
6	Jenna NEWMAN	JR Charlotte	4:47.13	4:42.77
7	Jennifer TSAI	FR William & Mary	4:42.77	4:42.77
8	Noelle SAINÉ	SR George Mason	4:49.00	4:43.32
9	Mikayla MOXLEY	FR High Point	4:45.06	4:45.06
10	Karina COULTER	SO Charlotte	4:49.86	4:49.49
11	Caitlyn BURKETT	JR Charlotte	4:54.07	4:49.79
12	Kaycee COX-PHILYAW	JR William & Mary	4:51.50	4:51.04
13	Bailey FOWLER	SO Charlotte	4:56.67	4:52.44

Section 3 of 3

1	Jette BEERMANN	SO Elon		4:27.55
2	Annabelle EASTMAN	JR George Mason		4:29.81
3	Lindsey ICKES	SR High Point	4:36.81	4:33.48
4	Hannah MILLER	JR Elon		4:33.71
5	Maggie SPRINGER	JR Elon		4:34.20
6	Anne AKAGI	SR Charleston Souther	4:35.37	4:35.37
7	Keerstin AUGUSTIN	SO Charleston Souther	4:36.12	4:36.12
8	Zanella WILLEMSE	SR Charleston Souther	4:37.35	4:37.35
9	Sarah FRANCIS	JR George Mason	4:39.88	4:37.78
10	Katie TAYLOR	SR High Point	4:40.28	4:40.28
11	Alexis ANDERSON	SR George Mason		4:38.20
12	Sarah BECHTEL	JR Charlotte	4:49.39	4:38.47
13	Camryn HARPER	SR High Point	4:43.49	4:38.99

MEN 1500 M

Saturday 3:48 PM

Vert Stadium: Amon Kemboi - Campbell - 3:39.72 (5/11/2018)

Meet: El Hocine Bouchrak - High Point - 3:47.41 (4/16/2022)

Section 1 of 2

			<u>SB</u>	<u>PB</u>
1	Jeff WEDDING	SO Charleston Southern		
2	Pace CLARK	SR Campbell		3:55.34
3	Mason RAASCH	FR Charleston Souther	3:55.38	3:55.38
4	Mason LOVE	FR George Mason	3:55.70	3:55.70
5	Lucas THOMPSON	FR William & Mary		
6	Jaden KINGSLEY	JR Charleston Souther	3:56.03	3:56.03
7	Jake FIORILLO	FR High Point	4:00.35	4:00.35
8	Kai MUNIZ	JR George Mason	3:58.00	3:57.07
9	Griffin GILLESPIE	FR Charleston Souther	4:11.16	4:11.16
10	Max BLADER	SO Charleston Southern		3:58.34
11	Joseph TAYLOR	FR William & Mary	4:02.34	4:02.34
12	Hudson HAYES	FR Campbell		

Section 2 of 2

1	Othmane EL GHARISSI	JR High Point	3:51.20	3:51.20
2	James SEAL	JR George Mason	4:03.41	3:48.04
3	Alan DEOGRACIAS	JR Charleston Souther	3:58.14	3:55.68



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4 Graham FERGUSON	SO	High Point	3:49.31	3:49.31
5 Evan GOODELL	SR	William & Mary	3:54.59	3:49.63
6 Aiden DORF	SO	George Mason	3:53.72	3:51.44
7 Jacob GALLANT	JR	Charlotte	3:53.23	3:51.87
8 Tim HAUGHTON	JR	Charlotte	3:54.87	3:52.06
9 Jack MCGAHEY	FR	Charleston Souther	3:52.66	3:52.66

WOMEN 100 M HURDLES

Saturday 4:15 PM

Vert Stadium: Lakaevia Tyler - Unattached - 13.24 (2013)

Meet: Ebba Ahman - High Point - 14.80 (4/16/2022)

Section 1 of 2

			<u>SB</u>	<u>PB</u>
1 Clare HOWARD	SO	William & Mary	16.20	16.20
2 Hollie THURGOOD	JR	Elon	15.98 ^W	16.14
3 Ja'mia JOHNSON	FR	Elon	14.74	14.74
4 Jurnee COLEMAN	JR	Charlotte	14.70	14.70
5 Lijah JONES	SO	Charlotte	14.74	14.74
6 JaNeya HAMMOND	SO	Charlotte		
7 Lilly WOLF	SO	High Point	16.44	15.44
8 Elizabeth DUPRAS	SO	William & Mary	16.16	16.16

Section 2 of 2

1 Chloe GREENE	SO	Charleston Souther	14.56	14.56
2 Kalli'Ana BOTELHO	SR	Elon	14.35	14.35
3 Chaneal HARRIS	SR	Charleston Souther	14.27	14.00
4 Lindsay COOPER	JR	High Point	14.23	14.23
5 Ebba AHMAN	SO	High Point	14.40	14.40
6 Jewel ASH	JR	Charleston Southern		14.14
7 Abigail WEENING	SO	George Mason	14.33	14.33
8 Lindsey SCHMIDT	SR	George Mason	14.96	14.61

MEN 110 M HURDLES

Saturday 4:25 PM

Vert Stadium: Zoryan Hendricks - USC Upstate - 13.49 (5/10/2022)

Meet: Felix Lawrence - Liberty - 14.48 (4/16/2022)

Section 1 of 2

			<u>SB</u>	<u>PB</u>
3 David CAIVANO	FR	High Point	16.22 ^W	16.92
4 Kyle NGUYEN	FR	George Mason		
5 Samuel THOMPSON	FR	Charlotte	15.92	15.92
6 Ryan BROOKS	SO	George Mason	16.22	16.22

Section 2 of 2

1 Gabriel ALBERS	JR	William & Mary	15.46	15.46
2 Trent STRACHAN	SR	High Point		15.61
3 Dean JOHNSON	JR	George Mason	14.92	14.92
4 D'Andre HAYES	SR	Charlotte	14.06	14.02
5 Sidney LITTLEJOHN	JR	Charlotte	14.63	14.23
6 Andre DOUGLAS	SR	Campbell	14.59	14.59
7 Albert ASARE	FR	George Mason	15.24	15.24
8 Terris BURTON	SR	High Point	15.25	15.23

WOMEN 400 M

Saturday 4:35 PM

Vert Stadium: Delecia McDuffie - NC A&T - 51.97 (5/11/2022)

Meet: Maya Singletary - Charlotte - 52.29 (4/16/2022)

Section 1 of 3

			<u>SB</u>	<u>PB</u>
2 Ashley SPRENG	SO	High Point	1:06.16	1:04.82
3 Lydia WALLIS	FR	William & Mary		
4 Laveyah HILL	FR	Charlotte	58.06	58.06
5 Mackenzie BANKS	SO	George Mason	1:00.31	1:00.31
6 Ashley COLLITT	SO	Charleston Souther	1:02.55	1:02.55
7 Rachel MARTIN	SR	High Point	1:04.58	1:03.88

Section 2 of 3

2 Taylor COTTER	SO	Campbell		
3 Abi CRAIG	SO	High Point	57.15	56.05
4 Ya-Sha-Rah BRATHWAITE	SO	Charlotte	57.25	55.74
5 Dylann CORE	SR	Charleston Souther	56.38	55.86
6 Carly SWIERBUT	SR	William & Mary	56.22	56.22
7 Maddie ST. LOUIS	SO	Charleston Souther	57.18	56.93
8 Victoria PORTER	SR	Charlotte		56.86

Section 3 of 3

2 Khia HOLLOWAY	SO	George Mason	55.71	55.71
3 KellyAnn DOWNER	SR	George Mason	56.76	54.52
4 Maya SINGLETARY	SR	Charlotte	51.73	51.73
5 Marissa BLAKELY	SR	High Point	55.98	55.98
6 Piper JONS	JR	Elon	55.68	54.34
7 Mary GREGORY	JR	William & Mary	55.09	54.81
8 Dae'Nitra HESTER	SO	High Point	56.54	54.68

MEN 400 M

Saturday 4:45 PM

Vert Stadium: Randolph Ross - NC A&T - 44.61 (5/11/2022)

Meet: Alexander Schwedt - Duke - 47.53 (4/16/2022)

Section 1 of 3

			<u>SB</u>	<u>PB</u>
2 Alex RANSONE	FR	High Point		
3 Charlie EASLER	SO	Charleston Souther	53.37	53.37
4 Kareem AGOSTINO	SO	Campbell	50.82	50.82
5 Julian BENNETT	FR	High Point		
6 David CAIVANO	FR	High Point		
7 Will RANSONE	FR	High Point	53.57	53.57
8 Paul SHUMLAS	SR	High Point		

Section 2 of 3

2 Isaiah MUSE	FR	High Point	50.55	50.55
3 Aidan WALCOTT	FR	George Mason	49.08	49.08
4 Paul MCCLAIN	SO	George Mason	49.05	49.05
5 Austin RICE	FR	William & Mary	48.91	48.91
6 Nathan FLEXMAN	SO	Charlotte	50.25	49.06
7 Stephen LARSON	JR	William & Mary	50.77	50.77
8 Kameron AUSTIN	FR	Charlotte	49.18	49.18

Section 3 of 3

2 Aidan BRITT	SO	High Point	48.54	48.54
3 Jarett FLAKER	JR	George Mason	48.63	48.00
4 Donny LEE	JR	Charlotte	47.15	47.08
5 Shawn LANGLEY JR	JR	Charleston Souther	47.80	46.53
6 Jaiden VENTOUR	SR	Charlotte	47.60	47.53
7 Jordan REECE	FR	Charlotte	48.05	48.05
8 Daniel ADU	JR	George Mason	48.14	48.14

WOMEN 100 M

Saturday 4:50 PM

Vert Stadium: Grace Nwokocha - NC A&T - 11.22 (5/10/2022)

Meet: Casey Core - Charlotte - 12.09 (4/16/2022)

Section 1 of 3

			<u>SB</u>	<u>PB</u>
2 Amanda BALLARD	FR	Campbell		
3 Sierra MATHESON	FR	George Mason	12.76 ^W	12.86
4 Gjaudy JOHN-WALLACE	SR	George Mason	12.36	11.97
5 Danielle DYER	JR	Elon	12.85	12.74
6 Charlotte ROBINSON	FR	William & Mary	12.65 ^W	12.68
7 Abby COY	JR	High Point	13.30	13.19

Section 2 of 3

2 Noelle FOSS	SO	George Mason	12.31	12.31
3 Casey CORE	JR	Charlotte	12.68	12.09
4 Anna KESSLER	SO	William & Mary	12.05 ^W	12.06



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5 Alicia DAWSON	SR	High Point		12.64
6 Jaidyn RAMSEY	FR	Campbell	12.07	12.07
7 Destiny BAILEY-PERKINS	JR	Campbell	12.33	12.16

Section 3 of 3

1 Aniya MATTHEWS	SO	Charlotte	11.86	11.86
2 Imani RIVAS	JR	Charlotte	11.85	11.84
3 Destiny WALLACE	SR	Charleston Souther	11.59	11.59
4 Reese WEBSTER	FR	Elon	11.57 ^W	11.82
5 Ta-halia FAIRMAN	JR	Charlotte	11.66	11.48
6 Joyasia SMITH	FR	Charlotte		
7 Meghan WILCOX	SO	Elon	11.84 ^W	11.89
8 Melissa CUNNINGHAM	SO	William & Mary	12.04	11.94

MEN 100 M

Saturday 4:55 PM

Vert Stadium: Javonte Harding - NC A&T - 10.25 (5/10/2022)

Section 1 of 2

			<u>SB</u>	<u>PB</u>
3 Mason MAYS	JR	George Mason	11.22	10.98
4 Leontro MATTISON	FR	George Mason	10.94	10.94
5 Jaylin MILTON-HALL	FR	Charlotte	10.96	10.96
6 Davian POWELL	SR	George Mason	11.40	10.80

Section 2 of 2

2 Jalen JOHNSON	FR	George Mason	10.90	10.90
3 Ethan ROACH	SR	High Point		
4 Jackson COOLEY	JR	William & Mary	10.53	10.53
5 DeMarkes STRADFORD	SR	Charlotte	10.26 ^W	10.28
6 Micah JONES	FR	George Mason	10.57	10.57
7 Ashton KING	FR	George Mason	10.97	10.88
8 Nelson LOMICK	JR	Charlotte		10.89

WOMEN 800 M

Saturday 5:05 PM

Vert Stadium: Dorcus Ewoi - Campbell - 2:06.82 (5/11/2022)

Meet: Hannah Brookover - High Point - 2:09.05 (4/16/2022)

Section 1 of 3

			<u>SB</u>	<u>PB</u>
1 Jasmine YOUNG	FR	Elon		
2 Hannah HOLLAND	JR	William & Mary	2:22.10	2:22.10
3 Ashley IRBY	JR	Elon		2:22.38
4 Jenna NEWMAN	JR	Charlotte		2:22.72
5 McKenzie DILLMAN	FR	George Mason	2:24.40	2:24.40
6 Jennifer TSAI	FR	William & Mary		
7 Tatum HAVEMANN	FR	Elon	2:25.15	2:25.15
8 Isabella ROWLAND	SR	Campbell	2:25.11	2:25.11
9 Sydney SWAN	FR	Elon	2:29.90	2:29.90
10 Holly JOHNSON	JR	Campbell	2:46.38	2:46.38
11 Ashley COX	SO	Campbell	3:00.08	3:00.08

Section 2 of 3

1 Alison HODGSON	SO	Elon		2:18.19
2 Sarah BECHTEL	JR	Charlotte	2:18.59	2:17.33
3 Aliya BARROWS	JR	Elon	2:17.13	2:17.13
4 Sabrina MANNES	SO	Elon	2:24.33	2:14.77
5 Arianna SAKOUTIS	JR	Elon		2:15.34
6 Jade MARTIN	JR	Charlotte		
7 Bailey FOWLER	SO	Charlotte		
8 Katie TAYLOR	SR	High Point		2:34.96
9 Anna CESTARI	JR	William & Mary	2:20.27	2:20.27
10 Megan DOUGHERTY	JR	William & Mary	2:20.84	2:20.66

Section 3 of 3

1 Camryn HARPER	SR	High Point	2:14.83	2:07.74
2 Stephanie LAIR	SR	Elon		2:09.49

3 Anna TWOMEY	JR	Elon	2:12.75	2:10.79
4 Leandra LORENZ	JR	Elon		2:11.43
5 Nikki FRAIL	SO	High Point	2:11.81	2:11.81
6 Lindsey ICKES	SR	High Point		2:18.33
7 Emily ALPS	JR	Elon	2:14.46	2:14.46
8 Kelly Ann SUTTERFIELD	FR	William & Mary	2:15.73	2:15.73
9 Kaleigh HANSON	SO	Charlotte	2:15.35	2:15.35

MEN 800 M

Saturday 5:15 PM

Vert Stadium: Joe dosReis - Davidson - 1:49.04 (4/1/2023)

Meet: El Hocine Bouchrak - High Point - 1:52.08 (4/16/2022)

Section 1 of 2

			<u>SB</u>	<u>PB</u>
1 Warner CAMPBELL	FR	Charlotte		
2 Jonny HOUSE	SR	High Point		1:52.19
3 Justin PENNY	FR	George Mason	1:55.20	1:55.20
4 Griffin GILLESPIE	FR	Charleston Souther	1:58.36	1:58.36
5 Aidan SOTO	FR	High Point	1:58.57	1:58.57
6 Brendan DISTEFANO	FR	William & Mary		
7 Dylan MARROTTE	JR	Charlotte	1:56.60	1:56.60
8 Reilly MAZZETTI	SO	High Point	1:58.68	1:58.68
9 Tim HAUGHTON	JR	Charlotte		1:57.02
10 Jacob GALLANT	JR	Charlotte		1:57.29
11 Matthias OETTL	FR	William & Mary	1:59.15	1:59.15

Section 2 of 2

1 Micah HARRIS	JR	George Mason	1:50.46	1:50.29
2 Jonathan KUMER	FR	William & Mary	1:54.89	1:54.89
3 Andrew MALLO	FR	Charlotte	1:51.75	1:51.75
4 Kobe BROWN	JR	Charlotte	1:53.28	1:51.93
5 Joseph QUEEN	JR	George Mason	1:53.70	1:52.02
6 Graham FERGUSON	SO	High Point	1:54.85	1:54.27
7 Brayden JENSEN	JR	Charlotte		1:53.39
8 Jackson O'HARA	JR	Charlotte	1:55.71	1:55.71
9 Othmane EL GHARISSI	JR	High Point		
10 Alex LOMBARDO	SO	George Mason	1:54.41	1:54.41

WOMEN 400 M HURDLES

Saturday 5:25 PM

Vert Stadium: Lauren Hoffman - Duke - 56.12 (4/16/2022)

Meet: Lauren Hoffman - Duke - 56.12 (4/16/2022)

Section 1 of 2

			<u>SB</u>	<u>PB</u>
1 Chaneal HARRIS	SR	Charleston Souther	1:19.33	1:19.33
2 Clare HOWARD	SO	William & Mary	1:03.84	1:03.84
3 Anna KOZLOVA	SO	Elon	1:05.81	1:03.73
4 Brenda DU TOIT	FR	Charleston Souther	1:02.40	1:02.40
5 Ariana RIVERA	JR	Charlotte	1:03.70	1:03.29
6 Grenisha THOMAS	FR	Charleston Souther	1:03.74	1:03.74
7 Liyah JONES	SO	Charlotte	1:06.26	1:04.68
8 Austyn KOPPE	SO	Charleston Souther	1:05.82	1:05.82

Section 2 of 2

2 Makenzie JOINER	JR	William & Mary	1:03.73	1:02.77
3 Lindsay COOPER	JR	High Point	1:01.20	1:01.20
4 Michka-Mae HYDE	JR	George Mason	1:04.29	1:00.63
5 Ebba AHMAN	SO	High Point	1:00.52	1:00.52
6 JaNeya HAMMOND	SO	Charlotte	1:04.26	1:01.46
7 Riley DROMETER	JR	Elon	1:02.56	1:02.45
8 Adia PALMER	JR	George Mason	1:03.09	1:01.63

MEN 400 M HURDLES

Saturday 5:35 PM

Vert Stadium: Cory Poole - NC A&T - 49.42 (5/11/2022)



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Meet: Terris Burton - High Point - 52.50 (4/16/2022)

Section 1 of 2			<u>SB</u>	<u>PB</u>
2 Gabriel ALBERS	JR	William & Mary	58.78	58.78
3 Dean JOHNSON	JR	George Mason	56.37	56.37
4 Albert ASARE	FR	George Mason	54.33	54.33
5 Andre DOUGLAS	SR	Campbell	55.42	55.42
6 Ryan BROOKS	SO	George Mason	55.57	55.57
7 Kyle NGUYEN	FR	George Mason		
8 Brandon BENITEZ	FR	Charlotte	56.73	56.73

Section 2 of 2				
2 Trent STRACHAN	SR	High Point	54.99	54.28
3 Andre LESLIE	SO	Campbell	53.11	53.01
4 Terris BURTON	SR	High Point	51.68	51.28
5 Justin LEASTON	JR	Charlotte		52.69
6 D'Andre HAYES	SR	Charlotte	56.73	53.56
7 Samuel THOMPSON	FR	Charlotte	53.90	53.90
8 Luciano CUSTODIO	SO	Charleston Souther	53.96	53.96

WOMEN 200 M

Saturday 5:40 PM

Vert Stadium: Grace Nwokocha - NC A&T - 22.75 (5/9/2022)

Meet: Jaera Griffin - NC A&T - 24.06 (4/16/2022)

Section 1 of 5			<u>SB</u>	<u>PB</u>
3 Hannah ANGEL	SO	Charlotte		28.06
4 Marietta VALENTE	FR	High Point	27.72	27.72
5 Hollie THURGOOD	JR	Elon		27.59
6 Rachel MARTIN	SR	High Point	28.29	28.29
7 Ashley SPRENG	SO	High Point	28.49	28.49

Section 2 of 5				
2 Sierra MATHESON	FR	George Mason	26.64	26.64
3 Destiny BAILEY-PERKINS	JR	Campbell		
4 Charlotte ROBINSON	FR	William & Mary	25.95	25.95
5 Danielle DYER	JR	Elon	26.39	26.22
6 Mackenzie BANKS	SO	George Mason	26.43	26.43
7 Lydia WALLIS	FR	William & Mary	26.83	26.83
8 Abby COY	JR	High Point	28.39	27.33

Section 3 of 5				
2 Jaidyn RAMSEY	FR	Campbell		
3 Sophia CUPP	SO	Charleston Souther	25.55	25.06
4 Noelle FOSS	SO	George Mason	24.97	24.97
5 Abi CRAIG	SO	High Point	25.58	25.41
6 Anna KESSLER	SO	William & Mary	25.03 ^W	25.37
7 Jewel ASH	JR	Charleston Southern		
8 Laveyah HILL	FR	Charlotte	25.64	25.64

Section 4 of 5				
2 Gjaudy JOHN-WALLACE	SR	George Mason	24.91	24.18
3 Meghan WILCOX	SO	Elon	24.69	24.51
4 Imani RIVAS	JR	Charlotte		24.21
5 Melissa CUNNINGHAM	SO	William & Mary	24.63 ^W	24.87
6 Marissa BLAKELY	SR	High Point	24.87 ^W	25.02
7 Ya-Sha-Rah BRATHWAITE	SO	Charlotte	25.14	24.58
8 Dae'Nitra HESTER	SO	High Point	24.92	24.54

Section 5 of 5				
2 Reese WEBSTER	FR	Elon	24.19	24.19
3 Amaya JOHNSON	SR	William & Mary	23.79 ^W	24.11
4 Maya SINGLETARY	SR	Charlotte	23.54	23.54
5 Ta-halia FAIRMAN	JR	Charlotte	23.39	23.34
6 Aniya MATTHEWS	SO	Charlotte	23.91	23.91
7 Emily ERVIN	SO	William & Mary	24.07	23.92

8 Laurn JAMES SR Charleston Souther 23.94^W 24.27

MEN 200 M

Saturday 5:48 PM

Vert Stadium: Javonte Harding - NC A&T - 20.16 (5/11/2022)

Meet: Malcolm Croom-McFadden - NC A&T - 21.18 (4/16/2022)

Section 1 of 3			<u>SB</u>	<u>PB</u>
1 Kareem AGOSTINO	SO	Campbell		
2 Isaiah MUSE	FR	High Point		
3 Mason MAYS	JR	George Mason	23.13	22.73
4 Jalen JOHNSON	FR	George Mason	22.25	22.25
5 Sidney LITTLEJOHN	JR	Charlotte	23.07	22.62
6 Nathan FLEXMAN	SO	Charlotte	22.50	22.50
7 Matthew EATON	SO	Charleston Souther	23.82 ^W	24.22
8 Zion FEARON	JR	High Point		23.11

Section 2 of 3				
1 Kameron AUSTIN	FR	Charlotte	22.43	22.43
2 Aidan BRITT	SO	High Point	21.95	21.95
3 Max KAREN	SO	George Mason	21.93	21.93
4 Jaiden VENTOUR	SR	Charlotte		22.00
5 Edward DESKINS	JR	George Mason	21.95	21.95
6 Ashton KING	FR	George Mason	22.39	22.13
7 Leontro MATTISON	FR	George Mason	21.96	21.96
8 Austin RICE	FR	William & Mary		

Section 3 of 3				
2 Jaylin MILTON-HALL	FR	Charlotte	21.66 ^W	22.08
3 Ethan ROACH	SR	High Point	21.37	21.37
4 Isaiah CARTER	JR	George Mason	21.68	21.24
5 Shawn LANGLEY JR	JR	Charleston Souther	21.26 ^W	21.50
6 Nelson LOMICK	JR	Charlotte	22.47	21.80
7 Jackson COOLEY	JR	William & Mary		21.88
8 Jordan REECE	FR	Charlotte		

WOMEN 5000 M

Saturday 5:55 PM

Vert Stadium: Ashley Jones - High Point - 16:30.24 (5/11/2022)

Meet: Ashley Jones - High Point - 17:59.96 (4/16/2022)

Final			<u>SB</u>	<u>PB</u>
1 Hannah MILLER	JR	Elon		
2 Katie BLOUNT	FR	Elon	16:59.67	16:59.67
3 Maria AHM	JR	Elon		16:30.94
4 Madison SYNOWIEC	SO	Elon		
5 Jasmine YOUNG	FR	Elon	17:43.48	17:43.48
6 Maggie SPRINGER	JR	Elon	16:44.71	16:31.94
7 Kate O'NEILL	JR	George Mason	17:24.78	17:24.78
8 Alyssa DEEDS	JR	High Point	17:36.50	17:36.50
9 Charli MONTALVO	FR	High Point	18:33.43	18:33.43
10 Katryna AULENBACH	FR	George Mason	18:35.91	18:35.91
11 Olivia HALLER	JR	William & Mary	18:37.10	18:37.10
12 Taylar WHITE	FR	Charleston Southern		
13 Emily FITCH	JR	George Mason	19:49.42	19:22.07
14 Olive ALLEN	SR	High Point		

MEN 5000 M

Saturday 6:20 PM

Vert Stadium: Antonio Lopez Segura - Virginia Tec - 13:47.50 (3/31/2023)

Meet: Hunter Steinau - High Point - 14:34.32 (4/16/2022)

Final			<u>SB</u>	<u>PB</u>
1 Jack IKENBERRY	SR	George Mason		14:02.18
2 Spencer SMUCKER	SR	High Point	14:29.78	14:29.78
3 Wesley BOND	SO	George Mason		14:26.77



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4 Ian MILLER	SR	High Point	14:40.89	14:36.48
5 Robert JENKINS	FR	George Mason		
6 Hunter STEINAU	JR	High Point	14:40.02	14:34.32
7 Nicholas EMMERT	FR	George Mason	14:52.37	14:52.37
8 Jake TAROSKY	JR	High Point		15:34.37
9 Klaus MANGEOT	FR	High Point	15:16.23	15:16.23
10 Jake HAMACHER	JR	Charleston Southern		15:21.17
11 Christian MARINER	FR	Charleston Southern		

WOMEN 4X400 M RELAY

Saturday 6:35 PM

Vert Stadium: Duke - 3:36.94 (4/16/2022)

Meet: Duke - 3:36.94 (4/16/2022)

Section 1 of 2

		<u>SB</u>	<u>PB</u>
4 HIGH POINT	B	3:49.46	
5 CHARLESTON SOUTHERN	B	3:42.15	
6 ELON	B	3:41.99	
7 ELON	C	3:41.99	

Section 2 of 2

2 CHARLOTTE		3:36.26	
3 GEORGE MASON		3:45.91	
4 ELON		3:41.99	
5 WILLIAM & MARY		3:38.53	
6 CHARLESTON SOUTHERN		3:42.15	
7 HIGH POINT		3:49.46	

MEN 4X400 M RELAY

Saturday 6:40 PM

Vert Stadium: NC A&T - 3:07.55 (5/11/2022)

Meet: Duke - 3:10.12 (4/16/2022)

Final

		<u>SB</u>	<u>PB</u>
2 CHARLOTTE	B	3:09.65	
3 CHARLOTTE		3:09.65	
4 WILLIAM & MARY		3:26.02	
5 HIGH POINT		3:16.82	
6 GEORGE MASON		3:12.76	
7 CAMPBELL		3:16.20	
8 GEORGE MASON	B	3:12.76	

WOMEN HAMMER

Saturday 10:00 AM

Vert Stadium: Laura Igaune - Unattached - 70.56m (231-6) (4/1/2021)

Meet: Naomi Mojica - Liberty - 56.91m (186-8) (4/16/2022)

Flight 1 of 2

		<u>SB</u>	<u>PB</u>
1 Tristin OBERG	FR	Elon	33.12m 108-8 33.12m 108-8
2 Brooke MADER	FR	Charleston Souther	34.27m 112-5 34.27m 112-5
3 Talia ANDERSON	FR	William & Mary	39.77m 130-5 39.77m 130-5
4 Letizia MARSICO	JR	High Point	41.38m 135-9 41.38m 135-9
5 Maya STANLEY	JR	George Mason	41.52m 136-3 41.52m 136-3
6 Teneal ELS	FR	George Mason	42.79m 140-4 42.79m 140-4
7 Ella CARLSON	FR	William & Mary	43.58m 143-0 43.58m 143-0
8 Autumn JUDD	SO	Campbell	43.72m 143-5
9 Zemaya CARSON	FR	Charleston Souther	44.10m 144-8 44.10m 144-8
10 Amanda SCATTERGOOD	SR	High Point	44.36m 145-6 44.36m 145-6

Flight 2 of 2

1 Meghan COYNE	SO	Elon	46.20m 151-7 46.20m 151-7
2 Sarah PULLIUM	SO	Charlotte	47.15m 154-8 47.15m 154-8
3 Olamide ENAJEKPO	FR	George Mason	47.86m 157-0 47.86m 157-0
4 Grace GAUDIN	SR	George Mason	48.95m 160-7 48.95m 160-7
5 Layla SENTER	JR	Charleston Souther	43.37m 142-3 49.17m 161-4
6 Jenna DANKERT	SR	Campbell	50.21m 164-8 50.21m 164-8

7 Samantha ENNIS	JR	Campbell	48.34m 158-7 50.71m 166-4
8 Chelsea WALLACE	SR	Elon	51.64m 169-5 51.64m 169-5
9 Lauryn CARLTON	JR	Elon	53.91m 176-10 53.91m 176-10
10 Keeley SUZENSKI	JR	William & Mary	57.18m 187-7 57.18m 187-7
11 Kaitlin MCGOOGAN	JR	Elon	58.55m 192-1 59.13m 194-0

MEN HAMMER

Saturday 11:00 AM

Vert Stadium: Andy Fryman - FASTraining - 71.98m (236-2) (4/1/2017)

Meet: John Hicks - Liberty - 65.94m (216-4) (4/16/2022)

Flight 1 of 1

		<u>SB</u>	<u>PB</u>
1 Evan BROCK	SO	Campbell	36.34m 119-3
2 Zach STEIN-DRAGO	JR	Campbell	38.05m 124-10
3 James SANDOVAL	JR	High Point	40.40m 132-6 40.40m 132-6
4 Timon EDELEN	JR	Campbell	46.72m 153-3
5 Ross BAZZICHI	FR	William & Mary	48.97m 160-8 48.97m 160-8
6 Chris VAN NIEKERK	SR	High Point	49.22m 161-6
7 Jason NWOSU	FR	William & Mary	50.41m 165-4 50.41m 165-4
8 Kevin CIOCCO	SR	George Mason	51.17m 167-10 51.17m 167-10
9 Omar IBRAHIM	JR	Campbell	51.53m 169-0 51.53m 169-0
10 Arsalan YAQUBI	SO	George Mason	52.16m 171-1 52.16m 171-1
11 Michael CALHOUN	JR	Charleston Souther	47.53m 155-11 52.32m 171-8
12 Alex HOFFMAN	SO	High Point	53.86m 176-8 53.86m 176-8
13 Lance PENEGAR	SO	Charlotte	53.61m 175-10 54.11m 177-6
14 Robert KESTYN	JR	George Mason	53.29m 174-10 55.73m 182-10
15 Garsen GROSS	SR	George Mason	55.52m 182-2 56.91m 186-8
16 Jurcek KORPIC LESJAK	JR	Charlotte	60.41m 198-2 62.02m 203-6

MEN SHOT PUT

Saturday 10:30 AM

Vert Stadium: Daniel McArthur - Unattached - 18.75m (61-6¼) (3/23/2019)

Meet: Kyle Mitchell - Liberty - 18.20m (59-8½) (4/16/2022)

Flight 1 of 1

		<u>SB</u>	<u>PB</u>
1 Thomas OLESEN	SO	Charlotte	11.61m 38-1¼ 11.61m 38-1¼
2 Ross BAZZICHI	FR	William & Mary	14.43m 47-4¼ 14.43m 47-4¼
3 Aaron PIERCE	SO	Charleston Souther	14.50m 47-7 14.50m 47-7
4 Keaton LEWIS	FR	Campbell	
5 Robert KESTYN	JR	George Mason	13.84m 45-5 14.48m 47-6¼
6 Timon EDELEN	JR	Campbell	14.21m 46-7½ 14.93m 48-11¼
7 Omar IBRAHIM	JR	Campbell	14.53m 47-8 15.59m 51-1¼
8 Lance PENEGAR	SO	Charlotte	15.66m 51-4½ 15.66m 51-4½
9 Alex HOFFMAN	SO	High Point	16.04m 52-7½ 16.04m 52-7½
10 Jason NWOSU	FR	William & Mary	16.81m 55-2 16.81m 55-2
11 Jacob SOORUS	JR	Charlotte	16.70m 54-9½ 16.95m 55-7½
12 Michael CALHOUN	JR	Charleston Souther	17.85m 58-6¼ 17.85m 58-6¼
13 Chris VAN NIEKERK	SR	High Point	17.91m 58-9¼ 18.67m 61-3

WOMEN SHOT PUT

Saturday 11:30 AM

Vert Stadium: Loren James - NC A&T - 16.44m (53-11¼) (5/10/2022)

Meet: Naomi Mojica - Liberty - 15.35m (50-4½) (4/16/2022)

Flight 1 of 2

		<u>SB</u>	<u>PB</u>
1 Amanda SCATTERGOOD	SR	High Point	
2 Tristin OBERG	FR	Elon	10.58m 34-8½ 10.58m 34-8½
3 Abigail WEENING	SO	George Mason	10.83m 35-6½ 10.83m 35-6½
4 Brooke MADER	FR	Charleston Souther	12.01m 39-5 12.01m 39-5
5 Fiona AGYEKUM	FR	George Mason	12.39m 40-7¼ 12.39m 40-7¼
6 Ella CARLSON	FR	William & Mary	12.72m 41-8¼ 12.72m 41-8¼
7 Autumn JUDD	SO	Campbell	12.98m 42-7
8 Sarah PULLIUM	SO	Charlotte	13.06m 42-10¼ 13.06m 42-10¼

Flight 2 of 2

Results available at www.flashresults.com



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1 Chelsea WALLACE	SR	Elon	13.43m	44-¾	13.43m	44-¾
2 Kayla DAVIS-EDWARDS	FR	Charlotte	13.40m	43-11¼	13.40m	43-11¼
3 Olamide ENAJEKPO	FR	George Mason	13.98m	45-10½	13.98m	45-10½
4 Jenna DANKERT	SR	Campbell	13.65m	44-9½	13.96m	45-9¼
5 Lauryn CARLTON	JR	Elon	13.90m	45-7¼	13.90m	45-7¼
6 Samantha ENNIS	JR	Campbell	13.07m	42-10¼	14.11m	46-3½
7 Grace GAUDIN	SR	George Mason	11.99m	39-4	14.58m	47-10
8 Layla SENTER	JR	Charleston Souther	13.43m	44-¾	14.87m	48-9½
9 Keeley SUZENSKI	JR	William & Mary	15.02m	49-3½	15.02m	49-3½
10 Patience MARSHALL	SO	Campbell	15.36m	50-4¼	15.36m	50-4¼

MEN JAVELIN

Saturday 12:30 PM

Vert Stadium: Roman Mitchell - UNC - 70.94m (232-9) (3/19/2022)

Meet: Christopher Shanahan - Duke - 67.23m (220-7) (4/16/2022)

Flight 1 of 1			SB		PB
1 Thomas OLESEN	SO	Charlotte			43.98m 144-3
2 David CAIVANO	FR	High Point	45.02m	147-8	45.02m 147-8
3 Isaac HUMPHRIES	FR	Charleston Souther	49.01m	160-9	49.01m 160-9
4 Landry POLK	FR	Charleston Souther	50.01m	164-1	50.01m 164-1
5 Brett BYRNE	FR	George Mason	52.67m	172-9	52.67m 172-9
6 Holden GERTH	SO	Charleston Souther	53.24m	174-8	53.24m 174-8
7 Zach STEIN-DRAGO	JR	Campbell	51.87m	170-2	57.10m 187-4
8 Arsalan YAQUBI	SO	George Mason	57.25m	187-10	57.25m 187-10
9 Jacob SOORUS	JR	Charlotte	53.79m	176-5	58.33m 191-4
10 Cason GARDNER	SR	George Mason	59.23m	194-4	59.23m 194-4
11 Aaron PIERCE	SO	Charleston Souther	60.41m	198-2	60.41m 198-2
12 Ryan TENOR JR.	JR	High Point	53.95m	177-0	60.76m 199-4
13 Josh KUDRICK	SR	Campbell	54.01m	177-2	61.41m 201-5
14 Nicholas VEYNOVICH	SO	Campbell	63.09m	207-0	63.09m 207-0
15 Christopher ARIAS	JR	William & Mary	64.15m	210-5	68.35m 224-3

WOMEN JAVELIN

Saturday 2:00 PM

Vert Stadium: Jessie Merckle - Wake Forest - 56.91m (186-8) (4/1/2016)

Meet: Dana Baker - Duke - 45.96m (150-9) (4/16/2022)

Flight 1 of 1			SB		PB
1 Letizia MARSICO	JR	High Point			
2 Kaylin SCHULTE	JR	High Point	18.80m	61-8¼	18.80m 61-8¼
3 Hannah ANGEL	SO	Charlotte			24.70m 81-½
4 Marisa SANTAMAURO	SO	George Mason	30.80m	101-0	30.80m 101-0
5 Sofia BELJIC	SO	Elon	31.75m	104-2	31.75m 104-2
6 Maya STANLEY	JR	George Mason	35.42m	116-2	35.42m 116-2
7 Laura DEMARZI	SR	George Mason	36.99m	121-4	39.19m 128-7
8 Kelly CHABALLA	SO	High Point	40.51m	132-11	40.51m 132-11
9 Julia NEWMAN	SR	High Point	38.60m	126-8	40.97m 134-5
10 Zoe METZGER	SR	William & Mary	38.05m	124-10	41.02m 134-7
11 Lilly WOLF	SO	High Point	37.63m	123-5	41.44m 135-11
12 Grace DIELEMAN	JR	Elon	44.71m	146-8	44.71m 146-8
13 Kristen HERR	SR	William & Mary	41.66m	136-8	45.19m 148-3
14 Liv CANTBY	JR	William & Mary	44.26m	145-2	49.89m 163-8
15 Elizabeth BAILEY	SO	Charlotte	43.73m	143-5	51.09m 167-7

MEN HIGH JUMP

Saturday 1:00 PM

Vert Stadium: Edwin Dudley - Lake Erie - 2.22m (7-3¼) (2011)

Meet: Beau Allen - Duke - 2.13m (6-11¼) (4/16/2022)

Prog: 1.75- 1.80- 1.85- 1.90- 1.95- 1.98- 2.01(3cm)

Flight 1 of 1			SB		PB
1 Mikai HUNT	SO	Charlotte	1.85m	6-¾	1.85m 6-¾
2 Alex CONSTANTINO	FR	High Point	1.91m	6-3¼	1.91m 6-3¼

3 Jordan JEAN-PIERRE	FR	Charlotte	1.91m	6-3¼	1.91m 6-3¼
4 Michael HENSON	SR	High Point	1.94m	6-4¼	1.94m 6-4¼
5 Aidan WALCOTT	FR	George Mason	1.95m	6-4¼	1.95m 6-4¼
6 Chris SMITH	SO	Charlotte	1.98m	6-6	1.98m 6-6
7 Dekairi BROWN	SR	High Point	1.93m	6-4	2.01m 6-7
8 Carson WOLTER	JR	Charlotte			2.05m 6-8¼
9 Holden GERTH	SO	Charleston Souther	2.00m	6-6¼	2.01m 6-7

WOMEN HIGH JUMP

Saturday 2:00 PM

Vert Stadium: R Hazeltine - 1.78m (5-10) (2022)

Meet: Brianna Smith - Duke - 1.75m (5-8¾) (4/16/2022)

Prog: 1.42- 1.47- 1.52- 1.57- 1.62- 1.67-1.70 (3cm)

Flight 1 of 1			SB		PB
1 Amelia MORELAND	FR	High Point	1.40m	4-7	1.40m 4-7
2 Omare MCBRIDE	SO	Campbell			
3 Liliana KLEMANSKI	SR	William & Mary	1.56m	5-1¼	1.56m 5-1¼
4 Marissa BLAKELY	SR	High Point	1.49m	4-10½	1.49m 4-10½
5 Marisa SANTAMAURO	SO	George Mason	1.52m	4-11¼	1.53m 5-¼
6 Ebba AHMAN	SO	High Point	1.55m	5-1	1.66m 5-5¼
7 Kalli'Ana BOTELHO	SR	Elon	1.66m	5-5¼	1.66m 5-5¼
8 Hannah SCHONHOFF	FR	Elon	1.67m	5-5¼	1.67m 5-5¼
9 Lindsey SCHMIDT	SR	George Mason	1.68m	5-6	1.70m 5-7
10 Sydney KOKER	SO	High Point	1.68m	5-6	1.68m 5-6

WOMEN LONG JUMP

Saturday 1:00 PM

Vert Stadium: Erin Marsh - Unattached - 6.21m (20-4½) (3/31/2023)

Meet: Alex Wolf - Charlotte - 6.08m (19-11½) (4/16/2022)

Flight 1 of 2			SB		PB
1 Lakelyn BASS	JR	Campbell			
2 Ebba AHMAN	SO	High Point			
3 Meghan WILCOX	SO	Elon			5.11m 16-9¼
4 Hollie THURGOOD	JR	Elon			5.11m 16-9¼
5 Lilly WOLF	SO	High Point	4.63m	15-2¼	5.11m 16-9¼
6 Hannah ANGEL	SO	Charlotte	4.89m	16-½	5.11m 16-9¼
7 Laura DEMARZI	SR	George Mason	5.30m	17-4¼	5.30m 17-4¼
8 Brenda DU TOIT	FR	Charleston Souther	5.15m ^W	16-10¼	4.59m 15-¾
9 Elizabeth DUPRAS	SO	William & Mary	5.20m	17-¾	5.20m 17-¾
10 Bailey MCCRAY	SR	Charlotte	4.82m	15-9¼	5.42m 17-9½
11 Dana ABRAHAM	SO	William & Mary	5.43m	17-9¼	5.43m 17-9¼
12 Rebecca TIRKO	FR	Charlotte	5.22m	17-1½	5.22m 17-1½
13 Kalli'Ana BOTELHO	SR	Elon	5.52m ^W	18-1½	5.38m 17-8

Flight 2 of 2

1 Sydney KOKER	SO	High Point	5.62m	18-5¼	5.62m 18-5¼
2 Chloe GREENE	SO	Charleston Souther	5.40m	17-8¼	5.49m 18-¼
3 Alexa MARK	SO	Elon	5.53m	18-1¼	5.62m 18-5¼
4 Abigail WEENING	SO	George Mason	5.47m	17-11½	5.63m 18-5¼
5 Kelsey SEBWE	JR	George Mason	5.34m	17-6¼	5.53m 18-1¼
6 Jurnee COLEMAN	JR	Charlotte	5.62m	18-5¼	5.62m 18-5¼
7 Linn HERTZ SAEBO	JR	Elon	5.78m	18-11¼	5.78m 18-11¼
8 Amanda BALLARD	FR	Campbell	5.92m ^W	19-5¼	5.74m 18-10
9 Megan HEIDBRECHT	JR	William & Mary	5.51m	18-1	5.92m 19-5¼
10 Chaunesse BARRINGER	FR	Charlotte	5.98m	19-7½	5.98m 19-7½
11 Grace FURLONG	SR	George Mason	5.99m ^W	19-8	5.97m 19-7
12 Alicia DAWSON	SR	High Point	5.88m	19-3¼	6.17m 20-3

MEN LONG JUMP

Saturday 1:00 PM

Vert Stadium: Rudon Bastlan - Unattached - 7.72m (25-4) (2015)

Meet: Freddie Allen III - High Point - 7.31m (23-11¼) (4/16/2022)

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Flight 1 of 1

			<u>SB</u>	<u>PB</u>
1 Carson KEY	SO Campbell		5.90m 19-4¼	
2 David CAIVANO	FR High Point	6.61m 21-8¼	6.61m 21-8¼	
3 Jonathan LORBEER	FR Charleston Southern	6.63m ^W 21-9	6.35m 20-10	
4 Anderson LAWLER	SO Charlotte	6.63m 21-9	6.70m 21-11¼	
5 Jayquan MICHAUX	JR Charlotte	5.93m 19-5½	6.69m 21-11½	
6 Dekairi BROWN	SR High Point	6.64m 21-9½	6.64m 21-9½	
7 Ethan DRIVER	JR Charlotte	6.29m 20-7¾	6.93m 22-9	
8 Arun MANTENA	FR George Mason			
9 Michael HENSON	SR High Point	7.05m 23-1¼	7.05m 23-1¼	
10 Jalen BRISTOW	JR Campbell		7.05m 23-1¼	
11 Larry COAXUM	SR High Point	6.93m 22-9	6.99m 22-11¼	
12 Carson WOLTER	JR Charlotte	7.07m 23-2½	7.22m 23-8¼	
13 Jordan MCNAIR	SO Charlotte	7.01m 23-0	7.01m 23-0	
14 Micah JONES	FR George Mason	7.42m 24-4¼	7.42m 24-4¼	
15 Avery SCOTT	JR Charlotte	7.27m 23-10¼	7.30m 23-11½	
16 Xavier SHIRLEY	JR George Mason		7.49m 24-7	

WOMEN TRIPLE JUMP

Saturday 2:00 PM

Vert Stadium: Sabina Allen - Campbell - 13.11m (43-¼) (4/6/2018)

Meet: Lizbeth Joseph - Liberty - 12.19m (40-0) (4/16/2022)

Flight 1 of 1

			<u>SB</u>	<u>PB</u>
1 Rebecca TIRKO	FR Charlotte	10.92m 35-10	10.92m 35-10	
2 Dana ABRAHAM	SO William & Mary	11.44m 37-6¼	11.65m 38-2¼	
3 Kristen ALLEYNE	SO George Mason	11.57m 37-11½	11.57m 37-11½	
4 Kalynn MCNAIR	SR Charlotte	10.99m 36-¾	11.66m 38-3¼	
5 Omare MCBRIDE	SO Campbell	10.85m 35-7¼	10.85m 35-7¼	
6 Dhiambi OTETE	JR George Mason	11.82m 38-9½	11.82m 38-9½	
7 Chaunesse BARRINGER	FR Charlotte	12.07m 39-7¼	12.07m 39-7¼	
8 Kelsey SEBWE	JR George Mason	11.71m 38-5	12.08m 39-7¼	
9 Linn HERTZ SAEBO	JR Elon	12.26m ^W 40-2¼	12.00m 39-4½	
10 Alicia DAWSON	SR High Point	12.77m ^W 41-10¼	12.57m 41-3	
11 Grace FURLONG	SR George Mason	12.41m 40-8¼	12.41m 40-8¼	

MEN TRIPLE JUMP

Saturday 2:00 PM

Vert Stadium: Shemar Miller - Campbell - 15.59m (51-1¼) (5/10/2022)

Meet: Jordan McNair - Charlotte - 14.18m (46-6¼) (4/16/2022)

Flight 1 of 1

			<u>SB</u>	<u>PB</u>
1 Jonathan LORBEER	FR Charleston Southern			
2 Carson KEY	SO Campbell		13.86m 45-5¼	
3 Ryan LIGHTBOURNE	SO George Mason	13.75m ^W 45-1½	13.58m 44-6¼	
4 Michael HENSON	SR High Point		13.96m 45-9¼	
5 Jordan MCNAIR	SO Charlotte	14.32m 46-11¼	14.47m 47-5¼	
6 Larry COAXUM	SR High Point	14.80m 48-6¼	14.80m 48-6¼	
7 Mikai HUNT	SO Charlotte	14.85m ^W 48-8¼	14.63m 48-0	
8 Avery SCOTT	JR Charlotte	15.39m 50-6	15.39m 50-6	
9 Andre DOUGLAS	SR Campbell	14.79m 48-6¼	15.59m 51-1¼	

WOMEN POLE VAULT

Saturday 1:30 PM

Vert Stadium: Sydney Horn - High Point - 4.45m (14-7¼) (4/2/2022)

Meet: Sydney Horn - High Point - 4.11m (13-5¼) (4/16/2022)

Prog: 3.00- 3.15- 3.30- 3.45- 3.60- 3.75- 3.90- 4.05- 4.15- 4.25- 4.35- 4.40 (5cm)

Flight 1 of 1

			<u>SB</u>	<u>PB</u>
1 Talia MCCOURY	FR Charlotte	3.10m 10-2	3.10m 10-2	
2 Ella Marley OARE	FR George Mason	3.20m 10-6	3.20m 10-6	
3 Emma GRACE	SR High Point	3.17m 10-4¼	3.55m 11-7¼	
4 Fiona BASEWITZ	SO William & Mary	3.23m 10-7	3.35m 10-11¼	
5 Kylie SKIE	SR High Point	3.40m 11-1¼	3.40m 11-1¼	

6 Chloe SOORUS	FR Campbell			
7 Lucy DOWDLE	JR Charlotte	3.30m 10-10	3.46m 11-4¼	
8 Sidney MAYS	SO George Mason	3.53m 11-7	3.53m 11-7	
9 Grady MOYER	FR High Point	3.62m 11-10½	3.62m 11-10½	
10 Elizabeth UPRIGHT	JR William & Mary	3.51m 11-6¼	3.65m 11-11¼	
11 Randy CAMPBELL	JR Charlotte		3.71m 12-2	
12 Amber ASKELSON	SO George Mason	3.68m 12-¾	3.68m 12-¾	
13 Sophie FERNANDEZ	SO William & Mary	3.85m 12-7½	3.85m 12-7½	
14 Olesya SITKOWSKI	JR William & Mary	3.75m 12-3½	3.81m 12-6	
15 Hannah ROBERTSON	SR George Mason	3.68m 12-¾	3.96m 12-11¼	
16 Alicia JOHNSON	SO Charlotte	3.65m 11-11¼	4.01m 13-2	
17 Anjali MEAD	FR High Point	4.02m 13-2¼	4.02m 13-2¼	
18 Rachel VESPER	JR High Point	4.02m 13-2¼	4.13m 13-6¼	
19 Riley FELTS	JR Charlotte	4.42m 14-6	4.42m 14-6	

MEN POLE VAULT

Saturday 3:30 PM

Vert Stadium: Scott Houston - Vaulthouse - 5.67m (18-7¼) (4/2/2022)

Meet: Erick Dufly - Duke - 5.36m (17-7) (4/16/2022)

Prog: 4.05- 4.20- 4.35- 4.50- 4.65- 4.80- 4.95- 5.10- 5.20- 5.25 (5cm)

Flight 1 of 1

			<u>SB</u>	<u>PB</u>
1 Cole HOLLIDAY	SR High Point	3.92m 12-10¼	4.41m 14-5¼	
2 Tommy DUKE	JR Charlotte	4.45m 14-7¼	4.51m 14-9¼	
3 Walter BANNERMAN	FR George Mason	4.55m 14-11	4.55m 14-11¼	
4 Daniel CAMACHO	JR Charlotte	4.30m 14-1¼	4.60m 15-1¼	
5 Maxwell ROBINSON	FR High Point	4.57m 15-0	4.57m 15-0	
6 John MINTZ	JR William & Mary		4.25m 13-11½	
7 Mason ASKEW	SO Campbell		4.41m 14-5¼	
8 Brody MYERS	SO George Mason	4.75m 15-7	4.75m 15-7	
9 Nick CALLIS	SO Charlotte	4.60m 15-1	4.70m 15-5	
10 Forest FLYNN	SR George Mason	4.48m 14-8¼	4.52m 14-10	
11 Graham GUTKNECHT	FR Charlotte	4.60m 15-1	4.60m 15-1¼	
12 Chandler WARD	JR Charlotte	4.75m 15-7	4.81m 15-9½	
13 Decker BARBOREK	SR George Mason	4.78m 15-8¼	4.81m 15-9½	
14 Thomas OLESEN	SO Charlotte	4.75m 15-7	4.75m 15-7	
15 Adam CRAIG	JR High Point	4.75m 15-7	4.85m 15-11	
16 Reid HOLLOWAY	FR High Point	4.75m 15-7	4.75m 15-7	
17 Colton OCETNIK	SO George Mason	4.78m 15-8¼	4.78m 15-8¼	
18 Marcus HESSKE	JR Charlotte	4.87m 15-11¼	4.98m 16-4¼	
19 Nick LOURENCO	FR High Point	5.07m 16-7¼	5.07m 16-7¼	
20 Jackson TUOMEY	SO High Point	4.87m 15-11¼	4.87m 15-11¼	

WOMEN DISCUS

Saturday 3:30 PM

Vert Stadium: Erica Brand - Duke - 52.27m (171-6) (2015)

Meet: Julieth Nwosu - NC A&T - 47.74m (156-7) (4/16/2022)

Flight 1 of 2

			<u>SB</u>	<u>PB</u>
1 Patience MARSHALL	SO Campbell		50.21m 164-8	
2 Olamide ENAJEKPO	FR George Mason	37.67m 123-7	37.67m 123-7	
3 Elizabeth BAILEY	SO Charlotte	38.18m 125-3	38.18m 125-3	
4 Lilly WOLF	SO High Point		31.04m 101-10	
5 Tristin OBERG	FR Elon	39.28m 128-10	39.28m 128-10	
6 Jenna DANKERT	SR Campbell		41.57m 136-4	
7 Grace GAUDIN	SR George Mason	38.16m 125-2	41.61m 136-6	
8 Teneal ELS	FR George Mason	41.78m 137-1	41.78m 137-1	

Flight 2 of 2

1 Ella CARLSON	FR William & Mary	42.05m 137-11	42.05m 137-11	
2 Zemaya CARSON	FR Charleston Southern	42.08m 138-1	42.08m 138-1	
3 Amanda SCATTERGOOD	SR High Point	40.08m 131-6	42.12m 138-2	
4 Kayla DAVIS-EDWARDS	FR Charlotte	43.83m 143-9	43.83m 143-9	

Results available at www.flashresults.com



Meet of Champions

Dick Vert Stadium
High Point, NC - High Point University
April 15, 2023



Start Lists

5 Autumn JUDD	SO Campbell	43.19m	141-8	43.90m	144-0
6 Chelsea WALLACE	SR Elon	44.23m	145-1	44.23m	145-1
7 Maya STANLEY	JR George Mason	44.95m	147-5	44.95m	147-5
8 Lauryn CARLTON	JR Elon	43.80m	143-8	45.43m	149-0
9 Letizia MARSICO	JR High Point	43.89m	144-0	47.29m	155-2
10 Sarah PULLIUM	SO Charlotte	47.52m	155-11	47.68m	156-5
11 Keeley SUZENSKI	JR William & Mary	44.32m	145-5	50.16m	164-7
12 Kaitlin MCGOOGAN	JR Elon	49.26m	161-7	50.62m	166-1

MEN DISCUS

Saturday 4:30 PM

Vert Stadium: Zorawar Otal - Duke - 62.06m (203-7) (4/1/2023)

Meet: Chris Van Niekerk - High Point - 56.97m (186-11) (4/16/2022)

Flight 1 of 1

		<u>SB</u>	<u>PB</u>
1 Keaton LEWIS	FR Campbell		
2 Garsen GROSS	SR George Mason	36.90m	121-1
3 Evan BROCK	SO Campbell		40.59m
4 Ross BAZZICHI	FR William & Mary	41.60m	136-6
5 Omar IBRAHIM	JR Campbell		44.63m
6 Jason NWOSU	FR William & Mary	45.78m	150-2
7 Alex HOFFMAN	SO High Point	43.35m	142-2
8 Timon EDELEN	JR Campbell	49.92m	163-9
9 Robert KESTYN	JR George Mason	48.75m	159-11
10 Lance PENEGAR	SO Charlotte	51.51m	169-0
11 Chris VAN NIEKERK	SR High Point	54.79m	179-9

DEC MEN 110 M HURDLES

Saturday 9:30 AM

Vert Stadium: Tevan McIntire - Liberty - 7182 (2015)

Section 1 of 3

		<u>SB</u>	<u>PB</u>
2 Karson MCKENZIE	SR Campbell		
4 Adell COLTHURST	NA Unattached		
6 Deron DUDLEY	NA Unattached		
8 Jefferson HUTCHINSON	JR Campbell		

Section 2 of 3

2 Eric GARGUILO	FR High Point		
4 Kolt BYERS	JR High Point		

Section 3 of 3

2 Michael BENNETT	Unattached	6425	
4 Evan MILLS	JR High Point	6588	
6 Felix LEBLANC	SO High Point	6059	

DEC MEN DISCUS

Saturday 9:30 AM

Vert Stadium: Tevan McIntire - Liberty - 7182 (2015)

Flight 1 of 1

		<u>SB</u>	<u>PB</u>
1 Jefferson HUTCHINSON	JR Campbell		
2 Michael BENNETT	Unattached	6425	32.10m
3 Eric GARGUILO	FR High Point		
4 Evan MILLS	JR High Point	6588	34.63m
5 Karson MCKENZIE	SR Campbell		
6 Kolt BYERS	JR High Point		
7 Felix LEBLANC	SO High Point	6059	42.03m
8 Adell COLTHURST	NA Unattached		
9 Deron DUDLEY	NA Unattached		

DEC MEN POLE VAULT

Saturday 9:30 AM

Vert Stadium: Tevan McIntire - Liberty - 7182 (2015)

Flight 1 of 1

		<u>SB</u>	<u>PB</u>
1 Jefferson HUTCHINSON	JR Campbell		
2 Felix LEBLANC	SO High Point	6059	3.80m

3 Karson MCKENZIE	SR Campbell		
4 Kolt BYERS	JR High Point		
5 Michael BENNETT	Unattached	6425	3.45m
6 Evan MILLS	JR High Point	6588	3.81m
7 Eric GARGUILO	FR High Point		
8 Adell COLTHURST	NA Unattached		
9 Deron DUDLEY	NA Unattached		

DEC MEN JAVELIN

Saturday 9:30 AM

Vert Stadium: Tevan McIntire - Liberty - 7182 (2015)

Flight 1 of 1

		<u>SB</u>	<u>PB</u>
1 Michael BENNETT	Unattached	6425	39.45m
2 Karson MCKENZIE	SR Campbell		
3 Kolt BYERS	JR High Point		
4 Jefferson HUTCHINSON	JR Campbell		
5 Evan MILLS	JR High Point	6588	53.96m
6 Eric GARGUILO	FR High Point		
7 Felix LEBLANC	SO High Point	6059	49.03m
8 Adell COLTHURST	NA Unattached		
9 Deron DUDLEY	NA Unattached		

DEC MEN 1500 M

Saturday 9:30 AM

Vert Stadium: Tevan McIntire - Liberty - 7182 (2015)

Section 1 of 1

		<u>SB</u>	<u>PB</u>
1 Michael BENNETT	Unattached	6425	
2 Jefferson HUTCHINSON	JR Campbell		
3 Evan MILLS	JR High Point	6588	
4 Karson MCKENZIE	SR Campbell		
5 Eric GARGUILO	FR High Point		
6 Felix LEBLANC	SO High Point	6059	
7 Kolt BYERS	JR High Point		
8 Adell COLTHURST	NA Unattached		
9 Deron DUDLEY	NA Unattached		