



Virginia Tech Invitational

Rector Field House
Blacksburg, VA - Virginia Tech
January 13-14, 2023



Results

WOMEN 60 M PRELIMS

1	Lauryn TAYLOR	JR	VCU	7.48	Q	PB
2	Kahniya JAMES	SO	Syracuse	7.51	Q	
3	Aniya MATTHEWS	SO	Charlotte	7.52	q	PB
4	Kayla BONNICK	SO	Virginia	7.61	q	
5	Jada SEAMAN	JR	Virginia	7.66	Q	
6	Joyasia SMITH	FR	Charlotte	7.67	q	
7	Imani RIVAS	JR	Charlotte	7.74	q	SB
8	Sarah AKPAN	FR	Virginia	7.74	q	
9	Kamryn ROSS	JR	Richmond	7.76		PB
10	Emma TAYLOR	JR	Army West Point	7.77		
11	Jasmine ALDERMAN	JR	Army West Point	7.79		
12	Dae'Nitra HESTER	SO	High Point	7.81		PB
13	Imunique ARCHIE	JR	NC State	7.83		
14	Kaleia ARRINGTON	SO	Syracuse	7.95		
15	Peyton ROLLINS	FR	Syracuse	7.95		
15	Emily COATES	FR	Liberty	7.95		PB
17	Hailey HUSTON-MYLES		Unattached	7.95		
18	Morgan MARSHALL	SO	Syracuse	7.97		
19	Nina LAVELLE	FR	Richmond	8.00		
20	Dawn HILTON	SO	Liberty	8.00		
21	Chadon FOREMAN	FR	Army West Point	8.13		
21	Modupeoluwa OWOYELE	SO	Army West Point	8.13		
23	Alexis PATTERSON	JR	NC State	8.23		

WOMEN 60 M

1	Lauryn TAYLOR	JR	VCU	7.40		PB
2	Kahniya JAMES	SO	Syracuse	7.47		SB
3	Jada SEAMAN	JR	Virginia	7.55		
4	Kayla BONNICK	SO	Virginia	7.59		
5	Aniya MATTHEWS	SO	Charlotte	7.60		
6	Joyasia SMITH	FR	Charlotte	7.65		
7	Sarah AKPAN	FR	Virginia	7.73		
8	Imani RIVAS	JR	Charlotte	7.79		SB

WOMEN 200 M

1	Lauryn TAYLOR	JR	VCU	24.20		PB
2	Jada SEAMAN	JR	Virginia	24.62		
3	Marissa BLAKELY	SR	High Point	24.97		PB
4	Dae'Nitra HESTER	SO	High Point	25.16		
5	Sarah AKPAN	FR	Virginia	25.22		
6	Shaleah COLAIRE	JR	Syracuse	25.33		
7	Jasmine ALDERMAN	JR	Army West Point	25.37		
8	Kayla BONNICK	SO	Virginia	25.39		
9	Lauryn FREEMAN	SR	VCU	25.42		PB
10	Ally HENSON	SR	NC State	25.44		PB
11	Kaleia ARRINGTON	SO	Syracuse	25.60		PB
12	Nimeesha COLEMAN	SO	Liberty	25.63		
13	Peyton ROLLINS	FR	Syracuse	25.72		
14	Jada PIERRE	SO	Virginia	25.74		SB
15	Symone FOSTER	SR	VCU	25.76		
16	Lindsay COOPER	JR	High Point	25.77		
17	Imunique ARCHIE	JR	NC State	26.06		
18	Emily COATES	FR	Liberty	26.15		
19	Chadon FOREMAN	FR	Army West Point	26.15		PB
20	Ebba AHMAN	SO	High Point	26.38		
21	Laveyah HILL	FR	Charlotte	26.70		
22	Abi CRAIG	SO	High Point	26.95		
23	Alexis PATTERSON	JR	NC State	27.08		
24	Molly WISE	FR	Richmond	27.30		

DNS	Jasmine WILLIAMS	SR	Liberty	DNS
DNS	Allison PAYTON	FR	NC State	DNS
DNS	Mya ERVIN	SO	Charlotte	DNS
DQ	Liyah JONES	SO	Charlotte	DQ [R: 7.5-2b]

WOMEN 400 M

1	Dae'Nitra HESTER	SO	High Point	56.70	PB
2	Marissa BLAKELY	SR	High Point	56.91	PB
3	Lindsay COOPER	JR	High Point	56.91	PB
4	Abby COMELLA	SO	Virginia	57.56	SB
5	Ebba AHMAN	SO	High Point	57.86	PB
6	Shayla BONZELET	JR	Army West Point	58.54	PB
7	Laveyah HILL	FR	Charlotte	59.15	
8	Caroline LEWIS	JR	NC State	59.35	
9	Lara WESTWOOD-MARSH	JR	Army West Point	59.70	SB
10	Nia MCMILLAN	JR	VCU	59.74	
11	Abi CRAIG	SO	High Point	59.84	
12	Mya ERVIN	SO	Charlotte	1:01.70	
13	Ellie BEVAN	SO	Liberty	1:03.90	
DNS	Indea CARTWRIGHT	SO	Liberty	DNS	

WOMEN 800 M

1	Caroline DONOHOE	FR	Richmond	2:17.27	
2	Nikki FRAIL	SO	High Point	2:17.85	PB
3	Camryn HARPER	SR	High Point	2:18.28	
4	Joanna POLAND	FR	High Point	2:18.74	
5	Mikayla MOXLEY	FR	High Point	2:19.03	
6	Dylan MILLER	SO	Richmond	2:19.51	PB
7	Emily RZUCIDLO	SO	Richmond	2:25.54	
8	Lindsay COLFLESH	SO	Richmond	2:25.79	

WOMEN 1 MILE

1	Georgia JONES	JR	Army West Point	4:50.87	
2	Joanna HALFHILL	SO	Army West Point	4:55.11	PB
3	Olive ALLEN	SR	High Point	4:58.57	
4	Lauren JOHNSTON	SO	Charlotte	5:01.09	
5	Jessica PALISCA	FR	Liberty	5:03.23	
6	Jenna NEWMAN	JR	Charlotte	5:04.65	PB
7	Nicole RE	FR	Virginia Tech	5:11.40	PB
8	Naomi ARMSTRONG	SR	Liberty	5:11.48	
9	Camryn HARPER	SR	High Point	5:13.73	
10	Maxana GRUBB	SO	Virginia Tech	5:16.41	
11	Laurynn SISNEROS	SO	Army West Point	5:19.25	PB
12	Mikayla MOXLEY	FR	High Point	5:19.44	
13	Allison COLFLESH	SO	Richmond	5:19.87	
14	Nikki FRAIL	SO	High Point	5:22.30	
15	Kristiana YOUNG	JR	Liberty	5:24.62	
16	Ellie PENCE		Unattached	5:40.06	
DNF	Katrina FORD	FR	Charlotte	DNF	
DNS	Mackenna CURTIS-COLLINS	SR	Wake Forest	DNS	

WOMEN 3000 M

1	Mackenna CURTIS-COLLINS	SR	Wake Forest	9:23.71	
2	Lindsey BUTLER	JR	Virginia Tech	9:27.05	
3	Calli DOAN	SR	Liberty	9:36.19	PB
4	Emily AKIN	SR	Wake Forest	9:45.46	PB
5	Hannah BALLOWE	JR	Virginia Tech	9:49.32	PB
6	Madison TRIPPETT	SO	Richmond	9:50.33	
7	Marie HOSTETLER	SO	Liberty	9:56.19	
8	Elizabeth STOCKMAN	SO	Richmond	10:08.46	



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Results

9 Claire LEWIS	FR	Army West Point	10:13.05	
10 Priscilla KPLAGAT	JR	Liberty	10:31.46	
11 Lily SNOW	JR	Richmond	10:35.34	
12 Abigail MCILVAIN	SO	Army West Point	10:36.43	PB
13 Lily NUNNERY	SR	Army West Point	10:47.90	
14 Sophia SANDY	JR	Army West Point	10:48.00	
DNF Alli BOEHM	SO	Wake Forest	DNF	
DNS Anna HOSTETLER	SR	Liberty	DNS	

WOMEN 60 M HURDLES PRELIMS

1 Layla ANDERSON	SO	Virginia Tech	8.30	Q	PB
2 Cierra PYLES	SR	Virginia Tech	8.46	Q	=PB
3 Symone FOSTER	SR	VCU	8.48	Q	PB
4 Jasmine WILLIAMS	SR	Liberty	8.49	q	=PB
5 Lauryn FREEMAN	SR	VCU	8.59	Q	SB
6 Ally HENSON	SR	NC State	8.61	q	
7 Alix STILL	SR	Virginia	8.65	q	
8 Kamryn ROSS	JR	Richmond	8.72	q	
9 Shaleah COLAIRE	JR	Syracuse	8.73		
9 Lindsay COOPER	JR	High Point	8.73		
11 Ebba AHMAN	SO	High Point	8.83		
12 Jada PIERRE	SO	Virginia	8.84		
13 Jurnee COLEMAN	SO	Charlotte	8.97		
14 Peyton ROLLINS	FR	Syracuse	8.98		
15 Jailah CHANNER	JR	VCU	9.03		PB
16 Lijah JONES	SO	Charlotte	9.16		
17 Sydney BEVERLY	JR	Virginia Tech	9.18		
18 Thai DOUGLAS	FR	Army West Point	9.37		
19 Jakerra COVINGTON	FR	NC State	9.45		
20 Zoe EGGLESTON	SO	Army West Point	9.46		
21 Hannah ANGEL	SO	Charlotte	9.74		
22 Isabella PALCHAK	JR	Army West Point	10.19		
DNS Saydee AGANUS	JR	Army West Point	DNS		
DNS Syvanna METCALFE	SR	VCU	DNS		
DNS Indea CARTWRIGHT	SO	Liberty	DNS		

WOMEN 60 M HURDLES

1 Layla ANDERSON	SO	Virginia Tech	8.28		PB
2 Symone FOSTER	SR	VCU	8.40		PB
3 Jasmine WILLIAMS	SR	Liberty	8.46		PB
4 Ally HENSON	SR	NC State	8.54		
5 Alix STILL	SR	Virginia	8.63		
DNF Cierra PYLES	SR	Virginia Tech	DNF		
DNF Lauryn FREEMAN	SR	VCU	DNF		
DNS Kamryn ROSS	JR	Richmond	DNS		

WOMEN 4X400 M RELAY

1 VIRGINIA	3:45.23	SB
2 VCU	3:49.54	SB
3 ARMY WEST POINT	3:52.27	SB
DNS VCU B	DNS	
DNS ARMY WEST POINT B	DNS	

WOMEN DMR

1 VIRGINIA B	11:24.37	
2 VIRGINIA	11:24.44	
3 RICHMOND	12:00.25	
4 VCU	12:39.15	
5 ARMY WEST POINT	12:59.42	

WOMEN HIGH JUMP

1 Nayome SHIPP	SO	VCU	1.70m	5-7	SB
2 Kacy COX	SO	Liberty	1.65m	5-5	PB
3 Alix STILL	SR	Virginia	1.65m	5-5	
4 Isabella PALCHAK	JR	Army West Point	1.60m	5-3	=SB
4 Dasia MAYO	SR	VCU	1.60m	5-3	
6 Carly TARENTINO	SO	Virginia	1.60m	5-3	
6 Zoe WHALEY	FR	Army West Point	1.60m	5-3	
8 Jakerra COVINGTON	FR	NC State	1.55m	5-1	PB
9 Thai DOUGLAS	FR	Army West Point	1.55m	5-1	
DNS Anna WORTH	SO	Liberty		DNS	
NH Nataleigh CANTU	SR	Army West Point		NH	

WOMEN POLE VAULT

1 Bridget WILLIAMS		Team Essx	4.76m	15-7½	FR
2 Rachel BAXTER		Team Essx	4.55m	14-11	
3 Sydney HORN	JR	High Point	4.45m	14-7½	SB
4 Kristen BROWN		Team Essx	4.45m	14-7½	
5 Julia FIXSEN	JR	Virginia Tech	4.45m	14-7½	
6 Kenna STIMMEL	FR	Virginia Tech	4.25m	13-11½	
7 Journey GURLEY	SO	Virginia Tech	4.15m	13-7½	
8 Mackenzie HORN	SR	High Point	4.15m	13-7½	SB
9 Trina BARCAROLA	SO	Virginia	4.00m	13-1½	
9 Hanne BORSTLAP	SR	Virginia	4.00m	13-1½	
9 Sarah BROWN	SO	Charlotte	4.00m	13-1½	SB
12 Hayley HORVATH	SR	Virginia Tech	3.85m	12-7½	
13 Rachel VESPER	JR	High Point	3.85m	12-7½	
NH Robin BONE		Team Essx		NH	

WOMEN LONG JUMP

1 Jirah SIDBERRY	SR	NC State	5.95m	19-6¼	
2 Hailey HUSTON-MYLES		Unattached	5.89m	19-4	
3 Molly WISE	FR	Richmond	5.88m	19-3½	
4 Alicia DAWSON	SR	High Point	5.87m	19-3¼	SB
5 Makenzy MIZERA	JR	Liberty	5.73m	18-9¼	
6 Jordan HARDY	FR	Virginia	5.73m	18-9¼	
7 Ayanna JOHNSON		Unattached	5.66m	18-7	
8 Selkis ELONG	FR	VCU	5.58m	18-3¼	
9 Rebecca TIRKO	FR	Charlotte	5.51m	18-1	PB
10 Zahra BICHARA	SO	NC State	5.49m	18-¼	PB
11 Chaunesse BARRINGER	FR	Charlotte	5.46m	17-11	
12 Timara CHAPMAN	SR	NC State	5.33m	17-6	
13 Amani HANKTON	SO	Liberty	5.31m	17-5¼	
14 Taylor JAMES	JR	VCU	5.28m	17-4	PB
15 Jurnee COLEMAN	SO	Charlotte	5.26m	17-3¼	
16 Zoe EGGLESTON	SO	Army West Point	5.17m	16-11½	PB
17 Jailah CHANNER	JR	VCU	5.13m	16-10	
18 Jordan PRINGLE	SR	High Point	5.08m	16-8	
19 Kalliauna POWERS	SO	Army West Point	4.95m	16-3	PB
20 Bailey MCCRAY	SR	Charlotte	4.93m	16-2¼	
21 Modupeoluwa OWOYELE	SO	Army West Point	4.66m	15-3½	
DNS Jakerra COVINGTON	FR	NC State		DNS	
DNS Chelsea DAVIS	FR	VCU		DNS	

WOMEN TRIPLE JUMP

1 Jirah SIDBERRY	SR	NC State	12.71m	41-8½	
2 Cierra PYLES	SR	Virginia Tech	12.60m	41-4¼	
3 Jordan HARDY	FR	Virginia	12.46m	40-10½	
4 Makenzy MIZERA	JR	Liberty	12.32m	40-5	
5 Alicia DAWSON	SR	High Point	12.23m	40-1½	SB



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6 Raquel HAWKINS	SR	VCU	11.65m	38-2¼	
7 Jordan PRINGLE	SR	High Point	11.53m	37-10	SB
8 Sydney CARR	SO	VCU	11.49m	37-8½	SB
9 Rebecca TIRKO	FR	Charlotte	11.27m	36-11¼	PB
X Chaunesse BARRINGER	FR	Charlotte		X	
X Maddy HUNT	SO	Liberty		X	
X Nahsheeda FACEY	SO	NC State		X	
DNS Molly WISE	FR	Richmond		DNS	
DNS Chelsea DAVIS	FR	VCU		DNS	

WOMEN SHOT PUT

1 Essence HENDERSON	SR	Virginia Tech	16.38m	53-9	
2 Katie SEYFANG	SO	Virginia Tech	16.28m	53-5	=PB
3 Ashley ANUMBA	SR	Virginia	15.16m	49-9	
4 Janae PROFIT	SO	Virginia	14.79m	48-6¼	PB
5 Kayley RAGAZZINI	JR	Army West Point	14.59m	47-10½	
6 Brooke LUMPKIN	SO	Virginia	14.49m	47-6½	
7 Megan MANN	SO	Liberty	14.22m	46-8	PB
8 Barbara ANTWI	JR	Army West Point	14.03m	46-½	PB
9 Eryn BYRD	SO	VCU	13.96m	45-9¼	
10 Kayla DAVIS-EDWARDS	FR	Charlotte	13.28m	43-7	
11 Bree LUMPKIN	SO	Virginia	12.84m	42-1½	
12 Sydney FREEMAN	FR	NC State	12.65m	41-6	
13 Kali GRAYSON	SO	Liberty	12.45m	40-10¼	
14 Like MATALATALA	FR	VCU	12.16m	39-10¼	PB
15 Sofia MOJICA	SO	Liberty	12.13m	39-9¼	
16 Jocelyn MIDKIFF	SR	VCU	12.04m	39-6	
17 Sophia DYKSTRA	SO	Army West Point	11.98m	39-3¼	PB
18 Mikki COVINGTON	SR	NC State	11.74m	38-6¼	
19 Katie HORNE	FR	NC State	11.50m	37-8¼	
20 Sarah PULLIUM	SO	Charlotte	11.08m	36-4¼	
21 Jurnee COLEMAN	SO	Charlotte	8.89m	29-2	
22 Hannah ANGEL	SO	Charlotte	7.32m	24-¼	
DNS Mahkayla HART	SO	NC State		DNS	
DNS Desiree AKAOLISA	FR	VCU		DNS	
DNS Katrin BRZYSZKOWSKA		Unattached		DNS	

WOMEN WEIGHT

1 Rebecca MAMMEL	SR	Virginia Tech	22.96m	75-4	
2 Sara KILLINEN	SO	Virginia Tech	22.17m	72-9	
3 Makala WRIGHT	SO	NC State	19.05m	62-6	PB
4 Gudrun HALLGRIMSDOTTIR	SO	VCU	18.73m	61-5½	PB
5 Paola BUENO	FR	Liberty	18.69m	61-4	PB
6 Kayley RAGAZZINI	JR	Army West Point	18.06m	59-3	
7 Eryn BYRD	SO	VCU	17.39m	57-¾	
8 Megan MANN	SO	Liberty	17.18m	56-4½	
9 Mahkayla HART	SO	NC State	17.15m	56-3¼	PB
10 Sofia MOJICA	SO	Liberty	16.59m	54-5¼	PB
11 Sydney FREEMAN	FR	NC State	15.89m	52-1¾	
12 Annika HANTHO	SO	Liberty	15.61m	51-2¾	SB
13 Bree LUMPKIN	SO	Virginia	15.29m	50-2	
14 Sophia DYKSTRA	SO	Army West Point	15.04m	49-4¼	
15 Kiana EMERSON	FR	Army West Point	14.74m	48-4½	
16 Jada MARSH	SO	Virginia	13.55m	44-5½	
17 Brooke LUMPKIN	SO	Virginia	13.23m	43-5	
18 Like MATALATALA	FR	VCU	12.98m	42-7	PB
19 Sarah PULLIUM	SO	Charlotte	11.33m	37-2¼	
DNS Desiree AKAOLISA	FR	VCU		DNS	
DNS Barbora STEJFOVA		Unattached		DNS	

MEN 60 M PRELIMS

1 Cole BECK	SR	Virginia Tech	6.66	Q	
2 Omari LEWIS	SO	Liberty	6.76	Q	PB
3 Ali DIABY	SO	Virginia Tech	6.77	Q	PB
4 Trei THOROGOOD	SO	Syracuse	6.77	Q	
5 Kahleje TILLMON	SO	Virginia Tech	6.77	Q	
6 Deron DUDLEY	JR	High Point	6.78	q	
7 DeMarkes STRADFORD	SR	Charlotte	6.83	q	
8 Donald MCCLINTON	SR	Liberty	6.86	q	PB
9 Ethan ROACH	SR	High Point	6.87		
10 Jaiden VENTOUR	SR	Charlotte	6.89		PB
11 Henry YOUNG	SR	NC State	6.91		PB
12 Justin WALLACE	JR	VCU	6.93		
13 Isaiah GADSON	JR	NC State	6.95		
14 Lamar DAVIS	SR	VCU	6.95		
15 Daijon RICHARDS	JR	Syracuse	6.97		
16 Nelson LOMICK	JR	Charlotte	6.98		PB
17 Chad BLAKER	SO	Virginia Tech	6.99		PB
18 Aubrey BRYANT	FR	VCU	6.99		PB
19 Tucker CONINE	SO	High Point	7.01		PB
20 Nigal DAVIS	JR	Virginia	7.01		
21 Freddie ALLEN III	SR	High Point	7.06		SB
22 Jerlan FISH	SO	Virginia	7.08		PB
22 Jaylin MILTON-HALL	FR	Charlotte	7.08		
24 Jackson BIRDSEYE	FR	Liberty	7.08		
25 Brian MATTHEWS	JR	Army West Point	7.10		
26 Jay PENDARVIS	SO	Virginia	7.10		
27 Christopher BURGE		Unattached	7.12		
28 Jeremiah GULLEY		Unattached	7.13		
29 Daiquaun FAIRCLOTH	SR	VCU	7.21		
30 Ronald WHITE	FR	Army West Point	7.23		PB
DNS Cameron MURRAY	SR	NC State	DNS		
FS Alex LANG	SR	NC State	FS		
DNS Josh BROCKMAN	SR	NC State	DNS		

MEN 60 M

1 Cole BECK	SR	Virginia Tech	6.66		
2 Ali DIABY	SO	Virginia Tech	6.71		PB
3 Deron DUDLEY	JR	High Point	6.77		
4 Kahleje TILLMON	SO	Virginia Tech	6.77		
5 Omari LEWIS	SO	Liberty	6.78		=PB
6 Trei THOROGOOD	SO	Syracuse	6.83		
7 DeMarkes STRADFORD	SR	Charlotte	6.84		
8 Donald MCCLINTON	SR	Liberty	7.63		

MEN 200 M

1 Deron DUDLEY	JR	High Point	21.64		
2 Jay PENDARVIS	SO	Virginia	21.74		
3 Omari LEWIS	SO	Liberty	21.93		
4 Brian MATTHEWS	JR	Army West Point	22.56		PB
5 Jaylin MILTON-HALL	FR	Charlotte	22.56		
6 Carlton LANDINGHAM	FR	Syracuse	22.58		
7 James NMAH	SO	Syracuse	22.65		
8 Nigal DAVIS	JR	Virginia	22.67		
9 Ronald WHITE	FR	Army West Point	22.68		PB
10 Elijah BELLAMY	JR	Army West Point	22.72		
11 Nelson LOMICK	JR	Charlotte	22.83		
12 Sidney LITTLEJOHN	JR	Charlotte	22.84		PB
13 Julian BENNETT	FR	High Point	22.90		PB
14 Isaiah MUSE	FR	High Point	22.99		



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15 Trent STRACHAN	SR	High Point	23.40	PB
16 Aubrey BRYANT	FR	VCU	23.65	
17 Jack GOURLEY		Unattached	24.11	
DNS Emmanuel WALLER	SR	VCU	DNS	
DNS Aidan BRITT	SO	High Point	DNS	
DNS Terris BURTON	SR	High Point	DNS	
DQ Justin WALLACE	JR	VCU	DQ [R: 7.5-2b]	
DQ Daniel SOMMERHALDER	SO	Army West Point	DQ [R: 7.5-2b]	
DNS Freddie ALLEN III	SR	High Point	DNS	
DNS Donny LEE	SO	Charlotte	DNS	

MEN 400 M

1 Alex SHERMAN	SO	Virginia	47.90	PB
2 Luke GRINER	JR	Army West Point	48.13	
3 Elonzo BURROUGHS	FR	Liberty	49.09	
4 Kameron AUSTIN	FR	Charlotte	49.79	
5 Kasen JEITZ	FR	Army West Point	49.82	
6 Nathan FLEXMAN	SO	Charlotte	49.94	
7 Terris BURTON	SR	High Point	50.49	
8 Ryan MCDONAGH	SO	Army West Point	50.73	
9 Isaiah MUSE	FR	High Point	51.07	PB
10 Daniel LEJA	FR	Liberty	51.13	
11 Emmanuel WALLER	SR	VCU	51.14	
12 Jack PERREAULT	SR	Army West Point	51.16	
13 Julian BENNETT	FR	High Point	51.19	PB
14 Trent STRACHAN	SR	High Point	51.26	SB
DNS Aidan BRITT	SO	High Point	DNS	

MEN 800 M

1 Andrew MALLO	FR	Charlotte	1:53.73	
2 Warner CAMPBELL	FR	Charlotte	1:56.33	
3 Dylan MARROTTE	JR	Charlotte	1:56.55	PB
4 Caden SMITH	SO	Army West Point	1:57.24	
5 Torin CHRISTIANSON	JR	Army West Point	1:58.56	
6 Gideon ROTHCHILD	JR	Army West Point	1:59.61	

MEN 1 MILE

1 Athanas KIOKO		WFTC	4:05.30	
2 Ryan DREW		Unattached	4:07.19	
3 Joaquin MARTINEZ DE PINIL	JR	Wake Forest	4:07.57	
4 Hocine BOUCHRAK		Unattached	4:08.34	
5 Tristian MERCHANT	SO	Liberty	4:08.72	
6 Graham MUSSMON	FR	Liberty	4:09.97	
7 Kyle HARKABUS	SO	Liberty	4:11.41	
8 Tim HAUGHTON	SO	Charlotte	4:12.55	
9 Joseph PEARL	SR	Wake Forest	4:14.48	
10 Bryce ANDERSON	SO	Charlotte	4:15.02	PB
11 Nicholas PLANT		Unattached	4:15.09	
12 Andrew KIVETT	SO	Wake Forest	4:15.19	PB
13 Pedro BRAVO	FR	Wake Forest	4:15.78	PB
14 Garrett WINTER		Unattached	4:16.57	
15 Daniel VO	SR	Charlotte	4:16.78	PB
16 Nathan DAVIS	FR	Army West Point	4:18.51	
17 Blake FAIRBANKS		Unattached	4:18.72	
18 Jack DAILEY	SR	Wake Forest	4:20.09	
19 Kendall PHILLIPS	SO	VCU	4:23.21	PB
20 Noah PETERSON	SR	VCU	4:25.63	PB
21 Nathan GEYER	FR	Charlotte	4:31.42	
22 Zachary SIMON	SR	Army West Point	4:33.60	
23 Charlie STOCK		Unattached	4:35.50	

24 Aiden SOTO	FR	High Point	4:41.12
DNS Dan SCHAFFER		Zap Endurance	DNS
DNS Matthew PORTER	SR	Army West Point	DNS
DNS Jaden LUCZAK	SO	VCU	DNS

MEN 3000 M

1 Ryan FORD		Zap Endurance	8:05.09	
2 Paul SPECHT	FR	Wake Forest	8:11.44	
3 Garrett GOUGH	SR	Army West Point	8:13.39	
4 Daniel WINTER	FR	Wake Forest	8:15.21	
5 Arlo LUDEWICK	SR	Virginia Tech	8:22.47	
6 Ryan CHEVALIER		Unattached	8:23.06	
7 Nicholas KIPROTICH	SO	Liberty	8:23.64	
8 Thomas VO	JR	Army West Point	8:23.95	
9 Gavin EHLERS	FR	Wake Forest	8:25.13	
10 William JONES	FR	Virginia Tech	8:25.41	
11 Jack COTTRELL	FR	Liberty	8:26.72	
12 Alec FLEMING	JR	Virginia Tech	8:28.11	
13 Braden LANGE	SO	Charlotte	8:30.64	PB
14 Arnav TIKHE	FR	Virginia Tech	8:36.32	
15 Brannon ADAMS		Unattached	8:37.52	
16 Isaac MORRIS	SO	Army West Point	8:45.31	PB
17 Landon DINKEL		Unattached	8:49.10	
18 Jackson O'HARA	SO	Charlotte	9:03.92	
DNF Caleb OLSON	JR	Liberty	DNF	
DNF Dallin LEATHAM		Unattached	DNF	
DNS Luke LUSSKIN	JR	Army West Point	DNS	

MEN 60 M HURDLES PRELIMS

1 Jaheem HAYLES	JR	Syracuse	7.93	Q	
2 Sidney LITTLEJOHN	JR	Charlotte	8.09	Q	SB
3 David FRASIER	FR	Virginia	8.14	Q	
4 Anthony VAZQUEZ	JR	Syracuse	8.15	q	
5 Naseem SMITH	JR	Syracuse	8.17	Q	
6 Peter DJAN	FR	Virginia	8.22	q	
7 Daiqwaun FAIRCLOTH	SR	VCU	8.31	q	
8 Austin HERNANDEZ	FR	Army West Point	8.32	q	
9 Sean MURPHY	JR	Virginia Tech	8.33		PB
10 Clay ECKERT		Unattached	8.37		
11 Luke ANDERSON	SO	Liberty	8.39		SB
12 Jacob SPOTSWOOD	SR	Virginia Tech	8.41		
13 Terris BURTON	SR	High Point	8.50		SB
14 Thomas OLESEN	SO	Charlotte	8.57		PB
15 Connor WETHERINGTON	FR	Charlotte	8.72		
16 Tyler JAMISON	FR	Army West Point	8.73		
17 Nicholas AMOROSO	SO	Army West Point	8.75		
18 Canyon HALL	FR	Army West Point	8.84		PB
19 Trent STRACHAN	SR	High Point	8.88		
20 Jeremiah GULLEY		Unattached	8.98		
DNS Samuel MUTISO	SO	Syracuse	DNS		
DNS Henry SULLIVAN	FR	Virginia	DNS		
DNS Felix LAWRENCE	JR	Liberty	DNS		
DNS David PETERS	SO	Syracuse	DNS		
DNS Marcus WILSON	JR	VCU	DNS		
DNS Emanuel JOSEPH	FR	Syracuse	DNS		

MEN 60 M HURDLES

1 Jaheem HAYLES	JR	Syracuse	7.86	
2 Peter DJAN	FR	Virginia	8.05	PB
3 Anthony VAZQUEZ	JR	Syracuse	8.08	



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4 David FRASIER	FR	Virginia	8.14	
5 Daiqwaun FAIRCLOTH	SR	VCU	8.16	=PB
6 Naseem SMITH	JR	Syracuse	8.16	
7 Sidney LITTLEJOHN	JR	Charlotte	8.17	
8 Austin HERNANDEZ	FR	Army West Point	8.26	

MEN 4X400 M RELAY

1 VIRGINIA TECH	3:09.60	
2 VCU	3:14.58	SB
3 ARMY WEST POINT	3:14.96	SB
4 VIRGINIA	3:15.89	SB
5 ARMY WEST POINT B	3:22.82	
DNF CHARLOTTE	DNF	
DNF VIRGINIA TECH B	DNF	

MEN DMR

1 VIRGINIA B	9:37.44	
2 VIRGINIA C	9:42.16	
3 VIRGINIA	9:42.20	
DNF VCU	DNF	
DNF VIRGINIA D	DNF	

MEN HIGH JUMP

1 Kyzaiah STONE	FR	NC State	2.15m	7-½	
2 Kennedy SAUDER	SO	Liberty	2.10m	6-10¾	SB
3 Shyhiem SCOTLAND	SO	Charlotte	2.10m	6-10¾	=SB
4 Aidan CLARK	SO	Virginia Tech	2.10m	6-10¾	
5 Gabriel WILLIS	SO	Liberty	2.05m	6-8¾	SB
6 Elijah BELL	SO	Virginia Tech	2.05m	6-8¾	
7 Talon ESTES	JR	Army West Point	2.05m	6-8¾	PB
8 Chris SMITH	SO	Charlotte	1.95m	6-4¾	PB
9 Austin HERNANDEZ	FR	Army West Point	1.95m	6-4¾	
10 Trevor THOMAS	JR	VCU	1.90m	6-2¾	
10 Carson WOLTER	SO	Charlotte	1.90m	6-2¾	=SB

MEN POLE VAULT

1 Deakin VOLZ	Team	Essx	5.60m	18-4½	
2 Keon HOWE	Unattached		5.50m	18-½	=PB
3 Scott HOUSTON	Vaulthouse		5.30m	17-4½	
4 Jacob RICE	JR	Virginia Tech	5.20m	17-¾	
5 Jackson TUOMEY	SO	High Point	5.05m	16-6¾	PB
6 Sam YOUNG	Unattached		5.05m	16-6¾	
7 Ethan HULL	SR	Army West Point	4.90m	16-¾	=SB
7 Ethan HESSON	JR	Army West Point	4.90m	16-¾	SB
9 Nick LOURENCO	FR	High Point	4.90m	16-¾	PB
10 Anders JANES	SR	Liberty	4.90m	16-¾	SB
11 Justin ROGERS	FR	Virginia	4.75m	15-7	
DNF Harrison RICE	SR	Virginia Tech		DNF	
NH Marcus HESSKE	SO	Charlotte		NH	
NH Joey BADALAMENTI	JR	Virginia Tech		NH	
NH Jacob SPOTSWOOD	SR	Virginia Tech		NH	

MEN LONG JUMP

1 Lamar DAVIS	SR	VCU	7.39m	24-3	
2 Avery SCOTT	SO	Charlotte	7.31m	23-11¾	PB
3 Caleb STEPHENS	SO	Virginia Tech	7.14m	23-5¼	
4 Freddie ALLEN III	SR	High Point	7.11m	23-4	SB
5 David COLES	SO	VCU	7.11m	23-4	PB
6 Heldi VALIKAJ	SO	Virginia	6.96m	22-10	
7 Larry COAXUM	SR	High Point	6.88m	22-7	SB

8 William SISTRUCK	SO	NC State	6.86m	22-6¼	
9 Clay ECKERT		Unattached	6.78m	22-3	
10 Jeremiah GULLEY		Unattached	6.72m	22-¾	
11 Dekairi BROWN	JR	High Point	6.71m	22-¼	
12 Ethan DRIVER	JR	Charlotte	6.61m	21-8¼	
13 Sean MURPHY	JR	Virginia Tech	6.59m	21-7½	
14 Michael HENSON	SR	High Point	6.57m	21-6¼	
15 David COUNTS	SR	Army West Point	6.54m	21-5½	
16 Carson WOLTER	SO	Charlotte	6.53m	21-5¼	
17 Philip DANIEL	FR	VCU	6.13m	20-1½	
X Jordan MCNAIR	SO	Charlotte		X	
DNF Joshua SMITH	FR	Liberty		DNF	
DNF Cameron MURRAY	SR	NC State		DNF	
DNF Jamar DAVIS	SR	NC State		DNF	
DNF Quinten CLAY	JR	Liberty		DNF	

MEN TRIPLE JUMP

1 Chauncey CHAMBERS	SR	Virginia Tech	16.03m	52-7¼	
2 Quinten CLAY	JR	Liberty	15.30m	50-2½	PB
3 Jamar DAVIS	SR	NC State	15.25m	50-½	
4 David COLES	SO	VCU	14.93m	48-11¼	PB
5 Avery SCOTT	SO	Charlotte	14.90m	48-10¼	PB
6 Shane WANG	FR	Liberty	14.86m	48-9	
7 Joshua SMITH	FR	Liberty	14.85m	48-8¾	
8 Larry COAXUM	SR	High Point	14.43m	47-4¼	SB
9 Philip DANIEL	FR	VCU	14.35m	47-1	
10 Blanco MOLUALISI	FR	Virginia Tech	14.33m	47-¼	
11 Mikai HUNT	SO	Charlotte	14.04m	46-¾	
12 Michael HENSON	SR	High Point	14.03m	46-½	PB
13 Shyhiem SCOTLAND	SO	Charlotte	13.54m	44-5¼	
X Jordan MCNAIR	SO	Charlotte		X	

MEN SHOT PUT

1 Warren BARRETT	JR	Liberty	18.95m	62-2¼	
2 Tyson JONES	SR	Virginia Tech	18.44m	60-6	
3 Kevin NEDRICK	SR	Liberty	17.38m	57-¼	
4 Jacob SOORUS	SO	Charlotte	15.97m	52-4¼	
5 Desmond COLEMAN	FR	Liberty	15.96m	52-4¼	PB
6 Jaekob VOLLBRECHT	SR	VCU	15.94m	52-3¾	
7 Robby MANSE	FR	Army West Point	15.17m	49-9¼	
8 Lance PENEGAR	SO	Charlotte	15.08m	49-5¼	
9 Luke NOONAN	SO	Army West Point	15.06m	49-5	
10 Justin BARNETT	SR	VCU	14.45m	47-5	
11 Kyle PATEL	SR	Army West Point	14.43m	47-4¼	
12 Nathan LAU	FR	NC State	14.41m	47-3½	
13 Coby COCKRELL	SR	VCU	14.34m	47-¾	
14 Canyon HALL	FR	Army West Point	12.92m	42-4¾	
15 Connor WETHERINGTON	FR	Charlotte	12.20m	40-½	
16 Thomas OLESEN	SO	Charlotte	11.29m	37-½	PB

MEN WEIGHT

1 Jacob LEMMON	SO	Virginia	20.47m	67-2	PB
2 Cameron SMITH	JR	Army West Point	18.83m	61-9½	
3 Jurcek KOPIC LESJAK	JR	Charlotte	18.32m	60-1¼	
4 John FAY	FR	Virginia	18.31m	60-1	
5 Jaekob VOLLBRECHT	SR	VCU	18.05m	59-2¼	
6 Coby COCKRELL	SR	VCU	17.41m	57-1½	SB
7 Stuart FOLKERTS	JR	Liberty	16.66m	54-8	
8 Nathan LAU	FR	NC State	16.16m	53-¼	
9 Lance PENEGAR	SO	Charlotte	15.95m	52-4	



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10 Christian HICKS	UNAT-Liberty	15.12m	49-7 1/4
11 Jake NWOSU	SO Army West Point	14.28m	46-10 1/4
X Robby MANSE	FR Army West Point		X
DNS Khalil BEDOUI	JR Virginia Tech		DNS

WOMEN 1000 M

1 Star PRICE	SO Virginia Tech	2:48.13	
2 Ava HASSEBROCK	SO Virginia Tech	2:48.66	
3 Kyra KEURENTJES	JR Richmond	2:50.06	
4 Kayla O'CONNELL	JR Richmond	2:54.28	
5 Karoline DALAND	SR Charlotte	2:56.51	PB
6 Lauren TUNNELL	FR VCU	2:57.88	PB
7 Melissa JACHIM	SO Army West Point	2:58.21	PB
8 Mackenzie HART	FR Wake Forest	2:59.81	
9 Chase KAPPELER	SO Virginia Tech	3:01.04	
10 Kylie COOPER	Unattached	3:01.13	
11 Samantha TROUP	SO Liberty	3:03.88	PB
12 Sarah BECHTEL	SO Charlotte	3:05.67	PB
13 Ava MILLER	FR VCU	3:05.87	
14 Erika RAPP	SR Army West Point	3:06.37	
15 Olivia FISCHLEIN	FR Charlotte	3:08.96	
16 Emmaline PENDLETON	FR Army West Point	3:14.93	
DNS Izzy BLAYLOCK	SO Richmond		DNS

MEN 1000 M

1 Viktor IDHAMMAR	FR Virginia Tech	2:23.46	
2 Declan RYMER	Unattached	2:23.71	
3 Dan SCHAEFFER	Zap Endurance	2:24.28	
4 Isaiah SCHULTIES	SO Liberty	2:24.43	PB
5 Mitchell BURR	JR Army West Point	2:24.47	PB
6 Zach BEALE	JR Charlotte	2:25.01	PB
7 Jeremiah RASMUSSEN	SR Army West Point	2:25.99	PB
8 Brendan PITCHER	FR Liberty	2:26.57	
9 Graham FERGUSON	SO High Point	2:27.34	PB
10 Gunner HOGSTON	SO Charlotte	2:29.33	
11 Jacob GALLANT	SO Charlotte	2:29.42	
12 Myles PLUMMER	FR Virginia	2:29.92	
13 Bryce REEBURGH	Unattached	2:31.58	
14 Caden SMITH	SO Army West Point	2:31.65	
15 Maddon MUHAMMAD	SO Charlotte	2:32.22	
16 Trevor MASON	Unattached	2:33.16	
17 Jonny HOUSE	SR High Point	2:33.54	
18 Gideon ROTHCHILD	JR Army West Point	2:35.14	
19 Ben MADRIGAL	Unattached	2:37.06	
20 Tyler MODZERJEWSKI	Unattached	2:38.74	
DNS Aiden SOTO	FR High Point		DNS

WOMEN 300 M

1 Ta-halia FAIRMAN	JR Charlotte	38.13	PB
2 Layla ANDERSON	SO Virginia Tech	38.74	PB
3 Simone PIERRE	JR VCU	39.57	
4 Aniya MATTHEWS	SO Charlotte	39.61	PB
5 Karah MOORE	JR VCU	39.85	
6 Lindsay COOPER	JR High Point	40.10	
7 Jaylin PATE	FR VCU	40.33	
8 Ariana RIVERA	JR Charlotte	40.43	
9 Abby COMELLA	SO Virginia	40.57	PB
10 Ever ELEGON	SO Army West Point	40.58	
11 JaNeya HAMMOND	SO Charlotte	40.60	PB
12 Holli CHAPMAN	JR Army West Point	40.61	

13 Nina LAVELLE	FR Richmond	41.57	
14 Ebba AHMAN	SO High Point	41.62	
15 Grace PATTEN	FR Virginia Tech	42.03	
16 Lara WESTWOOD-MARSH	JR Army West Point	42.49	
17 Allison PAYTON	FR NC State	42.52	
18 Taylor JAMES	JR VCU	43.28	PB
19 Sydney BEVERLY	JR Virginia Tech	43.34	
DNS Kamryn ROSS	JR Richmond		DNS

WOMEN 500 M

1 Ginny BERINGER	SO Richmond	1:15.21	PB
2 Timara CHAPMAN	SR NC State	1:15.58	
3 Caroline LEWIS	JR NC State	1:16.85	PB
4 Jordyn EVANS	FR VCU	1:17.38	
5 Shayla BONZELET	JR Army West Point	1:18.72	
6 Marissa BLAKELY	SR High Point	1:19.67	
7 Morgan LYONS	SO Richmond	1:20.79	
8 Abi CRAIG	SO High Point	1:20.86	
9 Victoria PORTER	SR Charlotte	1:22.92	
10 Maddie ORR	JR Richmond	1:24.10	
DNS Dae'Nitra HESTER	SO High Point		DNS

MEN 300 M

1 Kennedy HARRISON	JR Virginia Tech	33.05	PB
2 Judson LINCOLN IV	FR Virginia Tech	33.33	
3 Ali DIABY	Virginia Tech	33.41	
4 Elonzo BURROUGHS	FR Liberty	34.10	PB
5 Kacey PRATT	SO VCU	34.29	
6 Jayden PHILLIP	FR Charlotte	34.34	
7 Alexander NUNLEY	SO NC State	34.59	PB
8 Lewis FREEMAN	JR VCU	34.64	
9 Elijah MALLARD	FR Syracuse	34.65	PB
10 Jaiden VENTOUR	SR Charlotte	34.67	
11 Jordan REECE	FR Charlotte	34.82	
12 Maximus JAMES	FR Virginia Tech	34.83	
13 Jaden LYONS	FR Virginia	34.90	
14 Elijah BELLAMY	JR Army West Point	35.01	
15 Evans WHITE	FR Virginia	35.21	
16 Lance PATTERSON	FR NC State	35.22	
17 Shawn CARTER	SO Army West Point	35.25	PB
18 Javan GUEVARA-CRAGWELL	SO Army West Point	35.42	
19 Tucker CONINE	SO High Point	35.93	
20 Amir GREEN	FR Virginia Tech	36.00	
21 Chad BLAKER	SO Virginia Tech	36.54	
22 Daniel SOMMERHALDER	SO Army West Point	36.98	
23 Jack GOURLEY	Unattached	37.22	
DNS Donny LEE	SO Charlotte		DNS
DNS Deron DUDLEY	JR High Point		DNS
DNF Lucas SLEAR	Unattached		DNF
DNS Ethan ROACH	SR High Point		DNS

MEN 500 M

1 Luke GRINER	JR Army West Point	1:02.98	PB
2 Liam BELLAMY	SO Virginia	1:04.30	PB
3 Tom COREL	SR Virginia	1:04.48	
4 Terris BURTON	SR High Point	1:04.69	
5 Jonny HOUSE	SR High Point	1:05.19	PB
6 Kasen JEITZ	FR Army West Point	1:06.05	PB
7 Ryan MCDONAGH	SO Army West Point	1:06.18	
8 Jack PERREAULT	SR Army West Point	1:06.29	



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9 Kenton BACHMANN	JR	Virginia	1:06.41
10 Graham FERGUSON	SO	High Point	1:07.83
11 Johnathan MITCHELL	SR	VCU	1:10.80
12 Isaiah MUSE	FR	High Point	1:10.84
DNS Aidan BRITT	SO	High Point	DNS

WOMEN POLE VAULT UNSEED

1 Erin KELLEHER	SO	Virginia Tech	4.00m	13-1½	PB
2 Maya MALONEY	JR	Virginia	3.90m	12-9½	
3 Anjali MEAD	FR	High Point	3.90m	12-9½	PB
4 Mia BOWERS	SO	Liberty	3.90m	12-9½	PB
5 Samantha ROMANO	FR	Virginia	3.75m	12-3½	
6 Michal TOCKER	FR	Virginia Tech	3.75m	12-3½	
7 Taylen LANGIN	SR	Liberty	3.75m	12-3½	
9 Emily CONNOR	JR	Virginia Tech	3.75m	12-3½	
9 Samantha SHEPPARD-MOOF	JR	Army West Point	3.60m	11-9¾	
10 Leah WOOD	FR	Liberty	3.40m	11-1¾	=PB
10 Lucy BROOKOVER	JR	Virginia Tech	3.40m	11-1¾	
12 Marley MCCALL	SO	Virginia Tech	3.40m	11-1¾	
13 Patricia ALBORNOZ	SR	Army West Point	3.40m	11-1¾	SB
14 Kaitlyn BAKER	FR	VCU	3.20m	10-6	PB
15 Randy CAMPBELL	JR	Charlotte	3.20m	10-6	SB
15 Lucy DOWDLE	JR	Charlotte	3.20m	10-6	SB
DNS Isabel CRANDALL	JR	Army West Point		DNS	
DNS Kennedy DRISH	FR	Virginia Tech		DNS	

MEN POLE VAULT UNSEED

1 Kyle MOSTELLER	JR	Virginia	4.90m	16-¾	
2 Sean MURPHY	JR	Virginia Tech	4.80m	15-9	PB
3 Brian MCSWEENEY	SO	Army West Point	4.80m	15-9	PB
4 Thomas OLESEN	SO	Charlotte	4.80m	15-9	PB
5 Adam CRAIG	JR	High Point	4.65m	15-3	SB
6 Luke LOMBARDI	SO	Liberty	4.65m	15-3	PB
7 Owen WILLIAMSON	FR	High Point	4.65m	15-3	PB
8 Hunter FLACK	SO	Liberty	4.50m	14-9	SB
9 Gabe IMERY	JR	High Point	4.50m	14-9	
10 Nick CALLIS	SO	Charlotte	4.50m	14-9	
11 Jack HELMICH	FR	Unattached	4.50m	14-9	
12 Maxwell ROBINSON	FR	High Point	4.30m	14-1¼	PB
13 Graham GUTKNECHT	FR	Charlotte	4.30m	14-1¼	
13 Chandler WARD	SO	Charlotte	4.30m	14-1¼	
NH Daniel CAMACHO	SO	Charlotte		NH	