

SCHEDULE OF EVENTS

Running Events			
Time	Event	Gender	
12:55 PM	National Anthem		
1:00 PM	60 Meter Dash Qualifying	Men	
1:20 PM	60 Meter Dash Qualifying	Women	
1:50 PM	1 Mile Run	Men	
2:20 PM	1 Mile Run	Women	
2:50 PM	60 Meter Hurdles Prelims	Men	
3:10 PM	60 Meter Hurdles Prelims	Women	
3:30 PM	60 Meter Dash Prelims	Men	
3:45 PM	60 Meter Dash Prelims	Women	
4:00 PM	400 Meter Dash	Men	
4:25 PM	400 Meter Dash	Women	
4:40 PM	600 Meter Run	Men	
4:55 PM	600 Meter Run	Women	
5:10 PM	300 Meter Dash	Men	
5:22 PM	300 Meter Dash	Women	
5:30 PM	60 Meter Hurdles Final	Men	
5:35 PM	60 Meter Hurdles Final	Women	
5:40 PM	60 Meter Dash Final	Men	
5:45 PM	60 Meter Dash Final	Women	
5:50 PM	1000 Meter Run	Men	
6:05 PM	1000 Meter Run	Women	
6:15 PM	800 Meter Run	Men	
6:22 PM	800 Meter Run	Women	
6:30 PM	200 Meter Dash	Men	
6:55 PM	200 Meter Dash	Women	
7:15 PM	3,000 Meters	Men	
7:40 PM	3,000 Meters	Women	
8:05 PM	4x400 Meter Relay	Men	
8:25 PM	4x400 Meter Relay	Women	

Field Events			
Time	Event	Gender	
11:00 AM	Shot Put	Men	
11:00 AM	High Jump	Women	
1:30 PM	Pole Vault	Men	
1:30 PM	Shot Put	Women	
1:45 PM	Long Jump	Women	
2:15 PM	Long Jump	Men	
4:00 PM	Weight Throw	Men	
5:15 PM	Triple Jump	Women	
5:30 PM	Triple Jump	Men	
5:45 PM	Pole Vault	Women	
6:30 PM	Weight Throw	Women	
6:45 PM	High Jump	Men	