



Sun Belt Cross Country Championships

Graham Creek Nature Preserve
Foley, AL - Hosted by Foley Sports Tourism
October 28, 2022

Results

Women 5k

TEMPERATURE
74 °

HUMIDITY
61%

CONDITIONS
SHOWERS. LOWS OVERNIGHT

PI	Athlete Name		Affiliation	2k	2k PI	+/-	3k	3k PI	+/-	Time	Pts
1	Molly Jones	JR	Coastal Carolina	6:31.9	3	▲2	9:40.4	1	—	16:29.5	1
2	Sophie Daigle	SR	Louisiana	6:32.2	5	▲3	9:40.7	2	—	16:36.2	2
3	Oliwia Wawrzyniak	FR	Southern Miss	6:31.8	2	▼1	9:42.9	3	—	16:42.2	3
4	Abby Herring	JR	Marshall	6:32.1	4	▼1	9:44.4	5	▲1	16:56.2	4
5	Isabela Ross	FR	Southern Miss	6:33.0	6	—	9:48.9	6	▲1	17:03.5	5
6	Miranda Stanhope	JR	James Madison	6:31.6	1	▼3	9:44.1	4	▼2	17:05.9	6
7	Jaybe Shufelberger	JR	Arkansas State	6:36.6	8	▲1	9:55.9	7	—	17:12.8	7
8	Sophie Leathers	SR	Arkansas State	6:46.3	12	—	10:12.8	12	▲4	17:28.8	8
9	Erin Phelps	SR	Southern Miss	6:37.2	9	▲1	10:00.3	8	▼1	17:35.1	9
10	Adele Magaud	JR	South Alabama	6:37.5	10	▲1	10:01.9	9	▼1	17:38.8	10
11	Smilla Kolbe	FR	Southern Miss	6:50.2	18	—	10:17.2	18	▲7	17:40.2	11
12	Kylee Mastin	SO	Marshall	6:51.0	21	▲5	10:15.9	16	▲4	17:40.4	12
13	Gabriella Garcia	FR	James Madison	6:54.9	25	▲6	10:18.8	19	▲6	17:42.6	13
14	Sofia Terenziani	SO	James Madison	6:38.5	11	—	10:08.3	11	▼3	17:43.4	14
15	Linnea Maynard	SO	Appalachian Stat	6:50.2	18	▲1	10:16.6	17	▲2	17:43.5	15
16	Carlin Beal	JR	Southern Miss	6:48.3	16	▲1	10:15.3	15	▼1	17:44.4	16
17	Elizabeth Martin	JR	Arkansas State	6:47.7	13	▼1	10:14.5	14	▼3	17:55.5	17
18	Cadence Lapp	FR	Arkansas State	6:47.7	13	—	10:14.2	13	▼5	18:04.4	18
19	Karsyn Kane	SO	Appalachian Stat	6:56.0	26	▲3	10:27.0	23	▲4	18:06.7	19
20	Sydney Smith	JR	Marshall	6:53.5	22	▼1	10:27.0	23	▲3	18:11.3	20
21	Ann-Marie Braese	FR	Arkansas State	6:50.6	20	—	10:21.7	20	▼1	18:12.9	21
22	Katelyn Cartwright	SR	Southern Miss	6:54.0	24	▼1	10:28.1	25	▲3	18:13.4	22
23	Madeleine Hesler	SR	James Madison	7:04.5	41	▲2	10:40.2	39	▲16	18:17.2	23
24	Madison Christy	SR	Appalachian Stat	6:57.3	29	▲2	10:31.7	27	▲3	18:17.6	24
25	Ellie Wolski	SO	Coastal Carolina	6:53.5	22	▼4	10:29.9	26	▲1	18:19.3	25
26	Annie Amundsen	SO	Appalachian Stat	7:00.5	35	▲5	10:35.4	30	▲4	18:23.3	26
27	Faithe Ketchum	FR	James Madison	6:56.3	27	▼2	10:35.2	29	▲2	18:25.8	27
28	Kimone Campbell	JR	ULM	6:48.0	15	▼7	10:26.8	22	▼6	18:26.3	28
29	Amilia Wise-Sweat	SO	Coastal Carolina	7:01.5	36	—	10:38.3	36	▲7	18:28.8	29
30	Hannah Wyler	FR	Marshall	6:59.5	33	▼5	10:38.5	38	▲8	18:29.2	30
31	Olivia Walter	FR	Arkansas State	7:00.2	34	▲6	10:34.6	28	▼3	18:29.6	31
32	Paula Vaquera	SO	ULM	6:33.2	7	▼3	10:07.4	10	▼22	18:30.7	32

Results available at www.flashresults.com



Sun Belt Cross Country Championships

Graham Creek Nature Preserve

Foley, AL - Hosted by Foley Sports Tourism

October 28, 2022

33	Jasmine Donohue	JR	Appalachian State	6:49.8	17	▼4	10:25.9	21	▼12	18:31.4	33
34	Emma Hurlbut	FR	Arkansas State	6:58.0	32	▼1	10:36.1	33	▼1	18:33.5	34
35	Clare Morelli	SR	James Madison	7:07.0	43	▲2	10:46.3	41	▲6	18:33.6	35
36	Sarah Parnell	SO	Southern Miss	6:57.3	29	▼3	10:35.9	32	▼4	18:38.3	36
37	Clervie Chagot	SO	South Alabama	7:02.4	39	▲4	10:37.8	35	▼2	18:39.3	37
38	Asha Bora	FR	Marshall	7:05.9	42	▲2	10:45.1	40	▲2	18:41.4	38
39	Kylee Denver	FR	Coastal Carolina	7:02.5	40	▲4	10:38.3	36	▼3	18:42.4	39
40	Eliana Battle	SO	ULM	6:57.0	28	▼3	10:35.5	31	▼9	18:43.5	40
41	Daniela Wisniewski	JR	Texas State	7:10.3	47	▲5	10:46.7	42	▲1	18:45.8	41
42	Tanner Guest	SR	Troy	7:07.2	44	▼2	10:50.3	46	▲4	18:52.3	42
43	Emma Tonesberg	SO	South Alabama	7:12.9	52	▲5	10:51.9	47	▲4	18:54.5	43
44	Laura Webb	SR	James Madison	7:23.0	64	▲11	11:02.7	53	▲9	18:54.7	44
45	Haley Salsbury	SO	Louisiana	6:57.9	31	▼3	10:37.1	34	▼11	18:54.9	45
46	Anna Naff	FR	ULM	7:01.9	37	▼7	10:48.1	44	▼2	18:57.2	46
47	Kalei Jordan	JR	Marshall	7:07.9	45	—	10:48.4	45	▼2	19:05.0	47
48	Bianca Copeman	SO	Appalachian State	7:10.0	46	▼3	10:53.9	49	▲1	19:06.7	48
49	Megan Ombres	SO	Texas State	7:22.2	61	▲5	11:03.6	56	▲7	19:07.1	49
50	Abbey Weitenbeck	JR	South Alabama	7:12.5	51	▲1	10:57.5	50	—	19:07.8	50
51	Brooke Spalitta	FR	Louisiana	7:17.4	53	▲1	11:00.6	52	▲1	19:08.6	51
52	Lila Peters	SR	Appalachian State	7:18.7	55	—	11:03.4	55	▲3	19:09.7	52
53	Katie Ranck	SO	Georgia Southern	7:11.9	48	▼3	10:59.6	51	▼2	19:11.2	53
54	Teanna Cason	SO	Troy	7:12.1	50	▲2	10:52.2	48	▼6	19:12.0	54
55	Cadi Rowe	JR	Troy	7:26.5	70	▲7	11:13.0	63	▲8	19:15.5	55
56	Emma Davis		Georgia State	7:02.0	38	▼5	10:46.9	43	▼13	19:20.5	56
57	Abigail Parra	FR	Texas State	7:18.7	55	▼3	11:07.8	58	▲1	19:27.2	57
58	Sophia Newsome	FR	Marshall	7:12.0	49	▼5	11:03.0	54	▼4	19:28.5	58
59	Catherine Hall	JR	Georgia Southern	7:22.3	62	▲2	11:10.3	60	▲1	19:29.8	59
60	Rosalie Michot	SR	Louisiana	7:22.7	63	▲6	11:06.4	57	▼3	19:30.7	60
61	Ashley Rulison	SR	Coastal Carolina	7:18.5	54	▼7	11:10.6	61	—	19:31.6	61
62	Caroline Spalitta	FR	Louisiana	7:21.9	60	▲1	11:09.8	59	▼3	19:32.6	62
63	Macy Livingston	SO	South Alabama	7:23.9	65	▲1	11:13.9	64	▲1	19:35.4	63
64	Ansley Long	SO	ULM	7:25.1	66	—	11:17.5	66	▲2	19:45.1	64
65	Lauren Locke	JR	Troy	7:26.7	71	▲3	11:20.5	68	▲3	19:52.9	65
66	Aubrey Schmidt	SR	Texas State	7:33.0	73	▲3	11:22.9	70	▲4	19:55.3	66
67	Frankie Muldoon		Georgia State	7:25.4	69	▲2	11:18.1	67	—	19:58.7	67



Sun Belt Cross Country Championships

Graham Creek Nature Preserve

Foley, AL - Hosted by Foley Sports Tourism

October 28, 2022

68	Amanda Radava	SO	ULM	7:19.4	57	▼5	11:12.6	62	▼6	20:03.3	68
69	Kamryn Williams	FR	Louisiana	7:35.5	77	▲3	11:32.6	74	▲5	20:04.7	69
70	Erica Hambacker		Georgia State	7:21.3	58	▼13	11:23.4	71	▲1	20:11.2	70
71	Anouk Prop		Georgia State	7:27.7	72	▼1	11:29.8	73	▲2	20:12.5	71
72	Makenna Calbert	FR	Troy	7:25.3	68	▼1	11:21.8	69	▼3	20:13.0	72
73	Alondra Reyna-Lopez	JR	Georgia Southern	7:33.3	74	▼1	11:33.0	75	▲2	20:13.9	73
74	Summer Williams	JR	Troy	7:47.3	83	▲5	11:42.1	78	▲4	20:14.9	74
75	Ella Lehmann	FR	Coastal Carolina	7:25.1	66	▼6	11:27.1	72	▼3	20:24.1	75
76	Jalynn Lozano	SO	ULM	7:34.9	75	▼2	11:40.8	77	▲1	20:32.5	76
77	Meredith Hebert	JR	Louisiana	7:39.4	79	▲3	11:39.3	76	▼1	20:36.0	77
78	Ansley Fullen	SO	Georgia Southern	7:43.5	80	▼1	11:49.6	81	▲3	20:48.3	78
79	Caroline Montini	SO	Troy	7:47.9	84	▲2	11:50.3	82	▲3	20:51.6	79
80	Reese Connelly	SO	Georgia Southern	7:44.1	81	▼2	11:50.4	83	▲3	20:57.4	80
81	Tiarra Smith	SO	Coastal Carolina	7:35.2	76	▼4	11:48.2	80	▼1	20:58.3	81
82	Ariane Williams	FR	Texas State				12:04.2	84	▲2	21:14.1	82
83	Taylor Houston	FR	Coastal Carolina	7:35.8	78	▼1	11:44.7	79	▼4	21:22.5	
84	Melanie Tribick	SO	Georgia Southern	8:03.1	86	▼1	12:21.0	87	▲3	21:32.7	83
85	Kila Rodas	FR	Texas State	7:46.7	82	▼3	12:09.2	85	—	21:56.9	84
86	Kennedy Morris		Georgia State	7:51.3	85	▼1	12:15.4	86	—	22:04.6	85
87	Sabrina Mejia	FR	Georgia State	8:28.0	87	▼1	13:11.4	88	▲1	23:35.0	86
88	Michelle Wisniewski	SO	Texas State	8:46.1	88	▼1	13:48.5	89	▲1	25:50.0	87
--	Ana Cubillo	FR	Georgia State	7:21.4	59	▼6	11:17.2	65		DNF	



Sun Belt Cross Country Championships

Graham Creek Nature Preserve

Foley, AL - Hosted by Foley Sports Tourism

October 28, 2022



Sun Belt Cross Country Championships

Graham Creek Nature Preserve

Foley, AL - Hosted by Foley Sports Tourism

October 28, 2022

Women 5k Team Scores

Rnk	Team	Total	R1	R2	R3	R4	R5	R6	R7
1	Southern Miss Total Time: 1:26:45.40 Average: 17:21.08	44	3	5	9	11	16	22	36
2	Arkansas State Total Time: 1:28:54.40 Average: 17:46.88	71	7	8	17	18	21	31	34
3	James Madison Total Time: 1:29:14.90 Average: 17:50.98	83	6	13	14	23	27	35	44
4	Marshall Total Time: 1:29:58.50 Average: 17:59.70	104	4	12	20	30	38	47	58
5	Appalachian State Total Time: 1:31:02.50 Average: 18:12.50	117	15	19	24	26	33	48	52
6	Coastal Carolina Total Time: 1:31:31.60 Average: 18:18.32	155	1	25	29	39	61	75	81
7	South Alabama Total Time: 1:33:55.80 Average: 18:47.16	203	10	37	43	50	63		
8	ULM Total Time: 1:34:22.80 Average: 18:52.56	210	28	32	40	46	64	68	76
9	Louisiana Total Time: 1:33:43.00 Average: 18:44.60	220	2	45	51	60	62	69	77
10	Troy Total Time: 1:37:25.70 Average: 19:29.14	288	42	54	55	65	72	74	79
11	Texas State Total Time: 1:38:29.50 Average: 19:41.90	295	41	49	57	66	82	84	87
12	Georgia Southern Total Time: 1:40:40.60 Average: 20:08.12	343	53	59	73	78	80	83	
13	Georgia State Total Time: 1:41:47.50 Average: 20:21.50	349	56	67	70	71	85	86	