



Atlantic 10 Outdoor Track & Field Championships

Sports Backers Stadium
Richmond, VA - Hosted by VCU
May 7-8, 2022

Start Lists

WOMEN 4X100 M RELAY

Sunday 12:00 PM

A10: Charlotte - 44.94 (2009)

Section 1 of 2

SB

3	LA SALLE	
4	RHODE ISLAND	47.89
5	DUQUESNE	47.28
6	RICHMOND	47.36
7	SAINT LOUIS	48.03

Section 2 of 2

2	DAVIDSON	47.20
3	FORDHAM	47.10
4	GEORGE MASON	47.05
5	VCU	45.96
6	ST. JOSEPH'S	46.77
7	DAYTON	47.07
8	UMASS	47.14

MEN 4X100 M RELAY

Sunday 12:10 PM

A10: Charlotte - 40.33 (2011)

Final

SB

1	DAVIDSON	
2	FORDHAM	43.24
3	UMASS	41.71
4	RHODE ISLAND	41.14
5	DUQUESNE	40.49
6	GEORGE MASON	41.05
7	VCU	41.18
8	ST. JOSEPH'S	42.15

WOMEN 1500 M

Sunday 12:20 PM

A10: Amy Van Alstine - Richmond - 4:19.38 (2011)

Section 1 of 3

SB

PB

1	Anna GEORGE	SO	Richmond		
2	Casey MCLEES	SO	La Salle	5:09.11	4:59.32
3	Alyssa BRINSKY	SO	St. Joseph's	4:58.99	4:58.99
4	Danielle JULIANO	FR	St. Joseph's	5:00.20	5:00.20
5	Nikki CASSAVELL	JR	Rhode Island	4:54.36	4:54.36
6	Lindsey CLAWSON	JR	St. Bonaventure	5:04.57	5:04.57
7	Emily PETERSON	SO	St. Bonaventure	5:11.79	5:11.79
8	Nicoleta PAPAVALAKIS	SO	Fordham	4:58.24	4:47.85
9	Becca MILLAR	SO	St. Joseph's	5:05.93	5:05.93
10	Maria STEINKE	FR	Dayton	4:58.49	4:58.49
11	Lindsey LYTLE	SR	St. Bonaventure	5:13.29	5:13.29

Section 2 of 3

1	Alexandra THOMAS	SO	Fordham	4:47.39	4:47.39
2	Kirsten LONG	FR	George Washington	4:46.38	4:46.38
3	Sara WOLF	FR	Saint Louis	4:52.85	4:52.85
4	Margaret LARKIN	SR	George Mason	4:45.28	4:45.28
5	Daniella NAPOLI	SO	Rhode Island	4:48.23	4:48.23
6	Nicole MARCO	SO	Saint Louis	4:45.39	4:45.39
7	Sofia PICCONE	FR	Rhode Island	4:47.50	4:47.50
8	Noelle SAINE	JR	George Mason	4:43.32	4:43.32
9	Kierra SHREFFLER	SO	Duquesne	4:51.57	4:51.57
10	Frances WHITWORTH	SO	Davidson	4:45.87	4:45.87
11	Alexandra CISNEROS	JR	Davidson	4:49.06	4:49.06

Section 3 of 3

1	Christine MANCINI	SO	La Salle	4:22.19	4:22.19
2	Bridget ALEX	JR	Fordham	4:37.90	4:37.90
3	Kathryn NOHILLY	SR	George Washington	4:24.94	4:24.94
4	Eugenia FAIRHURST	FR	UMass	4:40.76	4:40.76

5	Izzy BLAYLOCK	FR	Richmond	4:41.22	4:41.22
6	Madison TRIPPETT	SO	Richmond	4:28.64	4:28.64
7	Margaret COOGAN	SR	George Washington	4:33.07	4:30.09
8	Abby CARTER	SO	Dayton	4:32.06	4:32.06
9	Lainey STUDEBAKER	SR	Dayton	4:20.99	4:20.99
10	Elizabeth STOCKMAN	SO	Richmond	4:22.43	4:22.43
11	Lauren TUNNELL	FR	VCU	4:33.87	4:33.87
12	Emily SREENAN	JR	Dayton	4:38.57	4:31.57

MEN 1500 M

Sunday 12:35 PM

A10: Kevin Fitzgerald - Fordham - 3:47.13 (2012)

Section 1 of 3

SB

PB

1	Zack TOTH	SO	Duquesne		
2	Nathan PAOLANGELI	SO	La Salle	4:01.59	4:01.59
3	Vincent TWOMEY	FR	St. Joseph's	4:01.59	4:01.59
4	Samuel WILCOX	FR	Fordham		
5	Darion GREGORY	JR	St. Bonaventure	4:08.79	4:08.79
6	Daniel ASHER	SO	Fordham	4:03.89	4:02.10
7	Zane COURTWRIGHT	SO	St. Bonaventure	4:05.66	4:05.46
8	Wyatt HULSEY	JR	St. Bonaventure	4:08.50	4:08.50
9	Owen LEKKI	FR	Davidson	4:04.15	4:04.15
10	Eric ZULKOFESKE	JR	Rhode Island		3:56.51
11	Logan BROEDNER	SR	George Washington	4:00.36	4:00.36

Section 2 of 3

1	Aiden DORF	FR	George Mason	3:53.48	3:53.48
2	Stefano ISABELLA	SO	La Salle	3:59.77	3:59.77
3	Zachary CONANT	SO	UMass	3:57.54	3:57.54
4	George STEINHOFF	SR	St. Joseph's	3:57.90	3:55.25
5	Matthew COFFEY	SO	St. Joseph's	3:54.33	3:54.33
6	Pierce KAPUSTKA	SO	George Washington	3:52.87	3:52.87
7	Nick FETZER	SO	Duquesne	3:57.25	3:57.25
8	Will KENNEY	FR	UMass	3:56.15	3:56.15
9	Grahm BREITER	FR	Davidson	3:59.76	3:59.76
10	Zach SMITH	JR	St. Joseph's		
11	Aidan KINDOPP	SO	Rhode Island	3:58.34	3:54.83
12	Zach LEFEVER	SR	UMass	3:57.83	3:57.83

Section 3 of 3

1	James SEAL	SO	George Mason	3:48.04	3:48.04
2	James PTACK	FR	La Salle	3:51.25	3:51.25
3	Joe DOS REIS	SO	Davidson	3:43.26	3:43.26
4	Kellen WATERS	JR	Rhode Island		3:46.26
5	Harrison MARTINENKO	SO	Saint Louis	3:50.26	3:50.26
6	Ryan FOWKES	SO	George Washington	3:45.56	3:45.56
7	Taonga MBAMBO	SO	La Salle	3:51.63	3:51.63
8	Matt DE HAAS	JR	Saint Louis	3:51.58	3:49.73
9	Jackson HIGLEY	SR	Saint Louis	3:51.93	3:50.86
10	Owen DROMETER	SO	Davidson		3:48.51
11	Patrick CASTELLANO	SO	George Washington	3:51.03	3:51.03
12	Tyler RUBUSH	JR	Rhode Island	3:48.37	3:48.37

WOMEN 100 M HURDLES

Sunday 12:45 PM

A10: Shavon Briscoe - George Mason - 13.40 (2015)

Final

SB

PB

1	Anna DAVIS	SR	Davidson	14.30 ^W	14.37
2	Yasmine SILMON	SO	VCU	14.63	14.62
3	Syanna METCALFE	SO	VCU	14.66	14.16
4	Trinity SMITH	JR	Rhode Island	13.79	13.73
5	Amberly VALERIANO	JR	Duquesne	14.28	13.69
6	Kamryn ROSS	SO	Richmond	14.74	13.73
7	Theresa LAMPE	JR	Saint Louis	14.49	14.49



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8 Katelyn GORGENYI FR UMass 14.59^W 14.79

MEN 110 M HURDLES

Sunday 1:00 PM

A10: Colin Aina - Rhode Island - 13.88 (2004)

Final			<u>SB</u>	<u>PB</u>
1 Kai SCHMIDT BILOWITH	FR	Rhode Island	14.47 ^W	15.09
2 Emmanuel WALLER	JR	VCU	14.62	14.52
3 Cory GAITHER	JR	Davidson	14.06	14.06
4 Jayden SMITH	FR	Davidson	13.54 ^W	13.99
5 Bryce ANTHONY	SO	Davidson	14.05	14.05
6 Jordan BENSON	SO	Davidson	14.26	14.26
7 Marcus WILSON	SO	VCU	14.39 ^W	14.43
8 Daiqwaun FAIRCLOTH	JR	VCU	14.19	14.19

WOMEN 400 M

Sunday 1:10 PM

A10: Shareese Woods - Charlotte - 52.80 (2007)

Final			<u>SB</u>	<u>PB</u>
1 Sophia HOOD	FR	Davidson	57.15	57.15
2 Bethany EVANKOVICH	SR	Duquesne	57.52	54.24
3 KellyAnn DOWNER	JR	George Mason	55.79	54.52
4 Rachel HOROWITZ	JR	Davidson	55.37	55.37
5 Rachel HELBLING	JR	Richmond	54.55	53.58
6 Emily NICHOLS	SO	Saint Louis	55.73	55.73
7 Bianca NOLDE-LOPEZ	SR	Davidson	56.33	54.60
8 Kaylin COUSIN	FR	Duquesne	57.46	57.46

MEN 400 M

Sunday 1:15 PM

A10: Darius Law - Charlotte - 46.14 (2011)

Final			<u>SB</u>	<u>PB</u>
1 Michael BRITTINGHAM	FR	St. Joseph's	48.50	48.50
2 Danny HOPKINS	SO	Saint Louis	48.50	47.99
3 Jarrett YOUNG	FR	Rhode Island	48.95	48.95
4 Lucas HONOHAN	JR	UMass	47.68	47.03
5 Josh HARDIN	SO	Davidson	48.07	48.07
6 Michael WELDE	JR	St. Joseph's	47.29	47.29
7 Jarett FLAKER	SO	George Mason	48.00	48.00
8 Lewis FREEMAN	SO	VCU	48.23	48.09

WOMEN 100 M

Sunday 1:25 PM

A10: Lamarra Currie - Charlotte - 11.44 (2009)

Final			<u>SB</u>	<u>PB</u>
1 Faith RICHARDSON	SO	UMass	12.07	12.07
2 Sydney ROSE	SO	St. Joseph's	12.18	12.18
3 Kyla HILL	SO	Fordham	12.06 ^W	12.30
4 Lauryn TAYLOR	SO	VCU	11.55 ^W	11.64
5 Chante CLINKSCALE	FR	Dayton	11.41 ^W	11.47
6 Tamar ACCIUS	JR	Richmond	11.96	11.81
7 Kaira GRANGER	FR	Dayton	11.83	11.83
8 Kathryn KELLY	JR	Fordham	11.94 ^W	12.08

MEN 100 M

Sunday 1:30 PM

A10: Andre Davis - Virginia Tech - 10.24 (1999)

Final			<u>SB</u>	<u>PB</u>
1 Tristen HOWARD	FR	Rhode Island		
2 Ian THRUSH	SO	Duquesne	10.62 ^W	10.69
3 Myles GASCON	JR	Saint Louis	10.58 ^W	10.61
4 Isaac ELLIOTT	SR	Duquesne	10.39	10.36
5 JeVon WALLER	SR	VCU	10.47	10.47
6 Jolon O'CONNOR	SO	Rhode Island	10.65 ^W	10.75
7 Daiqwaun FAIRCLOTH	JR	VCU		

8 Nate BARJOLO FR Rhode Island 10.65 10.65

WOMEN 800 M

Sunday 1:40 PM

A10: Brooke Fazio - Richmond - 2:03.09 (2021)

Final			<u>SB</u>	<u>PB</u>
1 Samantha SCHWERS	JR	UMass	2:15.19	2:14.76
2 Breila FULLER	JR	Davidson	2:12.64	2:12.64
3 Kate MCANDREW	SO	Richmond	2:08.86	2:08.86
4 Alexis ANDERSON	JR	George Mason	2:11.67	2:11.67
5 Brooke FAZIO	SR	Richmond	2:07.96	2:02.73
6 Kendra SMITHER	JR	Richmond	2:10.31	2:10.31
7 Christine MANCINI	SO	La Salle	2:06.51	2:06.51
8 Lauren TUNNELL	FR	VCU	2:13.37	2:13.37

MEN 800 M

Sunday 1:45 PM

A10: Andy Craycraft - St. Joseph's - 1:49.34 (2002)

Final			<u>SB</u>	<u>PB</u>
1 Micah HARRIS	SO	George Mason	1:52.56	1:50.29
2 Raphael OETTL	JR	Davidson	1:52.09	1:52.09
3 Jeremiah LA DUCA	JR	Fordham	1:51.13	1:51.13
4 Matthew BUSCHE	JR	Duquesne	1:51.00	1:50.12
5 Liam RIVARD	SO	La Salle	1:48.66	1:48.66
6 Collin EBLING	JR	Duquesne	1:48.60	1:48.60
7 Collin OCHS	SO	Rhode Island	1:49.29	1:49.29
8 Matt DE HAAS	JR	Saint Louis	1:52.90	1:52.30

WOMEN 400 M HURDLES

Sunday 1:50 PM

A10: Kristina MacLure - Rhode Island - 58.41 (2021)

Final			<u>SB</u>	<u>PB</u>
1 Alexandra GONET	SO	UMass	1:03.92	1:03.92
2 Trinity SMITH	JR	Rhode Island	1:01.78	1:01.53
3 Yasmine SILMON	SO	VCU	1:00.97	1:00.97
4 Aleia GISOLFI-MCCREADY	FR	Davidson	1:00.21	1:00.21
5 Anna DAVIS	SR	Davidson	59.12	59.12
6 Lillian KIRRY	SO	UMass	59.48	59.48
7 Syvanna METCALFE	SO	VCU	1:00.53	1:00.53
8 Adia PALMER	SO	George Mason	1:02.29	1:01.63

MEN 400 M HURDLES

Sunday 2:05 PM

A10: Bryce Anthony - Davidson - 51.13 (2021)

Final			<u>SB</u>	<u>PB</u>
1 Sebastian EVANS	SR	VCU	54.67	54.09
2 Marcus WILSON	SO	VCU	55.95	55.95
3 Kyle MAGEE	JR	St. Joseph's	53.40	53.40
4 Bryce ANTHONY	SO	Davidson	51.86	51.13
5 Emmanuel WALLER	JR	VCU	51.56	51.39
6 Cory GAITHER	JR	Davidson	51.46	51.46
7 Isaac BYNUM	SO	Davidson	52.93	52.93
8 Daniel DUBSKY	SO	UMass	54.35	54.35

WOMEN 200 M

Sunday 2:15 PM

A10: Lamarra Currie - Charlotte - 23.46 (2009)

Final			<u>SB</u>	<u>PB</u>
1 Alyssa WILLIS	SO	Duquesne	25.05	25.05
2 Tamar ACCIUS	JR	Richmond	24.70	24.03
3 Jaclyn HARDING	SO	St. Joseph's	25.14	25.12
4 Chante CLINKSCALE	FR	Dayton	24.00	24.00
5 Lauryn TAYLOR	SO	VCU	23.95	23.84
6 Kyla HILL	SO	Fordham	24.49 ^W	25.12
7 Emily NICHOLS	SO	Saint Louis	24.85	24.85



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Start Lists

8 Kierra MARSHALL SO Davidson 24.53 24.53

MEN 200 M Sunday 2:20 PM

A10: Anthony Bynum - Charlotte - 20.67 (2013)

Final			<u>SB</u>	<u>PB</u>
1	Myles GASCON	JR Saint Louis	21.81 ^W	22.17
2	Johnathan MITCHELL	SO VCU	21.30	21.30
3	Josh HARDIN	SO Davidson	21.65	21.65
4	Jolon O'CONNOR	SO Rhode Island	21.40 ^W	21.71
5	Isaac ELLIOTT	SR Duquesne	20.77	20.77
6	Ian THRUSH	SO Duquesne	21.47	21.47
7	Lucas HONOHAN	JR UMass	21.61 ^W	21.86
8	JeVon WALLER	SR VCU	21.32	21.32

WOMEN 5000 M Sunday 2:25 PM

A10: Katie Clark - Butler - 16:17.30 (2013)

Final			<u>SB</u>	<u>PB</u>
1	Emily SREENAN	JR Dayton	17:20.77	17:06.48
2	Eleanor MANCINI	JR La Salle	16:10.22	16:10.22
3	Louisa WHITTINGHAM	SR George Mason	17:16.57	17:16.57
4	Elizabeth STOCKMAN	SO Richmond	16:40.92	16:40.92
5	Madison TRIPPETT	SO Richmond	16:53.02	16:53.02
6	Tori KOCIS	JR Duquesne	17:24.70	17:24.70
7	Abby CARTER	SO Dayton	17:04.43	17:04.43
8	Lily ROBINSON	SO UMass	17:05.67	17:05.67
9	Elizabeth MANCINI	JR La Salle	16:07.44	16:07.44
10	Zoe CHAPPELLE	SO Dayton	17:47.46	17:45.49
11	Sarah FRANCIS	SO George Mason	16:56.40	16:56.40
12	Lily SNOW	SO Richmond	17:30.79	17:30.79
13	Germaine HARBAUGH	SR Fordham	17:32.30	17:32.30
14	Olivia SYFTSTAD	FR George Washington	17:43.02	17:43.02
15	Lainey STUDEBAKER	SR Dayton	16:05.57	16:05.57
16	Julia DEMPSEY	SR George Washington	17:53.63	17:37.92
17	Maeve GIMBERT	SO La Salle	17:53.65	17:53.65
18	Addy CIECIERSKI	FR Duquesne	17:56.38	17:56.38
19	Sarah MYERS	JR St. Joseph's	17:56.61	17:56.61
20	Gina BOLLA	FR Duquesne	18:32.75	18:32.75
21	Audrey CORBET	SR George Mason	18:15.72	18:15.72
22	Ashley MARTIN	SR St. Joseph's	18:26.84	18:26.84
23	Jackie PESCHKO	JR Rhode Island	18:49.40	18:49.40
24	Carly SEAR	SO Saint Louis	18:30.16	18:04.30
25	Emily SIPP	FR Saint Louis	18:41.75	18:41.75
26	Alexa WEBER	SR St. Joseph's	20:17.24	20:17.24
27	Abby NASSE	FR Davidson	18:52.69	18:52.69
28	Mackenzie KONYAR	FR George Washington	18:07.96	18:07.96
29	Shannon ADDARIO	SR St. Joseph's		
30	Laurel KURTZ	FR Richmond		
31	Grace PHAIR	SO UMass		17:30.26
32	Sarah CONANT	SO UMass		17:44.66
33	Emily HENKEL	JR Davidson		
34	Claire MCDONNELL	FR George Washington		

MEN 5000 M Sunday 2:50 PM

A10: Sean Quigley - La Salle - 14:10.79 (2007)

Final			<u>SB</u>	<u>PB</u>
1	MacCallum ROWE	FR La Salle	14:26.52	14:26.52
2	Ibrahim KEDIR	JR La Salle	14:06.34	14:06.34
3	Bobby HASTIE	SR St. Joseph's	14:06.72	14:06.72
4	Charlie SIEBERT	FR Davidson	14:24.45	14:24.45
5	Toby GILLEN	FR Saint Louis	14:07.63	14:07.63

6	Jack IKENBERRY	JR George Mason	14:05.39	14:05.39
7	Thomas SAND	JR George Washington	14:31.18	14:31.18
8	Wesley BOND	FR George Mason	14:26.77	14:26.77
9	Brandon HALL	JR Fordham	14:29.09	14:29.09
10	Kai MUNIZ	JR George Mason	14:37.91	14:37.91
11	Joshua RAHN	JR UMass	14:37.47	14:37.47
12	Luke JACIW-ZURAKOWSKY	SR La Salle	14:23.56	14:23.56
13	Loeden RODRIGUES	FR UMass	14:45.20	14:45.20
14	Kevin CONLON	SO George Washington	14:44.82	14:44.82
15	Michael NORBERG	SO UMass	14:46.18	14:46.18
16	Colin FLOOD	SO Fordham	14:46.57	14:46.57
17	Eric ZULKOFESKE	JR Rhode Island	14:47.18	14:47.18
18	James GLOCKENMEIER	SO George Washington	14:47.48	14:34.10
19	Sam SNODGRASS	JR Duquesne	14:48.96	14:48.85
20	Steve ZUCCA	SO Fordham	14:51.88	14:51.88
21	Zach BUCKNER	FR St. Bonaventure	15:09.60	15:09.60
22	Stefano ISABELLA	SO La Salle	14:57.06	14:57.06
23	Noah DECKERT	FR St. Joseph's	14:59.05	14:59.05
24	Kevin JUMPER	FR St. Joseph's	14:53.42	14:53.42
25	Alex LONGEWAY	SO George Washington	15:13.83	15:13.83
26	Patrick DONOVAN	SO Saint Louis	15:14.08	15:05.54
27	Ben HOFFMAN	SO Duquesne	15:56.78	15:45.23
28	Anthony LITRENTA	SO Duquesne	15:23.79	15:23.79
29	Clay PEETS	FR St. Bonaventure	15:25.91	15:25.91
30	Josh WALKER	FR George Mason	15:32.16	15:32.16
31	Kyle WELDON	SO VCU	15:16.22	15:16.22
32	Colin MCCARTHY	FR St. Bonaventure	16:03.93	16:03.93
33	Ira DALY	JR St. Joseph's		
34	Ben FLEISCHER	SO Rhode Island		15:08.04
35	Harrison MARTINENKO	SO Saint Louis		
36	Adam WALKER	JR Saint Louis		14:51.39
37	Henry GRIFFITH	FR Davidson		

WOMEN 4X800 M RELAY Sunday 3:10 PM

A10: Temple - 8:43.10 (2011)

Final		<u>SB</u>
1	UMASS	
2	FORDHAM	
3	LA SALLE	
4	DUQUESNE	
5	DAVIDSON	
6	SAINT LOUIS	
7	GEORGE MASON	
8	GEORGE WASHINGTON	
9	DAYTON	
10	RHODE ISLAND	
11	RICHMOND	
12	ST. JOSEPH'S	

MEN 4X800 M RELAY Sunday 3:25 PM

A10: La Salle - 7:23.95 (2010)

Final		<u>SB</u>
1	ST. JOSEPH'S	
2	DAVIDSON	
3	SAINT LOUIS	
4	UMASS	
5	FORDHAM	
6	GEORGE WASHINGTON	
7	RHODE ISLAND	
8	VCU	



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- 9 LA SALLE
- 10 DUQUESNE
- 11 GEORGE MASON
- 12 ST. BONAVENTURE

WOMEN 4X400 M RELAY

Sunday 3:40 PM

A10: George Mason - 3:38.58 (2018)

Section 1 of 2

	<u>SB</u>
4 SAINT LOUIS	4:10.32
5 DUQUESNE	3:53.78
6 FORDHAM	3:54.66

Section 2 of 2

2 ST. JOSEPH'S	3:51.77
3 GEORGE MASON	3:49.78
4 VCU	3:49.39
5 RICHMOND	3:45.30
6 DAVIDSON	3:46.28
7 UMASS	3:48.03
8 RHODE ISLAND	3:50.70

MEN 4X400 M RELAY

Sunday 3:55 PM

A10: George Mason - 3:09.10 (2018)

Section 1 of 2

	<u>SB</u>
4 LA SALLE	3:35.20
5 SAINT LOUIS	3:18.99
6 DUQUESNE	3:19.05

Section 2 of 2

2 UMASS	3:17.10
3 GEORGE MASON	3:15.25
4 VCU	3:13.88
5 ST. JOSEPH'S	3:10.13
6 RHODE ISLAND	3:13.74
7 DAVIDSON	3:15.22
8 FORDHAM	3:16.54

MEN JAVELIN

Sunday 9:15 AM

A10: Vic Morency - UMass - 69.99m (229-7) (1999)

Top 9 Advance to Final

Flight 1 of 1

		<u>SB</u>	<u>PB</u>
1 Arsalan YAQUBI	FR George Mason	54.37m 178-4	54.37m 178-4
2 Victor WISKI	SR Saint Louis	51.05m 167-6	51.05m 167-6
3 Lucas FROST	SO Rhode Island	67.64m 221-11	67.64m 221-11
4 Joseph MANCHESTER	JR UMass	61.14m 200-7	61.14m 200-7
5 Nikolaj FRESCHLIN	SO Rhode Island	59.47m 195-1	64.88m 212-10
6 Trevor JONES	JR Saint Louis		50.63m 166-1
7 Stephen CIRELLA	SR Rhode Island	56.17m 184-3	56.17m 184-3
8 Peter KITSAKOS	JR UMass	51.92m 170-4	57.02m 187-1
9 Roman LISICKY	FR Duquesne		
10 Seth CORDEIRO	SO Rhode Island	59.97m 196-9	59.97m 196-9
11 Matthew TARANTINO	JR UMass	47.46m 155-8	47.46m 155-8
12 Nick MASTERMAN	FR Davidson	55.28m 181-4	55.28m 181-4
13 Flynn MITCHELL	JR UMass	56.92m 186-9	56.92m 186-9

MEN SHOT PUT

Sunday 9:45 AM

A10: Jacob Keeling - Rhode Island - 18.23m (59-9½) (2012)

Top 9 Advance to Final

Flight 1 of 1

		<u>SB</u>	<u>PB</u>
1 Joseph DUGGAN	FR UMass	15.16m 49-9	15.16m 49-9
2 Stephen CIRELLA	SR Rhode Island	16.08m 52-9¼	16.08m 52-9¼
3 Coston O'BRIEN	SR UMass	16.09m 52-9½	16.09m 52-9½

4 Coby COCKRELL	JR VCU	15.06m 49-5	15.06m 49-5
5 Jaylen SIMMONS	SR George Mason	17.91m 58-9¼	18.38m 60-3¼
6 Danny GUILIANI	SR VCU	16.93m 55-6½	16.93m 55-6½
7 Sidney YAP	SR George Mason		
8 Gabriel SANDERS	FR Duquesne	14.40m 47-3	14.40m 47-3
9 Diego COLLADO	JR Saint Louis	15.90m 52-2	15.90m 52-2
10 Glen YANCEY	SR VCU	17.19m 56-4¼	17.19m 56-4¼
11 Aaron LOMAX	SO George Mason	14.62m 47-11¼	15.01m 49-3
12 Christopher TAVARONE	SO Rhode Island	15.87m 52-¾	15.92m 52-2¾
13 Robert KESTYN	SO George Mason	14.48m 47-6¼	14.48m 47-6¼
14 Nick MORSE	SO Rhode Island	15.11m 49-7	15.23m 49-11¼
15 Justin BARNETT	SO VCU	15.00m 49-2½	15.00m 49-2½
16 Derek JACOBS	SR Rhode Island	16.51m 54-2	16.51m 54-2

WOMEN TRIPLE JUMP

Sunday 10:30 AM

A10: Sharonda Johnson - Charlotte - 12.94m (42-5½) (2007)

Top 9 Advance to Final

Flight 1 of 2

		<u>SB</u>	<u>PB</u>
1 Jayla PRUITT	FR Dayton	11.37m 37-3¼	11.37m 37-3¼
2 Megan BOZARTH	FR VCU		
3 Jade DYER-KENNEDY	JR Fordham	11.12m ^W 36-5¼	11.08m 36-4¼
4 Brandalyn JONES	FR La Salle	10.03m 32-11	10.03m 32-11
5 Bridie BOMMENTRE	FR Fordham	10.40m 34-1½	10.40m 34-1½
6 Tyler BERRY	SR UMass	11.14m ^W 36-6¼	11.13m 36-6¼
7 Chloe DAVIS	JR Davidson	11.66m 38-3¼	11.66m 38-3¼
8 Kasi BROWN	FR La Salle		
9 Kelly MCCLOUGHAN	FR Dayton	11.33m 37-2¼	11.33m 37-2¼
10 Morgan CROCKER	SO Richmond	11.61m 38-1¼	11.61m 38-1¼
11 Caroline BILLONE	SR Duquesne	11.36m 37-3¼	11.57m 37-11½

Flight 2 of 2

1 Grace FURLONG	JR George Mason	12.09m 39-8	12.09m 39-8
2 Amari JACKSON	SR VCU	12.07m ^W 39-7¼	12.00m 39-4¼
3 Christierra WILLIAMS	SO Dayton	12.09m 39-8	12.09m 39-8
4 Katie WISSING	SR Saint Louis	11.79m 38-8¼	12.49m 40-11¼
5 Emily MCDONALD	SR UMass	12.11m 39-8¼	12.11m 39-8¼
6 Dhiambi OTETE	SO George Mason	11.71m 38-5	11.71m 38-5
7 Raquel HAWKINS	SO VCU	11.70m 38-4¼	11.79m 38-8¼
8 Kelsey SEBWE	SO George Mason	12.08m 39-7¼	12.08m 39-7¼
9 Susan D'ONOFRIO	JR Saint Louis	12.10m 39-8½	12.10m 39-8½
10 Laura DEMARZI	JR George Mason	11.68m 38-4	11.68m 38-4
11 Sydney CARR	FR VCU	11.78m ^W 38-7¼	11.58m 38-0

WOMEN SHOT PUT

Sunday 11:30 AM

A10: Camora Sanders - VCU - 15.34m (50-4) (2019)

Top 9 Advance to Final

Flight 1 of 2

		<u>SB</u>	<u>PB</u>
1 Cheyenne FIGUEROA	SO UMass	11.65m 38-2¼	11.65m 38-2¼
2 Amanda GURTH	SO Fordham	11.79m 38-8¼	11.79m 38-8¼
3 Isabella SPOSATO	SO Rhode Island	11.47m 37-7¼	11.47m 37-7¼
4 Caroline MILLER	SO Saint Louis	12.09m 39-8	12.09m 39-8
5 Tiffany HANNA	SR Fordham	12.61m 41-4½	12.61m 41-4½
6 Aaliyah ALLEYNE	FR UMass	11.26m 36-11½	11.26m 36-11½
7 Megan WOOD	SO Rhode Island	12.52m 41-1	12.72m 41-8¼
8 Grace GAUDIN	SR George Mason		14.58m 47-10
9 Gabriella PAGNINI	SO UMass	12.40m 40-8¼	12.40m 40-8¼
10 Ashley O'LOUGHLIN	SR Rhode Island	11.16m 36-7½	11.16m 36-7½

Flight 2 of 2

1 Taylor FLIGHT	SR Dayton	14.94m 49-¼	14.94m 49-¼
2 Danielle NOTARFRANCESCO	SR UMass	14.83m 48-8	15.31m 50-2¼
3 Grace HOMAN	JR Dayton	14.11m 46-3½	14.11m 46-3½



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Start Lists

4 Eryn BYRD	SO VCU	14.68m 48-2	14.68m 48-2
5 Jessica MCRAE	JR George Mason	13.29m 43-7½	13.29m 43-7½
6 Shannon MOISE	JR VCU	14.24m 46-8½	14.24m 46-8½
7 Jianna PENO	JR Rhode Island	12.80m 42-0	12.80m 42-0
8 Jocelyn MIDKIFF	SO VCU	13.60m 44-7½	13.97m 45-10
9 Rachel KOONMEN	SO Duquesne	12.81m 42-½	12.81m 42-½
10 Makayla MCGOWAN	SR VCU	15.15m 49-8½	15.21m 49-11

MEN DISCUS

Sunday 12:00 PM

A10: Sam Snyder - Rhode Island - 56.80m (186-4) (2016)

Top 9 Advance to Final

Flight 1 of 2

			<u>SB</u>	<u>PB</u>
1 Rocco CAPRARA	FR Duquesne	39.14m 128-5	39.14m 128-5	
2 Christopher TAVARONE	SO Rhode Island	46.03m 151-0	53.22m 174-7	
3 Coston O'BRIEN	SR UMass	46.47m 152-5	48.29m 158-5	
4 Coby COCKRELL	JR VCU	44.74m 146-9	45.22m 148-4	
5 Nick MORSE	SO Rhode Island	46.33m 152-0	46.33m 152-0	
6 Alec WARGO	JR Fordham			
7 Nick TARABOKIA	FR Duquesne	35.36m 116-0	35.36m 116-0	
8 Glen YANCEY	SR VCU	45.21m 148-4	45.21m 148-4	
9 Victor WISKI	SR Saint Louis	42.69m 140-0	42.97m 140-11	

Flight 2 of 2

1 Tevin EARLY	SO UMass	47.37m 155-5	47.37m 155-5	
2 Jaylen SIMMONS	SR George Mason	53.22m 174-7	53.22m 174-7	
3 Derek JACOBS	SR Rhode Island	51.62m 169-4	51.62m 169-4	
4 Justin BARNETT	SO VCU	48.81m 160-1	48.81m 160-1	
5 Connor STEGGERDA	JR George Mason	47.06m 154-5	50.90m 167-0	
6 Jakob VOLLBRECHT	JR VCU	55.24m 181-3	55.24m 181-3	
7 Jack STAJOS	SO Davidson	49.52m 162-5	49.52m 162-5	
8 Robert KESTYN	SO George Mason	49.49m 162-4	49.49m 162-4	
9 Joseph DUGGAN	FR UMass	47.20m 154-10	47.20m 154-10	
10 Aaron LOMAX	SO George Mason	47.04m 154-4	48.30m 158-5	

MEN TRIPLE JUMP

Sunday 1:00 PM

A10: Casey Burley - Rhode Island - 15.51m (50-10¾) (2018)

Top 9 Advance to Final

Flight 1 of 2

			<u>SB</u>	<u>PB</u>
1 Garrett ROBINSON	JR Rhode Island		13.90m 45-7¼	
2 Justin RHEE	SO Fordham	12.95m 42-6	13.64m 44-9	
3 Ryan LIGHTBOURNE	FR George Mason	13.53m 44-4¾	13.53m 44-4¾	
4 Ben WOLFE	SO La Salle		12.62m 41-5	
5 Ethan KING-VINCENT	FR Duquesne	12.97m 42-6¾	12.97m 42-6¾	
6 Davon TATE	FR Rhode Island			
7 Allan BELLEVUE	FR UMass	11.99m 39-4	11.99m 39-4	
8 John SANTOS	FR Rhode Island	12.82m 42-¾	12.82m 42-¾	
9 Tyler GLENDON	SO UMass	12.74m 41-9¾	12.74m 41-9¾	

Flight 2 of 2

1 Dylan AMERES	SO Davidson	14.34m 47-¾	14.81m 48-7¼	
2 Orion JOYNER	SO Rhode Island	14.27m 46-10	14.27m 46-10	
3 David COLES	FR VCU	14.57m ^W 47-9¾	14.42m 47-3¾	
4 Evan BRUENDERMAN	FR Saint Louis	14.17m 46-6	14.17m 46-6	
5 Logan WILLIAMSON	SO Duquesne	15.08m 49-5¼	15.28m 50-1¼	
6 John CURTIN	SO Davidson	14.27m 46-10	14.27m 46-10	
7 Cameron MBALO	SO Duquesne	14.61m 47-11¼	14.82m 48-7½	
8 Patrick FEHM	SO St. Joseph's	14.27m 46-10	14.81m 48-7¼	
9 Mohamad ABDELRAHMAN	SO VCU	14.04m ^W 46-¾	13.74m 45-1	

WOMEN DISCUS

Sunday 2:15 PM

A10: Michelle Wallerstedt - George Mason - 53.84m (176-8) (2017)

Top 9 Advance to Final

Flight 1 of 2

			<u>SB</u>	<u>PB</u>
1 Shannon MOISE	JR VCU	42.70m 140-1	42.70m 140-1	
2 Gabriella PAGNINI	SO UMass	41.83m 137-3	41.83m 137-3	
3 Isabella SPOSATO	SO Rhode Island	35.05m 115-0	35.43m 116-3	
4 Danielle NOTARFRANCESCO	SR UMass	38.71m 127-0	39.62m 130-0	
5 Ali VANDEHEEDE	SO Saint Louis	39.54m 129-9	39.54m 129-9	
6 Cheyenne FIGUEROA	SO UMass	42.66m 139-11	44.89m 147-3	
7 Casey NELSON	JR George Mason	40.19m 131-10	40.81m 133-10	
8 Amanda GURTH	SO Fordham	33.18m 108-10	33.18m 108-10	

Flight 2 of 2

1 Angelina WHITE	SO Saint Louis	42.84m 140-7	42.84m 140-7	
2 Eryn BYRD	SO VCU	45.57m 149-6	45.59m 149-7	
3 Taylor FLIGHT	SR Dayton	45.60m 149-7	48.29m 158-5	
4 Tiffany HANNA	SR Fordham	45.09m 147-11	45.09m 147-11	
5 Megan WOOD	SO Rhode Island	43.30m 142-1	43.98m 144-3	
6 Jocelyn MIDKIFF	SO VCU	42.73m 140-2	48.08m 157-9	
7 Samantha ANDREWS	SR Rhode Island	44.36m 145-6	44.36m 145-6	
8 Grace HOMAN	JR Dayton	45.67m 149-10	45.67m 149-10	
9 Makayla MCGOWAN	SR VCU	51.08m 167-7	51.08m 167-7	

DEC MEN 110 M HURDLES

Sunday 9:00 AM

A10: Kristopher Horn - UMass - 7295 (2017)

Section 1 of 3

		<u>SB</u>	<u>PB</u>
3 William HOLDEN WINGATE	FR Davidson	5494	5494
5 William ZACH	SR George Mason	3231	3231
7 Nick TOMPKINS	SO Davidson	5967	5967

Section 2 of 3

1 Ellis NEI	FR George Mason	4224	4224
3 Mason MILLER	FR UMass	5284	5284
5 Stephen CIRELLA	SR Rhode Island	6731	6731
7 Wyatt LAMELL	FR Rhode Island	6577	6577

Section 3 of 3

1 Mykalee ATKINS	SR VCU	5423	5483
3 Devin DONAHUE	SO Rhode Island	6870	6870
5 Cason GARDNER	JR George Mason	6704	6704
7 Ryan TONA	FR Rhode Island	6527	6527

DEC MEN DISCUS

Sunday 9:45 AM

A10: Kristopher Horn - UMass - 7295 (2017)

Flight 1 of 1

		<u>SB</u>	<u>PB</u>
1 Ellis NEI	FR George Mason	4224	4224 30.83m
2 Wyatt LAMELL	FR Rhode Island	6577	6577 34.94m
3 Cason GARDNER	JR George Mason	6704	6704 32.19m
4 Devin DONAHUE	SO Rhode Island	6870	6870 42.57m
5 William HOLDEN WINGATE	FR Davidson	5494	5494 30.63m
6 Ryan TONA	FR Rhode Island	6527	6527 38.06m
7 Nick TOMPKINS	SO Davidson	5967	5967 36.93m
8 Stephen CIRELLA	SR Rhode Island	6731	6731 47.62m
9 Mykalee ATKINS	SR VCU	5423	5483 36.54m
10 William ZACH	SR George Mason	3231	3231 23.98m
11 Mason MILLER	FR UMass	5284	5284 22.98m

DEC MEN POLE VAULT

Sunday 11:00 AM

A10: Kristopher Horn - UMass - 7295 (2017)

Flight 1 of 1

		<u>SB</u>	<u>PB</u>
1 Stephen CIRELLA	SR Rhode Island	6731	6731 4.40m
2 Mykalee ATKINS	SR VCU	5423	5483 3.40m
3 Ryan TONA	FR Rhode Island	6527	6527 3.80m
4 Cason GARDNER	JR George Mason	6704	6704 4.25m
5 Mason MILLER	FR UMass	5284	5284 3.25m



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6 Nick TOMPKINS	SO Davidson	5967	5967	3.00m
7 William ZACH	SR George Mason	3231	3231	2.90m
8 Ellis NEI	FR George Mason	4224	4224	3.90m
9 Wyatt LAMELL	FR Rhode Island	6577	6577	4.25m
10 William HOLDEN WINGATE	FR Davidson	5494	5494	3.90m
11 Devin DONAHUE	SO Rhode Island	6870	6870	4.05m

DEC MEN JAVELIN

Sunday 1:45 PM

A10: Kristopher Horn - UMass - 7295 (2017)

Flight 1 of 1

			<u>SB</u>	<u>PB</u>
1 Mykalee ATKINS	SR VCU	5423	5483	38.36m
2 Stephen CIRELLA	SR Rhode Island	6731	6731	56.17m
3 Nick TOMPKINS	SO Davidson	5967	5967	45.33m
4 Devin DONAHUE	SO Rhode Island	6870	6870	49.30m
5 Cason GARDNER	JR George Mason	6704	6704	56.87m
6 William HOLDEN WINGATE	FR Davidson	5494	5494	42.65m
7 Wyatt LAMELL	FR Rhode Island	6577	6577	47.18m
8 William ZACH	SR George Mason	3231	3231	34.59m
9 Ellis NEI	FR George Mason	4224	4224	37.33m
10 Ryan TONA	FR Rhode Island	6527	6527	46.51m
11 Mason MILLER	FR UMass	5284	5284	38.84m

DEC MEN 1500 M

Sunday 3:10 PM

A10: Kristopher Horn - UMass - 7295 (2017)

Final

			<u>SB</u>	<u>PB</u>
1 Devin DONAHUE	SO Rhode Island	6870	6870	
2 Stephen CIRELLA	SR Rhode Island	6731	6731	
3 Cason GARDNER	JR George Mason	6704	6704	
4 Wyatt LAMELL	FR Rhode Island	6577	6577	
5 Ryan TONA	FR Rhode Island	6527	6527	
6 Nick TOMPKINS	SO Davidson	5967	5967	
7 William HOLDEN WINGATE	FR Davidson	5494	5494	
8 Mykalee ATKINS	SR VCU	5423	5483	
9 Mason MILLER	FR UMass	5284	5284	
10 Ellis NEI	FR George Mason	4224	4224	
11 William ZACH	SR George Mason	3231	3231	

HEPT WOMEN LONG JUMP

Sunday 1:15 PM

A10: Janel Conley - Rhode Island - 5292 (2017)

Flight 1 of 1

			<u>SB</u>	<u>PB</u>
1 Jailah CHANNER	SO VCU	4507	4507	5.30m
2 Abigail WEENING	FR George Mason	4661	4661	5.63m
3 Taylor JAMES	SO VCU	3786	3786	4.81m
4 Hannah KANJIAN	JR Davidson	4823	4823	5.61m
5 Abby CIBULKA	JR Saint Louis	4034	4037	5.20m
6 Kira KOPEC	SR UMass	5156	5156	5.67m
7 Heather KURLAND	FR UMass	3566	3566	5.20m
8 Jamelah CARSWELL	SO Duquesne	4248	4248	5.62m
9 Courtney HIGGINS	SR VCU	4816	5023	5.78m
10 Emily BROZESKI	SO Duquesne		4952	5.81m
11 Theresa RICHARDSON	SO La Salle			
12 Riley DODD	FR Davidson	3385	3385	5.00m
13 Elizabeth LODGE	SR UMass	4480	4480	5.06m
14 Halle WALCUTT	FR Duquesne	3378	3378	4.86m
15 Lindsey SCHMIDT	JR George Mason	4644	4644	5.21m
16 Katelyn GORGENYI	FR UMass	3415	3415	5.35m

HEPT WOMEN JAVELIN

Sunday 3:00 PM

A10: Janel Conley - Rhode Island - 5292 (2017)

Flight 1 of 1

<u>SB</u>	<u>PB</u>
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1 Heather KURLAND	FR UMass	3566	3566	15.29m
2 Riley DODD	FR Davidson	3385	3385	28.08m
3 Kira KOPEC	SR UMass	5156	5156	35.05m
4 Courtney HIGGINS	SR VCU	4816	5023	34.65m
5 Abby CIBULKA	JR Saint Louis	4034	4037	29.92m
6 Taylor JAMES	SO VCU	3786	3786	20.20m
7 Katelyn GORGENYI	FR UMass	3415	3415	18.98m
8 Jamelah CARSWELL	SO Duquesne	4248	4248	21.20m
9 Emily BROZESKI	SO Duquesne		4952	30.06m
10 Elizabeth LODGE	SR UMass	4480	4480	27.48m
11 Jailah CHANNER	SO VCU	4507	4507	30.68m
12 Lindsey SCHMIDT	JR George Mason	4644	4644	27.74m
13 Theresa RICHARDSON	SO La Salle			
14 Hannah KANJIAN	JR Davidson	4823	4823	33.21m
15 Halle WALCUTT	FR Duquesne	3378	3378	28.10m
16 Abigail WEENING	FR George Mason	4661	4661	28.76m

HEPT WOMEN 800 M

Sunday 3:55 PM

A10: Janel Conley - Rhode Island - 5292 (2017)

Final

			<u>SB</u>	<u>PB</u>
1 Kira KOPEC	SR UMass	5156	5156	
2 Courtney HIGGINS	SR VCU	4816	5023	
3 Emily BROZESKI	SO Duquesne		4952	
4 Hannah KANJIAN	JR Davidson	4823	4823	
5 Abigail WEENING	FR George Mason	4661	4661	
6 Lindsey SCHMIDT	JR George Mason	4644	4644	
7 Jailah CHANNER	SO VCU	4507	4507	
8 Elizabeth LODGE	SR UMass	4480	4480	
9 Jamelah CARSWELL	SO Duquesne	4248	4248	
10 Abby CIBULKA	JR Saint Louis	4034	4037	
11 Taylor JAMES	SO VCU	3786	3786	
12 Heather KURLAND	FR UMass	3566	3566	
13 Katelyn GORGENYI	FR UMass	3415	3415	
14 Riley DODD	FR Davidson	3385	3385	
15 Halle WALCUTT	FR Duquesne	3378	3378	
16 Theresa RICHARDSON	SO La Salle			