Meet of Champions

Final Time Schedule

Schedule- Field Events (Long Throws will roll Hammer> Javelin> Discus-start times are approximate)

10:00am-	Hammer (women followed by men)
12:00pm	Shot Put (women followed by men)
1:00pm	Javelin (women followed by men)
1:00pm	High Jump (men followed by women)
	Long Jump women- (Pit A) Men- (Pit B)
	followed 30 minutes after completion of LJ by
	Triple Jump-women (Pit A)/Men- (Pit B)
2:00pm	Pole Vault (women followed by men)
3:00pm	Discus (women followed by men)

Running Events

3:00pm	3000m Steeplechase
3:30pm	400m Relay
3:40pm	1500m
4:05pm	100m H/110m HH
4:25pm	400m
4:40pm	100m
4:55pm	Boy's and Girl's Club 100m (2 heats)
5:00pm	800m
5:15pm	400m IH
5:30pm	200m
5:45pm	5000m
6:20pm	1600m Relay
6:40pm	Awards Ceremony