



2022 DUKE INVITE

Morris Williams Stadium

Thursday April 7th – Saturday April 9th, 2022



FINAL MEET INFORMATION

DUKE CONTACT INFORMATION

Name	Title	Phone	E-Mail
Shawn Wilbourn	Director of Track & Field / Cross Country	(919) 812-4293	shawn.wilbourn@duke.edu
Adam Cooke	Assistant Coach / Meet Director	(919) 381-2531	adam.cooke@duke.edu
Angelo Posillico	Assistant Coach / Officials Coordinator	(516)-509-2256	angelo.posillico@duke.edu
Becca Wilusz	Director of Athletic Facilities	(919) 684-1002	rebecca.wilusz@duke.edu
Zach Scherwinski	Athletic Trainer	(715) 661-3509	zs118@duke.edu
Jalen Manning	Athletics Communications	(919) 668-7938	jalen.manning@duke.edu

DUKE
TRACK & FIELD



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Timing/Results

Live Results will be done by FlashResults (www.FlashResults.com)

Final Results will be available at the conclusion of the competition on www.GoDuke.com

Event Schedule

Final Schedule is listed on Pages 4 and 5

Height Progressions

Men's Pole Vault - Section B

4.30; 4.45; 4.60; 4.75; 4.90; 5.05; then by 10cm

Men's Pole Vault- Section A

4.75; 4.90; 5.05; then by 10cm

Women's Pole Vault- Section B

3.20; 3.40; 3.55; 3.70; 3.85; 4.00; then by 10cm

Women's Pole Vault - Section A

3.70; 3.85; 4.00; then by 10cm

Women's High Jump

1.50; 1.55; 1.60; 1.65; 1.70; 1.74; then by 3cm

Men's High Jump

1.85; 1.90; 1.95; 2.00; 2.03; 2.06; then by 3cm

Practice Times

The facility will be open Thursday, April 7th until 7:00pm for practice. **No Throwing Events may be practiced after 10:30am.**

The Decathlon and Heptathlon will be being contested – please be cognizant of the events in session. Meet Management will clear the track and/or field event area for the completion of the Decathlon/Heptathlon.



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Implement Weigh-In

ALL Implements must be checked in at the bottom of Kennedy Tower in the North Bay **no later than 90 minutes prior** to the scheduled start of the event. **Day of Event Implement Check in ONLY – we will not hold implements overnight.**

Event Check-In

Participants in the running events must check in with the clerk no later than 15 minutes before the scheduled start of their race. Failure to do so may result in being scratched.

Participants in the 200m must check in no later than 45 minutes prior to the start of the event. If you do not check in, you will be scratched. The 200m will be seeded after check in.

Participants in the field events must check in with the officials at their event no later than 60 minutes prior to the scheduled start of their event. Failure to do so may result in being scratched.

Warm-Up Area

FRIDAY: The designated warm up area will be the Outfield of Jack Coombs Field (Baseball), located directly north of the stadium on Whitford Drive.

SATURDAY: The designated warm up area will be the turf fields located directly south of the stadium on Bassett Drive.

Athletic Training

Trainers will be available trackside in the bottom of Kennedy Tower in the north end. Please bring your own supplies.

For other arrangements, please contact Zach Scherwinski (zs118@duke.edu)

Weather and Event Updates

All weather and event related updates will be communicated via Twitter, @DukeTFXC



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Final Schedule

Thursday, April 7th, 2022

Time	Gender	Multi Events
12:30 PM	Women	Heptathlon
1:30 PM	Men	Decathlon

Friday, April 8th, 2022

Time	Gender	Field Events
9:30 AM	Men	Hammer Throw
~12:00 PM	Women	Hammer Throw (Following Conclusion of Men's Hammer Throw)
9:30 AM	Women	Shot Put
~12:00 PM	Men	Shot Put (Following Conclusion of Women's Shot Put)
2:00 PM	Women	Pole Vault (B Section)
4:00 PM	Women	Long Jump
6:00 PM	Men	Pole Vault (B Section)
~6:00 PM	Men	Long Jump (Following Conclusion of Women's Long Jump)
Time	Gender	Multi Events
2:00 PM	Women	Heptathlon
2:00 PM	Men	Decathlon
Time	Gender	Running Events
6:30 PM	Men	1500m
7:00 PM	Women	1500m
7:30 PM	Men	1500m Invite Section 2
7:35 PM	Men	1500m Invite Section 1
7:40 PM	Women	1500m Invite Section 2
7:45 PM	Women	1500m Invite Section 1
8:00 PM	Women	3000m Steeplechase
8:15 PM	Men	3000m Steeplechase
8:30 PM	Men	5000m Section 1
8:50 PM	Women	5000m Section 1
9:10 PM	Men	5000m Section 2
9:30 PM	Men	5000m Section 3
9:50 PM	Women	5000m Section 2



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Saturday, April 9th 2022

Time	Gender	Field Events
9:30 AM	Women	Discus
10:00 AM	Women	High Jump (A and B Sections – 2 Pits)
11:00 AM	Women	Triple Jump
12:00 PM	Men	Discus (Following Conclusion of Women's Discus)
12:00 PM	Men	High Jump
12:00 PM	Men	Pole Vault (A Section)
1:00 PM	Men	Triple Jump
~2:00 PM	Women	Javelin (Following Conclusion of Men's Discus)
3:00 PM	Women	Pole Vault (A Section)
~4:00 PM	Men	Javelin (Following Conclusion of Women's Javelin)
Time	Gender	Running Events
12:00 PM	Men	4x100m Relay
12:10 PM	Women	4x100m Relay
12:25 PM	Men	110m Hurdles
12:40 PM	Women	100m Hurdles
1:00 PM	Men	400m
1:15 PM	Women	400m
1:30 PM	Men	100m
1:45 PM	Women	100m
2:00 PM		Duke Senior Recognition
2:15 PM	Men	400m Hurdles
2:30 PM	Women	400m Hurdles
2:50 PM	Men	200m
3:05 PM	Women	200m
3:30 PM	Men	800m
3:55 PM	Women	800m
4:25 PM	Men	4x400m Relay
4:35 PM	Women	4x400m Relay