Gilliam Indoor Track& Field Stadium at the McFerrin Athletic Center Texas A&M University ~ Bryan - College Station, Texas

# **APPROXIMATE TIME SCHEDULE**

Please note, we will have a rolling time schedule. The meet may run slightly ahead or slightly behind this schedule. The times listed in red are **APPROXIMATE** times for when events may start, meant to be used for warm-up

purposes only.

## - DAY ONE -

Friday, January 7

#### FIELD EVENTS

5:00 pm	В	Pole Vault	Final	
_	G	Pole Vault	Final	
5:30 pm	В	High Jump (2 pits)	Final	
6:00 pm	В	Shot Put	Trials & Final	
8:00 pm	G	High Jump (2 pits)	Final	
		<b>RUNNING EVEN</b>	ГS	
4:55 pm		National Anthem		
5:00 pm	В	800 Meters	Sec vs Time	
5:48 pm	В	400 Meters	Prelim	
6:40 pm	G	800 Meters	Sec vs Time	
7:12 pm	G	400 Meters	Prelim	
8:20 pm	В	200 Meters	Prelim	
9:24 pm	G	200 Meters	Prelim	
~10:43 pm		Projected Finish		

#### - DAY TWO -

Saturday, January 8

#### **Morning Session**

# FIELD EVENTS

	10:00 am	G	Triple Jump	Trials & Final
		В	Triple Jump	Trials & Final
	1		RUNNING EVENT	rs.
<b>Note:</b> the Boys 2 Mile	10:30 am	В	2 Mile	Sec vs Time
will run on the oval	10.50 am	G	60 Hurdles	Prelim
concurrently with the	11:00 am	B	60 Hurdles	Prelim
Boys and Girls 60m	11:25 am	G	2 Mile	Sec vs Time
hurdles on the straight	11:25 am	B	60 Meters	Prelim
The Girls 2 Mile will run	12:30 pm	G	60 Meters	Prelim
concurrently with the	~1:40 pm	U	Projected Finish	Tienni
Boys and Girls 60m on	~1.40 pm		Trojected Tillish	
the straight			Afternoon Sessio	n
	J		FIELD EVENTS	
	2:00 pm	G	Long Jump	Trials & Final
	2:30 pm	G	Shot Put	Trials & Final
	3:00 pm	В	Long Jump	Trials & Final
			RUNNING EVENT	ſS
	2:55 pm		National Anthem	
	3:00 pm	G	4x800 Relay	Sec vs Time
	3:15 pm	G	Mile	Sec vs Time
	4:25 pm	В	60 Hurdles	Final (2 Section Final)
	4:32 pm	G	60 Hurdles	Final (2 Section Final)
	4:40 pm	В	400 Meters	Final (3 Section Final)
	4:46 pm	G	400 Meters	Final (3 Section Final)
	4:55 pm	В	60 Meters	Final (2 Section Final)
	4:59 pm	G	60 Meters	Final (2 Section Final)
	5:07 pm	В	200 Meters	Final (3 Section Final)
	5:12 pm	G	200 Meters	Final (3 Section Final)
	5:20 pm	В	4x800 Relay	Sec vs Time
	5:32 pm	В	Mile	Sec vs Time
	6:47 pm	В	4 x 400 Relay	Sec vs Time
	7:22 pm	G	4 x 400 Relay	Sec vs Time
	~8:05 pm		Running Projected Finis	
	~9:15 pm		Girl's Long Jump Proje	cted Finish

Gilliam Indoor Track Stadium at the McFerrin Athletic Center Bryan - College Station, TX Friday-Saturday, January 7-8, 2022



Gilliam Indoor Track and Field Stadium at the McFerrin Athletic Center 171 Wellborn Rd, College Station, TX, 77840

# **ENTRY DEADLINE:**

Entry deadline is Noon on Tuesday, January 4, 2022

# Late Entry Period: 5:00pm Tuesday Jan. 4, 2022 to Noon Wednesday, Jan. 5, 2022

# **ENTRY GUIDE LINES:**

This is strictly a meet for **high school** athletes. <u>Athletes must be currently enrolled in</u> <u>grades 9, 10, 11 or 12 only</u>. High School athletes meeting this criteria do not have to represent their high school team; they may compete as an unattached athlete or part of a club team. Competitors must bring a valid school ID for possible age verification. <u>We will</u> <u>conduct random checks of age at check-in.</u>

# **ENTRY FEE:**

- 1. Entries are not accepted until payment is completed online. No payments will be accepted at the meet. <u>No refunds upon completion of payment.</u>
- 2. Entry fees are \$20 per athlete per event and \$30 per relay.
- 3. All entries must be done online through Direct Athletics.

# **Coaches / Guardian Wristband**

4. ALL entries, team OR individual, are required to purchase either a coach or guardian wristband with their entry. This is a high school meet we expect all entrants to have adult supervision.

<u>Coach's wristband</u> will grant access to the warm-up facility and athlete seating in the competition venue. A maximum of 4 coach's wristbands may be purchased per team per gender. If purchased in advance on Direct Athletics the cost is \$25, or in person at the meet for \$40.

<u>Guardian wristband</u> will grant access to the meet as a spectator in general admission seating. This does not allow access to the warm-up facility. Cost of the guardian wristband is \$15.

# Late Entry Period

5. Entries completed during the late entry period will be \$50 per athlete per event and \$60 per relay. Late entry will start at 5:00 pm on Tuesday, Jan 4<sup>th</sup>, and end at noon on Wednesday, January 5<sup>th</sup>.

Note: Entry fees cover the cost of timing crew, officials, trainers, awards and facilities use.

# **ENTRY RESTRICTION:**

- No doubling in the 200m / 400m, choose one or the other.
- No doubling in the 1 Mile / 2 Mile, choose one or the other.

## **ENTRY PROCEDURE:**

Purchase entries online through Direct Athletics. Please see the attached document with entry procedures.

# **PACKET PICK-UP:**

Packet pickup will be located on the west side of the front lobby of the indoor track. Please bring your registration receipt from Direct Athletics. Packet pick-up will be available during the following times:

- Friday, January 7 2:00pm 7:30pm
- Saturday, January 8 8:00am 5:30pm

# PARTICIPANT ENTRY, CREDENTIALS AND SEATING:

- All athletes and coaches with valid wristbands must enter through the east doors of the Indoor Football facility.
- All competing athletes are issued a wristband to be used for both days.
- Coach's wristbands purchased online are provided in the packer. Please see ENTRY FEES regarding the purchase of Coach's wristbands. <u>Coaches must be 21 years or older and may not be used with children.</u>
- NO children will be allowed in the warm-up area at any time.
- Athlete and coaches may sit in General Admission or in the bleachers on the west wall next to the shot ring
- One wristband per person will be used for both days

#### TIMING:

The meet will be timed by Flash Results

# **PREFERRED LANES:**

Straight Sprint Races	4-5-3-6-2-7-1-8
Oval Sprint Races	5-6-4-3-(2-1)
<b>Oval Distance Races</b>	Random

#### **SEEDING:**

All running events will be seeded and lanes drawn according to times submitted. No changes will be made at the meet.

## **ADVANCEMENT PROCEDURE:**

- Running Events:
  - 60m/60 Hurdles: **Top 16** times from prelim rounds will advance to final rounds
  - 200m/400m: Top 12 times from prelim rounds will advance to final rounds
  - All other running events: Contested in sections against time
- Field Events:
  - **Top 9** competitors from the prelim rounds will advance to the final round

#### **MEET RULES:**

- No headphones or personal sound system (mp3, ipod etc) will be allowed in the Indoor Track or the warm-up facility.
- No athletes are allowed in the Coaching Areas
- Athletes will be disqualified if caught in unapproved spikes.

#### **SPIKES:**

- ATHLETES WILL NOT RUN IF YOU DO NOT COMPLY WITH THIS RULE
- The only spike pin allowed for our facility is the <sup>1</sup>/<sub>4</sub>" pyramid spike from MF Athletics, 800-556-7464, Item #6650-1/4 (<sup>1</sup>/<sub>4</sub>" Pyramid Spike pins).
- The 7mm spike is NOT ALLOWED. The spike measures longer than the Pyramid Spike we allow.
- The use of  $\frac{1}{4}$ " pyramid spikes will be strictly enforced.
- NO NEEDLE SPIKES OR CHRISTMAS TREE SPIKES ALLOWED.
- No permanent spike shoes allowed.
- Shoes will be checked at last call in the Clerk Area and prior to getting on the track.

#### **RUNWAY MARKS:**

White athletic tape may be used on the runways. Chalk and cones are not permitted.

#### **OPENING HEIGHTS:**

Opening heights in pole vault and high jump will be determined by meet management based on entry marks.

### **POLE VAULT CERTIFICATION:**

Pole-vaulters must complete the UIL High School Pole Vault Certification Form prior to competing. Forms can be found at the clerk area and must be turned into the head Pole Vault official. National Federation Track and Field Rules state that competitor's weight shall be at or below the manufacturer's pole rating. A competitor shall not use a variable weight pole, a pole which is improperly marked or a pole rated below his/her weight during warm-up or competition.

#### WEIGH-IN:

The implement room is located under the stands though the Northwest portal, Room #102. Implements can be checked-in 2 hours prior to the start of the day's competitions and up to 45 minutes prior to the event. The implement room will be closed 45 minutes after the completion of the last throwing event of the day. <u>ONLY INDOOR SHOT PUTS WILL BE</u> <u>ALLOWED.</u>

## FACILITY AVAILABILITY:

The McFerrin Athletic Center Indoor Track and the Indoor Football Facility will be available for teams on:

•	Friday, January 7	Track CLOSED for warm-up
		2:00pm – Indoor Football Facility open for warm-up and
		packet pickup
•	Saturday, January 8	Track CLOSED for warm-up
		8:00am – Indoor Football Facility open for warm-up and packet pickup

# **COMPETITION WARM-UP AND ATHLETE CHECK-IN:**

- No warming up will be allowed on the track.
- Warm-up is available in the Indoor Football Facility only
- Running Events: Report to the clerk ready to run when your event is called.
- Field Events: Athletes must check-in at the clerking area. Flights will be escorted to the event site on the following schedule:

<u>Shot Put, Long Jump and Triple Jump</u> competitors will be allowed at competition venue 35 minutes prior to start of competition. The final 15 minutes will be reserved for competition in the first flight. The remaining flights' competitors will return to the warm-up area. A report call for the next flight will be given at the conclusion of the first round of the flight in progress. At the conclusion of the second round of the flight in progress competitors of the next flight will be escorted to the competition venue.

<u>High Jump</u> competitors will be allowed at competition venue 45 minutes prior to the start of the competition.

<u>Pole Vault</u> competitors will be allowed at competition venue 75 minutes prior to the start of competition.

# HORIZONTAL JUMPS

## Distance from Board to the Pit

M/W	Long Jump:	Wood Board only at 11' 5 <sup>3</sup> / <sub>4</sub> " (3.50m)
W	Triple Jump:	Wood Board at 37' 8 ¼" (11.50m) or Tape Board at 31' 2" (9.50m)

M Triple Jump: Wood Board at 37' 8 <sup>1</sup>/<sub>4</sub>" (11.50m)

# HEAT SHEETS AND RESULTS:

Heat sheets will be posted on the website at 12thman.com by 9:00pm, Thursday, January 6. Event results will be posted at the conclusion of the event in the North Wall of the Indoor Football Facility and in the foyer of the Indoor Track Facility under the stands. Final results will be posted on our website following the completion of the meet.

# **COACHING AREAS:**

Will be designated and monitored. No Athletes allowed in coaching areas.

# AWARDS:

Awards will be presented. A medal will be awarded to the winner of each event. Also, a male and a female will be awarded the outstanding athlete in the field event area and the running events.

# **EMERGENCY MEDICAL SERVICES:**

Will be provided onsite.

# **DRESSING/SHOWER FACILITIES:**

Not Available

## **PARKING:**

<u>Team Bus</u>: Drop-off will be in Lot 48 off of Houston St. Team buses will park on the southbound right lane of Throckmorton. DO NOT park in lot 48, 60, or 62.

Team Van, Competitor, and Spectator:

Friday, January 7

After 2:00 PM – Lot 61 and 62 will be available After 5:00 PM – Lot 48 will be available Two pay to park parking garages (Cain and West Campus) are available.

Saturday, January 8 Lot 48 and 62 will be available at no charge Lot 61 is available for \$5 Cash only Two pay to park parking garages (Cain and West Campus) are available.

# PARENT AND SPECTATOR TICKETS:

Please check our ticket website for reserved seating or general admission at <u>https://www.12thmanfoundation.com/tickets/track-and-field/index.html</u> or call Texas A&M Athletic Ticket office at 888-99AGGIE (992-4443).

# **SPECTATOR ENTRY:**

Spectators must enter through the main entrance of the Gilliam Indoor Track and Field Stadium at the McFerrin Athletic Center. Chair backs greater than 16 inches in width will not be allowed in the facility.

# **CLEAR BAG POLICY:**

Texas A&M University has adopted a new clear bag policy for all home athletics contests. This policy will be enforced for spectators and anyone entering through the front doors. The policy **WILL NOT** apply to any credentialed person (coaches, staff, student-athletes, etc) entering the facility through the warm-up area. For more information, please visit www.12thman.com/beclear.

## **COMPETITION ETIQUETTE:**

Meet management reserve the right to dismiss any athlete, parent, club, team, organization, school, or institution from the competition for disciplinary reasons and or not following meet protocol.

#### **UPDATES:**

Please continue to check <u>https://12thman.com/sports/mens-track-and-field</u> for any updates on meet information, parking and/or schedules

If you have any questions, please email Brian Bancroft at <u>bbancroft@athletics.tamu.edu</u> or call 979-845-5823.

# Texas A&M Track & Field







Item #6650-1/4 from MF Athletics (800) 556-7464

**Tree Spike** Christmas Pins







# How to Submit Online Entries

\*\*\*NOTE: After all of your athletes have been added to your online roster (Step 2), you must submit your roster/entries to the meet by clicking the green "Register" link. (Step 3 below) Your rosters/entries are not submitted until you complete Step 3.\*\*\*

#### STEP 1—Access your DirectAthletics Account

Each coach must have a DirectAthletics username and password for his/her school. If you don't know your username and password, you will be able to create one or retrieve your existing account by following the instructions below.

If you already have a DirectAthletics account for your Cross Country team, and know your username and password	If you do NOT know your username and password
<ol> <li>Go to <u>www.directathletics.com</u></li> <li>In the login box, enter your username and password and click Login.</li> <li>(Remember that your password is case-sensitive)</li> </ol>	<ol> <li>Go to <u>www.directathletics.com</u></li> <li>Click on the link "New User? Click HERE".</li> <li>Follow onscreen instructions. You will be able to create an account online or retrieve forgotten information for an existing account.</li> </ol>

NOTE ABOUT ACCOUNTS: Most coach accounts control a school's Men's AND Women's team. You control only one gender at time, so you will complete the below steps for your Men, and then switch to your Women's team and repeat the process (or vice versa). The team you are controlling is listed on the blue navigation bar across the top of your account, for example:

Sport: Track and Field

Team: Trinity College School (M)

This indicates that you are controlling the Trinity College School MEN'S team (M=MEN). To switch to your Women's team, you would select "Trinity College School (W)".

#### STEP 2—Edit/Set up Your Online Roster

Before entering an athlete into a meet, you must add all attending athletes to your roster. If an athlete is already on your roster (from previous seasons) you do not need to add him/her again. Most schools will just need to add new athletes and delete athletes no longer on the roster.

- 1) Upon logging in, click the TEAM tab.
- 2) If you have used DirectAthletics before, you will see last year's roster. School years have automatically been moved forward one year. You can click "Import Track Roster" which is listed on the left. You will be able to add athletes from your Track roster to your Cross Country roster. If you do not see this link or you are new to DirectAthletics, skip this step.
- 3) Click the green "Add Athletes" link under the Team Roster header. Select an approximate number of athletes you would like to add (you can add more at any time).
- 4) Enter your athletes First Name, Last Name and School Year and click "Submit"
- 5) You may add, edit or delete athletes on your Team Roster at anytime by click the TEAM tab.

#### **STEP 3--Submit Your Roster/Entries**

#### Once your athletes are added to your roster, you must submit your roster to the meet.

- 1) In the HOME tab (under Upcoming Meets) or in the SCHEDULE tab, click the green Register button next to the meet you wish to enter.
- 2) Check off the box for each athlete you wish to enter. You can check the "All" box to select (or un-select) your entire roster.
- 3) When you have completed your entries, click "Submit". You MUST click "Submit" to submit your entries.
- 4) You will see your current, submitted entries on the "View Entries" page. At any time before the entry deadline, you may edit your entries by clicking the "Edit Entries" link.
- 5) For entry confirmation, simply print the "View Entries" page or click the Email Confirmation link at the top of the "View Entries" page. An Email Confirmation will be sent to the email address in your account.