



Royals Cross Country Challenge

McAlpine Park
Charlotte, NC - Hosted by Queens University
October 8, 2021



Results

Women Gold 5k

TEMPERATURE

67 °

HUMIDITY

94%

CONDITIONS

RAIN

PI	Athlete Name		Affiliation	2.3k	2.3k PI	+/-	Time	Pts
1	Mackenna Curtis-Collins	JR	Malone	7:40.6	5	▲4	16:59.5	1
2	Shelby Nolan	SR	Unattached	7:34.3	2	—	17:03.6	
3	Lara Orrock	SO	Wingate	7:34.2	1	▼2	17:07.3	2
4	Lemi Wutz	SR	Milligan	7:34.4	3	▼1	17:13.8	3
5	Alayna Ackley	SR	Cedarville	7:37.3	4	▼1	17:20.6	4
6	Bethany Sholl	SR	Cedarville	7:41.1	6	—	17:23.9	5
7	Savannah Ackley	FR	Cedarville	7:44.7	9	▲2	17:36.6	6
8	Alyssa Bearzi	FR	Milligan	7:43.4	8	—	17:37.6	7
9	Naomi Herman	SO	Cedarville	7:45.5	11	▲2	17:41.2	8
10	Elise Leveel	FR	Charleston (WV)	7:46.3	13	▲3	17:42.6	9
11	Avery DeWolf	SR	Milligan	7:47.7	14	▲3	17:43.1	10
12	Ines Macadam	SO	Tiffin	7:53.9	27	▲15	17:43.2	11
13	Cate Ambrose	SR	Col. of Charleston	7:43.2	7	▼6	17:44.8	12
14	Zoe Clay	JR	Wake Forest	7:53.2	25	▲11	17:46.0	
15	Sheilah Cheruiyot	SO	Edinboro	7:51.2	20	▲5	17:47.9	13
16	Madison Niederriter	FR	Stetson	7:51.7	22	▲6	17:48.4	14
17	Hannah Rhem	JR	Cedarville	7:45.1	10	▼7	17:53.2	15
18	Julia Rohm	SR	Southeastern	7:48.8	16	▼2	17:56.9	16
19	Mercy Jepleting	FR	Charleston (WV)	7:46.0	12	▼7	17:57.6	17
20	Talia Sullivan	SO	SCAD Savannah	7:50.3	19	▼1	17:58.3	18
21	Kelsey Troutman	JR	Davidson	7:51.8	23	▲2	17:58.4	19
22	Angela Cipriani	SR	Valdosta State	7:58.3	35	▲13	18:03.4	20
23	Kristen Cherry	JR	Col. of Charleston	7:54.0	28	▲5	18:04.0	21
24	Julia Flower		Queens Triathlon	7:48.0	15	▼9	18:04.5	22
25	Kimberly Goerss	SO	Edinboro	7:49.8	18	▼7	18:05.4	23
26	Emily Walsh	FR	Cedarville	7:57.8	34	▲8	18:06.0	24
27	Gabrielle Lawrence	JR	Findlay	8:06.4	56	▲29	18:10.8	25
28	Abby Nasse	FR	Davidson	7:52.1	24	▼4	18:12.9	26
29	Leah Metzger	JR	Malone	8:03.0	48	▲19	18:13.4	27
30	Meg Rapley	FR	Wingate	7:49.5	17	▼13	18:14.0	28
31	Rachel Sweeney	SR	Cedarville	7:57.6	33	▲2	18:14.1	29
32	Remington Hobson	SR	Cedarville	8:12.6	73	▲41	18:15.1	
33	Rachel Strayer	JR	Carson-Newman	7:55.0	29	▼4	18:15.1	30
34	Frances Whitworth	SO	Davidson	7:51.5	21	▼13	18:15.4	31

Results available at www.flashresults.com



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35	Jenna Newman	SO	Charlotte	7:57.1	31	▼4	18:15.4	
36	Cheyenne Durda	FR	Stetson	8:02.1	44	▲8	18:16.0	32
37	Laura Giudice		Unattached	7:53.4	26	▼11	18:17.4	
38	Caitlin Dominy	JR	Milligan	8:00.1	38	—	18:18.4	33
39	Alexis McDonnell	JR	Davidson	8:01.9	43	▲4	18:20.2	34
40	Madison Lowery	SO	Catawba	7:57.3	32	▼8	18:21.6	35
41	Emily Dorony	SO	Col. of Charleston	7:59.1	36	▼5	18:22.4	36
42	Kate Szep	FR	Edinboro	7:59.5	37	▼5	18:24.2	37
43	Rylee Yocum	FR	Malone	8:08.7	65	▲22	18:26.2	38
44	Flora Tissier	FR	Charleston (WV)	8:05.9	53	▲9	18:27.8	39
45	Mikayla Jones	FR	Catawba	8:03.8	51	▲6	18:28.0	40
46	Rhian Purves	SO	Col. of Charleston	7:55.9	30	▼16	18:28.7	41
47	Gabrielle Mardis	SR	Milligan	8:09.9	71	▲24	18:29.0	42
48	Sophia Brown	FR	Col. of Charleston	8:00.8	40	▼8	18:29.9	43
49	Sarah Foreman	JR	SCAD Savannah	8:02.7	46	▼3	18:30.9	44
50	Hailey Simmons	FR	Findlay	8:06.2	55	▲5	18:31.6	45
51	Zoe Brickley	SO	Wingate	8:08.0	62	▲11	18:32.8	46
52	Anna Alberti	SO	Edinboro	8:09.5	68	▲16	18:35.2	47
53	Lily Dowdell	FR	Charleston (WV)	8:15.5	77	▲24	18:35.8	48
54	Jocelyn Miller	JR	Malone	8:03.7	50	▼4	18:36.4	49
55	Brooke Foster	JR	Lincoln Memorial	8:06.8	59	▲4	18:37.5	50
56	Anna Steich	JR	Cedarville	8:03.4	49	▼7	18:38.6	
57	Natalie Abernathy	JR	Davidson	8:06.7	58	▲1	18:39.2	51
58	Ava Beam	FR	Findlay	8:16.0	80	▲22	18:39.3	52
59	Amelia Lorrey	SR	Lincoln Memorial	8:08.9	66	▲7	18:40.2	53
60	Lauren Mchan	SR	Cumberlands	8:07.3	61	▲1	18:41.6	54
61	Sally Calhoun	SO	Stetson	8:02.9	47	▼14	18:42.8	55
62	Kylie Johnson	JR	Cedarville	8:27.3	112	▲50	18:43.2	
63	Sabrina McClain	SO	Malone	8:08.4	64	▲1	18:43.3	56
64	Corrine Weaver	JR	Meredith	8:16.1	81	▲17	18:43.5	57
65	Katharina Krosta		Queens Triathlon	8:01.3	42	▼23	18:44.1	58
66	Anna Kathryn Kilby	SR	Davidson	8:09.1	67	▲1	18:45.3	59
67	Emily Coddington	FR	Tusculum	8:06.4	56	▼11	18:45.5	60
68	Emma Woltjer	JR	Southeastern	8:07.0	60	▼8	18:45.9	61
69	Gracie Woods	FR	Erskine	8:16.9	84	▲15	18:47.0	62
70	Edie Smith	SO	Davidson	8:17.5	85	▲15	18:47.5	63
71	Alli Boehm	FR	Wake Forest	8:01.0	41	▼30	18:49.8	



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72	Meredith Elstun	JR	Cumberlands	8:09.7	70	▼2	18:50.7	64
73	Anna Torras	FR	Wingate	8:03.9	52	▼21	18:52.4	65
74	Montserrat De Santiago	SO	SCAD Savannah	8:02.2	45	▼29	18:54.0	66
75	Heidi Fortin	JR	Citadel	8:06.1	54	▼21	18:54.9	67
76	Margaret Ward	SO	Charlotte	8:08.1	63	▼13	18:55.5	
77	Haille Stewart	SO	Davidson	8:00.4	39	▼38	18:56.5	
78	Isabel Oliveto	SR	Southeastern	8:20.6	89	▲11	18:58.0	68
79	Breila Fuller	JR	Davidson	8:25.2	106	▲27	18:58.7	
80	Maya Hamsher	FR	Findlay	8:15.6	78	▼2	18:58.7	69
81	Becky Madsen	JR	Cedarville	8:26.8	111	▲30	18:59.6	
82	Savannah Cagle	FR	Cedarville	8:28.6	119	▲37	19:00.0	
83	Aubrey Johnson	SR	Valdosta State	8:23.6	99	▲16	19:00.8	70
84	Amy Prugh	FR	Gardner-Webb	8:09.6	69	▼15	19:01.6	71
85	Amy Plank	SR	Cedarville	8:27.7	113	▲28	19:01.9	
86	Ashleigh Thomson	JR	Wingate	8:13.1	74	▼12	19:03.0	72
87	Carson Towe	FR	Converse	8:21.5	91	▲4	19:05.6	73
88	Blair Colter	JR	Malone	8:25.8	109	▲21	19:06.0	74
89	Rachel Shapiro	SR	Davidson	8:24.2	101	▲12	19:06.8	
90	Lena Kaster	SR	Charleston (WV)	8:39.1	159	▲69	19:07.2	75
91	Ashley Doyle	FR	King	8:22.3	94	▲3	19:07.9	76
92	Clarkson Graham	FR	Wake Forest	8:13.2	75	▼17	19:08.3	
93	Elly McGillivray-Watkin	SR	Cedarville	8:35.6	147	▲54	19:09.0	
94	Charlotte Campbell	FR	Tiffin	8:30.0	134	▲40	19:09.6	77
95	Madison Dockery	FR	Carson-Newman	8:17.5	85	▼10	19:11.1	78
96	Lauren Jacobs	FR	Edinboro	8:18.0	87	▼9	19:12.1	79
97	Natalie Dayharsh	FR	Findlay	8:29.2	126	▲29	19:12.6	80
98	Lia Markert	FR	Charleston (WV)	8:21.9	93	▼5	19:13.8	81
99	Taylor Warren	SO	Cumberlands	8:10.5	72	▼27	19:15.3	82
100	Lauren Spry	SO	Milligan	8:16.4	83	▼17	19:15.7	83
101	Lydia Strael	FR	Cumberlands	8:29.7	133	▲32	19:16.0	84
102	Ariana Manos	FR	Malone	8:22.9	95	▼7	19:16.3	85
103	Harper Russell	SO	Lincoln Memorial	8:15.9	79	▼24	19:16.3	86
104	Lauren Sanderson	FR	Cumberlands	8:29.4	127	▲23	19:17.0	87
105	Kinsey Forgey	JR	Cumberlands	8:29.4	127	▲22	19:17.1	88
106	Katie Smock	FR	Carson-Newman	8:24.4	103	▼3	19:18.7	89
107	Trinitie Woolace	FR	Malone	8:23.8	100	▼7	19:18.7	
108	Lily Sirover	FR	Davidson	8:25.6	107	▼1	19:19.5	



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109	Reilly Cozette	FR	Findlay	8:37.4	155	▲46	19:20.4	90
110	Abigail Skurdal	SO	Cedarville	8:29.6	131	▲21	19:20.6	
111	Shannon Smith	FR	Col. of Charleston	8:14.8	76	▼35	19:21.0	91
112	Madison Woolwine	FR	Charleston (WV)	8:39.3	161	▲49	19:23.1	92
113	Alexa Trax	FR	Edinboro	8:19.8	88	▼25	19:24.8	93
114	Karoline Pees	FR	Cedarville	8:29.1	123	▲9	19:25.2	
115	Samantha Murray	JR	Valdosta State	8:33.6	143	▲28	19:26.3	94
116	Sabrina Sciabica	FR	Findlay	8:31.8	139	▲23	19:26.3	95
117	Tiffany Berry	JR	Edinboro	8:24.2	101	▼16	19:26.9	96
118	Meghan Donoher	SO	Findlay	8:30.9	137	▲19	19:27.1	
119	Judy Chellah	FR	Tusculum	8:16.2	82	▼37	19:27.6	97
120	Madeleine Peramaki	FR	Cedarville	8:34.7	145	▲25	19:27.8	
121	Hailey Wilson	FR	Findlay	8:31.9	140	▲19	19:28.9	
122	Rebecca McCorkendale	JR	Citadel	8:28.9	122	—	19:29.3	98
123	Alexandra Cisneros	JR	Davidson	8:29.1	123	—	19:29.4	
124	Elyse Pleune	FR	Stetson	8:28.2	116	▼8	19:29.6	99
125	Sarah Bechtel	SO	Charlotte	8:22.9	95	▼30	19:30.5	
126	Ashley Terry	FR	Cumberlands	8:25.6	107	▼19	19:30.6	100
127	Abby Brown	JR	Cedarville	8:34.2	144	▲17	19:31.1	
128	Julie Tonon	JR	Meredith	8:30.3	135	▲7	19:31.2	101
129	Grace Coakley	JR	Malone	8:28.0	115	▼14	19:32.0	
130	Emma McLaughlin	JR	Southeastern	8:28.5	118	▼12	19:33.2	102
131	Abby Jeske	JR	Wingate	8:27.7	113	▼18	19:33.7	103
132	Eleanor King	FR	Stetson	8:33.1	142	▲10	19:33.9	104
133	Kasey McNamara	JR	Charleston (WV)	8:39.5	162	▲29	19:34.3	
134	Samantha Brooks	SO	Charlotte	8:24.6	104	▼30	19:35.1	
135	Valentina Garcia	SO	SCAD Savannah	8:36.4	152	▲17	19:35.2	105
136	Meike Kalus	FR	Col. of Charleston	8:21.0	90	▼46	19:35.6	106
137	Nicole Griffith	FR	Tusculum	8:32.3	141	▲4	19:35.7	107
138	Hannah Mitchell	JR	Gardner-Webb	8:23.4	97	▼41	19:38.2	108
139	Sydney Cockerham	FR	Catawba	8:31.3	138	▼1	19:38.4	109
140	Archike Parker	FR	Stetson	8:30.6	136	▼4	19:39.9	110
141	Natalie Fellers	FR	Milligan	8:29.4	127	▼14	19:40.0	111
142	Brianna Hatfield	FR	Erskine	8:23.5	98	▼44	19:40.4	112
143	Anna Jones	FR	Milligan	8:29.4	127	▼16	19:41.6	
144	Elke Wijkmans	FR	Lincoln Memorial	8:35.8	148	▲4	19:42.5	113
145	Rachel Overby	FR	Catawba	8:38.8	158	▲13	19:42.8	114



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146	Natalie Bash	FR	Queens (NC)	8:45.3	175	▲29	19:43.0	115
147	Meg Davis	SR	King	8:40.2	166	▲19	19:43.8	116
148	Destiny Haller	SO	King	8:40.4	167	▲19	19:44.2	117
149	Olivia Roberts	FR	Edinboro	8:36.0	149	—	19:46.1	
150	Belinda Chepkosgei	FR	SCAD Atlanta	8:21.6	92	▼58	19:46.6	
150	Isabel Muehleman	SO	Col. of Charleston	8:26.1	110	▼40	19:46.6	
152	Aubrie Heck	JR	Converse	8:42.2	169	▲17	19:49.9	118
153	Ali Burns	JR	Milligan	8:36.9	154	▲1	19:52.0	
154	Justine Hunt	FR	Findlay	8:46.1	179	▲25	19:53.0	
155	Arriana Felix	SO	Charleston (WV)	8:40.8	168	▲13	19:55.0	
156	Javiera Ortiz	SR	Tusculum	8:36.3	151	▼5	19:56.4	119
157	Hannah Henage	FR	Cumberlands	8:40.1	164	▲7	19:57.6	
158	Annabelle Brink	FR	Stetson	8:28.3	117	▼41	19:57.9	120
159	Madeline Spaulding	JR	Cedarville	8:29.6	131	▼28	19:58.0	
160	Annie Kate McDermott	FR	Milligan	8:39.2	160	—	19:58.8	
161	Taylor Robinson	JR	Gardner-Webb	8:36.8	153	▼8	19:59.1	121
162	Cecily Holliday	JR	Cedarville	8:50.4	191	▲29	19:59.9	
163	Samantha Hier	SO	Malone	8:45.2	174	▲11	20:00.9	
164	Parker Smith	FR	Davidson	8:53.1	198	▲34	20:03.0	
165	Laurel Brown	FR	Cedarville	8:52.2	195	▲30	20:03.3	
166	Beatrice Levy	SR	Davidson	8:49.5	190	▲24	20:03.6	
167	Nevaeh Warren	FR	Cumberlands	8:36.0	149	▼18	20:04.0	
168	Lizzie Naval	SO	Erskine	8:39.5	162	▼6	20:05.9	122
169	Grace Valentine	JR	North Greenville	8:50.6	192	▲23	20:06.0	123
170	Lili Jaraczewski	JR	Presbyterian	8:45.9	177	▲7	20:06.8	
171	Libby Harvey	SO	Converse	8:48.1	185	▲14	20:06.9	124
172	Emma Lichtenberger	FR	Cedarville	8:52.2	195	▲23	20:08.6	
173	Maggie Froning	FR	SCAD Savannah	8:35.5	146	▼27	20:10.8	125
174	Gillian Strealy	FR	Lincoln Memorial	8:50.6	192	▲18	20:11.4	126
175	Piper Grant	JR	Converse	8:44.6	172	▼3	20:13.3	127
176	Abigail Hemric	FR	Catawba	8:46.3	180	▲4	20:13.5	128
177	Chloe Will	SO	Tiffin	8:48.7	186	▲9	20:13.8	129
178	Julia Springer	JR	Tiffin	8:59.5	211	▲33	20:14.9	130
179	Ivy Zingone	SO	SCAD Savannah	8:45.5	176	▼3	20:17.0	131
180	Emily Henkel	JR	Davidson	8:28.6	119	▼61	20:17.5	
181	Keyli Gomez	SO	Presbyterian	8:52.7	197	▲16	20:19.5	
182	Celine McNally	FR	Tusculum	8:28.7	121	▼61	20:23.2	132



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183	Emma Bright	FR	North Greenville	8:44.8	173	▼10	20:25.3	133
184	Amber Opp	SR	Citadel	8:43.8	171	▼13	20:28.4	134
185	Alison Bourne	FR	Cumberlands	8:57.2	204	▲19	20:28.7	
186	Emma Teneza		Queens Triathlon	8:29.1	123	▼63	20:29.7	135
187	Jillian Blaser	FR	Southeastern	8:37.8	156	▼31	20:30.5	136
188	Kathy Macedo	JR	Southeastern	8:43.2	170	▼18	20:31.9	137
189	Abbie Baker	FR	Southeastern	8:59.0	208	▲19	20:33.5	138
190	Sarka Pustova		Queens Triathlon	8:47.2	184	▼6	20:33.5	139
191	Allison Henegar	FR	Tiffin	8:59.9	212	▲21	20:34.0	140
192	Kyleigh Rice	FR	Valdosta State	8:46.8	181	▼11	20:34.8	141
193	Jetta Turner	JR	Converse	8:57.6	206	▲13	20:35.5	142
194	Shamia Mckinney	JR	Erskine	8:53.5	201	▲7	20:35.7	143
195	Caroline Rairigh	FR	Presbyterian	8:58.3	207	▲12	20:36.0	
196	Mason Sauickie	SO	SCAD Savannah	8:49.3	189	▼7	20:37.0	144
197	Andrea Gallegos	SO	Meredith	8:48.8	187	▼10	20:37.9	145
198	Grace Carpenter	SO	Southeastern	8:49.2	188	▼10	20:38.5	
199	Paige Trent	SO	North Greenville	8:59.9	212	▲13	20:38.8	146
200	Morgan Lucason	FR	Cumberlands	9:00.8	215	▲15	20:40.2	
201	Paola Horvat		Queens Triathlon	8:46.0	178	▼23	20:41.3	147
202	Bayley Robinson	SO	Converse	8:46.8	181	▼21	20:41.5	148
203	Kylie Futrell	FR	North Greenville	9:01.3	216	▲13	20:42.5	149
204	Cami Wagner	JR	Charleston (WV)	8:59.0	208	▲4	20:42.7	
205	Madison Litienthal	SO	Southeastern	9:00.3	214	▲9	20:43.2	
206	Teryn Bour	FR	Gardner-Webb	8:38.4	157	▼49	20:44.0	150
207	Denise Ruiz	JR	Charleston (WV)	8:55.2	203	▼4	20:45.8	
208	Grayson Howe	SR	King	9:03.1	221	▲13	20:47.5	151
209	Jennifer Escalera	SO	Gardner-Webb	8:53.3	199	▼10	20:50.0	152
210	Alisa Bowling	JR	Cumberlands	9:15.4	242	▲32	20:50.9	
211	Lily Addicott	FR	Erskine	9:06.9	228	▲17	20:53.7	153
212	Darshay Foster	SO	Charleston (WV)	9:04.1	223	▲11	20:55.4	
213	Grace Rose	FR	Lincoln Memorial	9:05.4	225	▲12	20:58.9	154
214	Ashley Henneberger	SR	Davidson	8:54.1	202	▼12	21:00.3	
215	Jordan Grantz		Queens Triathlon	9:10.6	235	▲20	21:00.4	155
216	Lauren Tabor	FR	Carson-Newman	9:14.4	240	▲24	21:03.2	156
217	Kaylee Spencer	JR	Meredith	9:04.8	224	▲7	21:04.0	157
218	Liliana Baker	JR	Southeastern	9:06.0	226	▲8	21:04.6	
219	Tara Todd	JR	Cumberlands	9:06.1	227	▲8	21:04.7	



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220	Camile Sykes	FR	Gardner-Webb	8:57.5	205	▼15	21:05.6	158
221	Mia Mercer	SO	Catawba	9:01.6	218	▼3	21:06.2	159
222	Katy Neubert	JR	King	8:46.8	181	▼41	21:08.1	160
223	Amanda Brent	FR	Charleston (WV)	9:07.3	229	▲6	21:08.2	
224	Ashleigh Buser	SO	Meredith	9:03.1	221	▼3	21:08.6	161
225	Caroline Stubblefield	FR	Methodist	9:10.5	234	▲9	21:10.6	
226	Bella Edwards	SO	SCAD Savannah	9:09.1	233	▲7	21:13.0	
227	Chloe McDaniel	FR	Gardner-Webb	8:53.3	199	▼28	21:15.4	162
228	Juliette Safer	FR	Cedarville	9:28.8	254	▲26	21:16.7	
229	Samantha Connelly	JR	Cumberlands	9:16.1	244	▲15	21:17.4	
230	Megan Wilson	FR	Cedarville	9:28.8	254	▲24	21:18.0	
231	Isabella Saudo	SO	Meredith	9:07.8	231	—	21:23.4	163
232	Felicia Martin	FR	Stetson	9:01.4	217	▼15	21:23.8	
233	Caitlin Michelangelo	FR	Converse	8:59.2	210	▼23	21:27.2	164
234	Mikayla Kalapuch	SR	Southeastern	9:15.0	241	▲7	21:31.0	
235	Viola Sugut	SO	SCAD Atlanta	9:13.4	239	▲4	21:31.8	
236	Anna Dawkins	FR	Erskine	9:23.1	247	▲11	21:33.4	165
237	Catie Surian	SO	Wingate	9:15.4	242	▲5	21:34.7	166
238	Olivia Fanning	JR	Carson-Newman	9:02.5	220	▼18	21:36.8	167
239	Marinda Walls	FR	Milligan	9:13.1	238	▼1	21:37.6	
240	Madison Pompey	FR	Methodist	9:07.6	230	▼10	21:37.8	
241	Delaney O'Sullivan	FR	Col. of Charleston	9:23.6	249	▲8	21:39.2	
242	Charlotte Trollinger	FR	Converse	9:25.1	252	▲10	21:46.5	
243	Nadia Calore	FR	Charleston (WV)	9:19.4	245	▲2	21:53.9	
244	Megyn Spicer	FR	Lincoln Memorial	9:23.1	247	▲3	21:56.1	168
245	Caitlyn Koske	FR	Valdosta State	9:24.7	251	▲6	21:57.2	169
246	Aislynn Reagle	FR	Catawba	9:12.2	237	▼9	22:02.1	170
247	Lucy Crayton	FR	Warren Wilson	9:58.6	277	▲30	22:03.8	171
248	Kayla Harris	FR	North Greenville	8:50.9	194	▼54	22:05.9	172
249	Lia Federbusch		Queens Triathlon	9:02.3	219	▼30	22:07.9	173
250	Kiley Matheson	FR	Valdosta State	9:47.3	265	▲15	22:10.4	174
251	Chloe Chandler	FR	Converse	9:41.9	259	▲8	22:14.7	
252	Brooklyn Tretter	FR	Gardner-Webb	9:20.0	246	▼6	22:15.9	
253	Stef Baracaldo	FR	SCAD Savannah	9:26.8	253	—	22:16.4	
254	Jessica Miller	FR	Charleston (WV)	9:39.8	257	▲3	22:19.7	
255	Kaylee Copeland	FR	North Greenville	9:43.7	262	▲7	22:23.4	175
256	Grace McGrew	SO	Col. of Charleston	9:24.0	250	▼6	22:29.3	



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257	Ashlin Lindsey	JR	Tiffin	9:35.3	256	▼1	22:34.3	176
258	Jaycie Anderson	FR	Valdosta State	9:40.5	258	—	22:36.9	177
259	Kirsten Keith	FR	Lincoln Memorial	9:42.1	260	▲1	22:37.4	
260	Lillian Turley	FR	Lincoln Memorial	9:53.1	275	▲15	22:41.6	
261	Rachel Shaver	SR	Carson-Newman	9:45.8	263	▲2	22:49.6	178
262	Claire Miller	SO	Meredith	9:52.2	272	▲10	22:50.4	179
263	Jessie Arce	FR	Converse	10:02.8	279	▲16	22:57.3	
264	Tabea Kandlbauer	SR	Lincoln Memorial	8:40.1	164	▼100	22:58.1	
265	Miriam Kadens	JR	Warren Wilson	10:03.5	281	▲16	22:58.4	180
266	Courtney Drumm	SO	Methodist	9:46.7	264	▼2	23:01.8	
267	Diamond Thomas	SR	Tiffin	9:43.2	261	▼6	23:05.0	181
268	Kiara Cowan	FR	Cumberlands	10:03.0	280	▲12	23:07.0	
269	Audrey Guggenbiller	SO	Tiffin	9:54.6	276	▲7	23:07.7	
270	Megan Humiston	FR	Wingate	9:49.1	266	▼4	23:07.8	
271	Becca Bowers	FR	Erskine	9:51.0	268	▼3	23:11.2	182
272	Jenna Grogan	SO	Cumberlands	9:51.4	269	▼3	23:11.8	
273	Emily Ward	JR	Meredith	10:09.3	282	▲9	23:12.8	
274	Ella Strehlow	FR	Tiffin	10:14.1	283	▲9	23:26.1	
275	Kennedy Delancy	FR	Citadel	9:51.4	269	▼6	23:27.0	183
276	Julie Covil	SO	Presbyterian	10:16.5	286	▲10	23:29.0	
277	Madison Webster	SO	Queens (NC)	10:32.0	290	▲13	23:34.5	184
278	Chloe Widmann	FR	Queens (NC)	10:32.3	292	▲14	23:34.6	185
279	Carlin McFadden	FR	Queens (NC)	10:32.0	290	▲11	23:34.6	186
280	Anna Janke	FR	Queens (NC)	10:31.9	289	▲9	23:34.8	187
281	Stevie Lawrence	SR	Queens (NC)	10:32.6	294	▲13	23:35.3	188
282	Isadora Chaison-Lapine	FR	Warren Wilson	10:30.0	288	▲6	23:39.7	189
283	Jordan Iffland	SO	Tiffin	10:15.2	284	▲1	23:40.1	
284	Emmalee Dobson	FR	Converse	9:49.6	267	▼17	23:45.4	
285	Helena Marmolejos	FR	Warren Wilson	10:29.8	287	▲2	23:58.6	190
286	Sophie Sedeska	FR	Erskine	9:59.6	278	▼8	24:05.1	
287	Joy Spears	JR	Southeastern	10:32.5	293	▲6	24:05.4	
288	Emma Brooks	SO	Meredith	10:16.0	285	▼3	24:10.1	
289	Madelyn Rodriguez	FR	Stetson	9:52.6	274	▼15	24:24.2	
290	Isabelle Blatz	FR	Cumberlands	10:32.6	294	▲4	24:36.6	
291	Caroline Moody	FR	SCAD Atlanta	9:51.9	271	▼20	24:48.0	
292	Lauren Persinger	FR	Charleston (WV)	10:48.0	296	▲4	25:15.4	
293	Claire Thomas	JR	Citadel	10:52.5	297	▲4	25:16.4	191



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294	Mia Russell	SO	Meredith	11:01.1	298	▲4	25:26.3	
295	Tabitha McBrayer	FR	Warren Wilson	11:33.9	301	▲6	26:54.5	192
296	Gen Lopez	FR	Warren Wilson	11:14.7	299	▲3	26:59.0	193
297	Simran Kejriwal	SR	SCAD Atlanta	11:44.0	302	▲5	27:03.5	
298	Jessica Brown	SO	Cumberlands	11:22.8	300	▲2	27:05.6	
299	Valeria Dories	FR	Warren Wilson	11:46.6	303	▲4	27:05.9	194
300	Joselyn Leon	FR	SCAD Savannah	12:54.4	304	▲4	30:56.9	
--	Aubrey Bachtel	FR	Lincoln Memorial	9:10.8	236		DNF	
--	Mary Miller	JR	Cedarville	8:25.0	105		DNF	
--	Erin Bruce	SO	Tusculum	9:08.9	232		DNF	
--	Caroline Broomell	SO	Charleston (WV)	9:52.2	272		DNF	



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Women Gold 5k Team Scores

Rnk	Team	Total	R1	R2	R3	R4	R5	R6	R7
1	Cedarville Total Time: 1:27:55.50 Average: 17:35.10	38	4	5	6	8	15	24	29
2	Milligan Total Time: 1:29:21.90 Average: 17:52.38	95	3	7	10	33	42	83	111
3	Col. of Charleston Total Time: 1:31:09.80 Average: 18:13.96	153	12	21	36	41	43	91	106
4	Davidson Total Time: 1:31:26.11 Average: 18:17.22	161	19	26	31	34	51	59	63
5	Malone Total Time: 1:30:58.80 Average: 18:11.76	171	1	27	38	49	56	74	85
6	Charleston (WV) Total Time: 1:31:51.00 Average: 18:22.20	188	9	17	39	48	75	81	92
7	Edinboro Total Time: 1:32:04.80 Average: 18:24.96	199	13	23	37	47	79	93	96
8	Wingate Total Time: 1:31:49.50 Average: 18:21.90	213	2	28	46	65	72	103	166
9	Findlay Total Time: 1:33:33.00 Average: 18:42.60	271	25	45	52	69	80	90	95
10	Stetson Total Time: 1:33:50.70 Average: 18:46.14	304	14	32	55	99	104	110	120
11	SCAD Savannah Total Time: 1:35:09.20 Average: 19:01.84	358	18	44	66	105	125	131	144
12	Cumberlands Total Time: 1:35:20.60 Average: 19:04.12	371	54	64	82	84	87	88	100
13	Southeastern Total Time: 1:35:44.50 Average: 19:08.90	383	16	61	68	102	136	137	138
14	Catawba Total Time: 1:36:24.30 Average: 19:16.86	426	35	40	109	114	128	159	170
15	Lincoln Memorial Total Time: 1:36:27.90 Average: 19:17.58	428	50	53	86	113	126	154	168



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16	Tiffin Total Time: 1:37:55.50 Average: 19:35.10	487	11	77	129	130	140	176	181
17	Valdosta State Total Time: 1:39:02.50 Average: 19:48.50	494	20	70	94	141	169	174	177
18	Queens Triathlon Total Time: 1:38:33.10 Average: 19:42.62	501	22	58	135	139	147	155	173
19	Tusculum Total Time: 1:38:08.40 Average: 19:37.68	515	60	97	107	119	132		
20	Carson-Newman Total Time: 1:39:24.90 Average: 19:52.98	520	30	78	89	156	167	178	
21	Converse Total Time: 1:39:51.20 Average: 19:58.24	584	73	118	124	127	142	148	164
22	Erskine Total Time: 1:40:02.70 Average: 20:00.54	592	62	112	122	143	153	165	182
23	Gardner-Webb Total Time: 1:40:12.90 Average: 20:02.58	602	71	108	121	150	152	158	162
24	King Total Time: 1:40:31.50 Average: 20:06.30	620	76	116	117	151	160		
25	Meredith Total Time: 1:41:05.20 Average: 20:13.04	621	57	101	145	157	161	163	179
26	Citadel Total Time: 1:47:36.00 Average: 21:31.20	673	67	98	134	183	191		
27	North Greenville Total Time: 1:43:58.50 Average: 20:47.70	723	123	133	146	149	172	175	
28	Queens (NC) Total Time: 1:54:01.50 Average: 22:48.30	857	115	184	185	186	187	188	
29	Warren Wilson Total Time: 1:59:35.00 Average: 23:55.00	922	171	180	189	190	192	193	194