

"Doc" Hale VT Elite Meet

February 5-6, 2021

**FINAL SCHEDULE**

Friday, February 5, 2021

<u>Start</u>		<u>Field Events</u>
5:00pm	Men	Weight Throw
5:00pm	Women	Pole Vault - UNSEDED
5:00pm	Women	Long Jump
7:00pm	Men	Long Jump
7:00pm	Women	Weight Throw
7:00pm	Men	Pole Vault - UNSEDED

<u>Start</u>		<u>Running Events</u>
5:00pm	Men	800m Run
5:10pm	Women	800m Run
5:25pm	Men	60m Hurdles - Prelim
5:35pm	Women	60m Hurdles - Prelim
5:45pm	Men	60m Dash - Prelim
5:55pm	Women	60m Dash - Prelim
6:05pm	Men	3000m Run
6:20pm	Women	3000m Run
6:35pm	Women	60m Hurdles - <b>Final</b>
6:45pm	Men	60m Hurdles - <b>Final</b>
6:55pm	Men	60m Dash - <b>Final</b>
7:05pm	Women	60m Dash - <b>Final</b>
7:15pm	Men	400m Run
7:30pm	Women	400m Run

Saturday, February 6, 2021

<u>Start</u>		<u>Field Events</u>
11:00am	Women	Pole Vault - SEDED
12:00noon	Women	High Jump
12:00noon	Men	Shot Put
12:00noon	Women	Triple Jump
2:00pm	Men	Triple Jump
2:00pm	Men	High Jump
2:00pm	Men	Pole Vault - SEDED
2:00pm	Women	Shot Put

<u>Start</u>		<u>Running Events</u>
2:00pm	Men	Mile Run
2:15pm	Women	Mile Run
2:30pm	Men	200m Dash
2:45pm	Women	200m Dash
3:00pm	Men	5000m Run
3:20pm	Women	5000m Run
3:40pm	Men	4 x 400m Relay
3:55pm	Women	4 x 400m Relay

***"Doc" Hale VT Elite Meet  
February 5-6, 2021***



**VIRGINIA TECH**  
**TRACK & FIELD**





## **IMPORTANT DATES & NOTES**

- + Monday, January 25, 2021 -- Online entries open -- [www.directathletics.com](http://www.directathletics.com)
- + **Monday, February 1, 2021 -- 11:59pm EST -- Online entries close**
- + Monday, February 1, 2021 -- 8:00pm EST -- Zoom Protocol Meeting. **Make sure you have at least one representative from your institution on this call.**
- + Tuesday, February 2, 2021 -- 5:00pm EST -- Team Travel Form due
  
- + No practice times will be available Thursday, February 4 or Friday, February 5.
- + Masks must be worn properly by athletes at ALL times except when competing and for staff at ALL times.
- + We recommend coordinating with your hotel to have the latest check-out possible on Saturday so you are able to shuttle your athletes to and from once they are finished competing. After an athlete is done competing / cooling down, they will need to leave the facility.
- + Absolutely no food is to be consumed in the facility. We will have a 20x40 tent just outside the building with a table designated for each team if you would like to provide any fuel for your team. Athletes will need to eat outside. No catering will be allowed to the facility.
- + We will consider entries for any redshirt athletes who have outdoor only eligibility remaining. Any redshirt athletes / unattached athletes you would like to enter, please contact Dave Cianelli for approval.
- + Please have your athletes arrive no more than 2 hours prior to their event.





## TABLE OF CONTENTS

Athlete Registration / Unattached Entries.....	3
Catering / Food.....	3
COVID-19 Testing Protocols / Policies.....	3
Event Check-In / Staging.....	4
Implement Weigh-In.....	4
Isolation / Quarantine Individuals.....	4
Minimum Marks / Progressions.....	4
Medical Services.....	4
Packet Pickup.....	5
Results.....	5
Schedule of Events.....	5
Spike Check / Restrictions.....	5
State / Local COVID-19 Guidelines.....	5
Team Camps.....	5
Warm Up Areas.....	5
Parking.....	6
Tentative Meet Schedule.....	7
Team Travel Form.....	8-9
COVID-19 Screening Attestation Form.....	10

## VIRGINIA TECH CONTACT INFORMATION

<i>Event Management</i>	<i>Office</i>	<i>Cell</i>	<i>Email</i>
Katie Kennedy, Meet Director	540.231.2501	912.271.8774	katiek4@vt.edu
Cara Walters, Meet Manager	540.231.9963	540.998.5956	caraw@vt.edu
<i>Coaching Staff</i>			
Dave Cianelli, Director of Track & Field	540.231.3094	540.320.4789	dcianell@vt.edu
Eric Johannigmeier, Head Distance Coach	540.231.5537	618.363.6804	ericj89@vt.edu
Andrew Dubs, Throws	540.231.2154	319.930.7567	andrew.dubs@vt.edu
Bob Phillips, Pole Vault	--	540.818.2231	bob.phillips@vt.edu
Tim Vaught, Sprints & Hurdles	540.231.9977	540.750.3458	tvaught@vt.edu
Paul Zalewski, Jumps & Combined Events	540.231.6929	540.641.3546	zalewskip@vt.edu
Jason Cusack, Assistant Distance	--	860.908.2617	jcusack@vt.edu
<i>Sports Medicine</i>			
Logan Speicher	540.231.1115	813.270.0328	lspeicher8@vt.edu
<i>Flash Results (Timing)</i>			
Ryan Jank	--	864.680.0933	rjank@flashresults.com

## LOCAL MEDICAL CONTACT INFORMATION

Montgomery County Health Department	540.585.3300
Carilion New River Medical Center	540.731.2000
Lewis-Gale Hospital Montgomery ER	540.953.5122
Kroger Pharmacy	540.951.4136
Velocity Care (Urgent Care)	540.961.8040

<https://www.vdh.virginia.gov/new-river/>



## ***ATHLETE REGISTRATION / UNATTACHED ENTRIES***

Athlete registration for the meet will be submitted through Direct Athletics ([www.directathletics.com](http://www.directathletics.com)) Each school is allowed 5 athletes per individual event and 3 relay teams per relay event. Entries will open Monday, January 25 and **entries will close Monday, February 1 at 11:59 p.m. (EST)**

We will consider entries for any redshirt athletes who have outdoor only eligibility remaining. Any redshirt athletes / unattached athletes you would like to enter, please contact Dave Cianelli for approval. All unattached entries are at the discretion of the Head Coach. For all requests, please email Dave Cianelli by Friday, January 29 at 5:00 p.m. EST and you will be notified of the status of your request on Wednesday, February 3.

There is a \$650.00 entry fee per each men and women's team. Teams consist of 14 or more athletes **ENTERED** into the meet. Teams with 13 or fewer athletes entered are charged the rate of \$40.00 per athlete.

Payments will be made online only -- no payment will be received at the competition.

## ***CATERING / FOOD***

Absolutely no food is to be consumed in Rector Fieldhouse, including catering. If teams wish to cater, they will need to serve it at their team hotel or have it available outside of Rector Fieldhouse.

There will be a 20x40 tent set up outside Rector Fieldhouse parallel to the Throws building. Each visiting team will have a designated table for their athletes if they wish to provide fuel for their team. Each table will also have sanitizers. Virginia Tech will not supply any fuel to visiting teams.

## ***COVID-19 TESTING PROTOCOLS / POLICIES***

In all intermediate risk sports (Indoor Track & Field), a molecular (PCR) test shall be administered three (3) calendar days prior to the competition. The visiting team must have results from the test performed within three days prior to the competition before the team travels to the competition site.

### *Standard Procedures*

- **Social distancing and masks/face coverings are required at all times, in addition to washing your hands frequently and using hand sanitizer.**
- Student-athletes should wear masks as much as possible, however, masks will not be required during actual competition. Student-athletes should wear masks during pre-race activities and routines (strides, stretching, drills, etc.)
- Masks will be required at **all times** for coaches and staff members.

### *Check-In Screening*

- Each team's athletic trainer will need to provide the COVID-19 Screening Attestation form to the security table upon entrance. Security will be checking all athletes & staff for wristbands prior to entrance. You **WILL NOT** be allowed into Rector Fieldhouse if you are not wearing a wristband. Keep wristbands on throughout the duration of competition.
- Teams will receive wristbands in their team packet to be distributed after their team's athletic trainer screens the entire travel party on both Friday and Saturday. Teams will receive the exact number of wristbands they report on the Team Travel form.
- There will be a different color wristbands for each day of competition. We will not provide extra wristbands.



## **EVENT CHECK IN / STAGING**

Athletes in all running events (oval and straightaway, individual and relay, preliminary and final), must check in with the Clerk of Course no later than 30 minutes prior to the listed start time of their event. The Clerk of Course is located behind the timer's and announcer's stage. Athletes will need to have their spikes checked prior to checking in to their event.

Athletes in all field events must report directly to the event site to check in with the official no later than 30 minutes prior to the start of the first flight of the event.

Athletes will receive hip numbers from the Clerk of Course. Heats will be escorted individually onto the competition track.

## **IMPLEMENT WEIGH-IN**

Each institution will be required to bring their own implements. All throwing implements will be weighed and measured at the southeast corner of Rector Fieldhouse in the throws building. Any implements that do not meet the NCAA specifications will be impounded by the weigh-in official until the conclusion of that event. Those implements may be picked up at the weigh-in area from an official at the conclusion of that event.

## **ISOLATION / QUARANTINE INDIVIDUALS**

Student-athletes or staff members that may need to go into isolation will need to:

- Notify our athletic trainer (Logan Speicher) immediately.
- Virginia Tech Athletics will work to accommodate housing, food, and local contact testing with the visiting team.
- If a visiting staff member is not staying with the individual; our athletic training staff will check-in daily and communicate with the visiting team's athletic trainer.

## **MINIMUM MARKS / PROGRESSIONS / MARKINGS**

In accordance with new rules in place for this indoor season, there will be no minimum marks in the field events.

Progressions in the vertical jumps will be determined after entries have been received. This information will be posted at [www.flashresults.com](http://www.flashresults.com) and will also be included in your team packet.

In the horizontal and vertical jumps, the **ONLY** manner in which athletes may mark the runway or track surface is with **WHITE ATHLETIC TAPE**. Any other material, marker or substance will be removed immediately **and the athlete will be subject to disqualification**.

## **MEDICAL SERVICES**

There is a designated training room on the home stretch side of Rector Fieldhouse for medical care. Athletic training will be available both competition days. If there is any medical needs outside of these times, or if there are any questions, please contact Logan Speicher.

For medical tables in team camp areas that are set up on the Mondo surface, we ask that you use the provided floor protectors for the legs of the table. We ask all teams help us keep our new surface in good shape!





## **PACKET PICKUP**

We will have no formal packet pick-up window. Teams will have a choice of their packet to either be dropped off at the front desk of their hotel (preferred method) or if they are arriving straight to the track, pickup upon arrival. Daily wristbands will be distributed in your team packet.

## **RESULTS**

Final results will be available on [www.flashresults.com](http://www.flashresults.com) and [www.hokiesports.com](http://www.hokiesports.com)

## **SCHEDULE OF EVENTS**

A tentative meet schedule is included in this packet on page 7. The final schedule of events will be available at [www.flashresults.com](http://www.flashresults.com) after all entries are received. A final schedule of events will also be included in each team's packet.

## **SPIKE CHECK / RESTRICTIONS**

ONLY "MF STOCK" 1/4" (6.4mm) pyramid or 1/4" OMNI-LIGHT pyramids are allowed to be used in our facility. NO EXCEPTIONS. Permanent NIKE spikes and NIKE stock spikes are not allowed for use in our facility. NEEDLE spikes of any length are not allowed in our facility. 3/8" MF STOCK PYRAMID Spikes are allowed in the High Jump event only and ONLY in the heel area of the shoe.

## **STATE / LOCAL COVID-19 GUIDELINES**

[Phase 3 Guidelines in Virginia](#)

Blacksburg Specific Guidelines:

- Keep at least 6 feet apart through social distancing
- Keep gatherings to 10 people or less
- Masks are mandatory at ALL times on campus and Downtown Blacksburg (inside & outside)

## **TEAM CAMPS**

Team camp areas will be located along the back stretch of the oval. Each team will have a sign on their team bay. Each team camp will have 10 feet in between to adhere to social distancing. Team camps will be listed in alphabetical order.

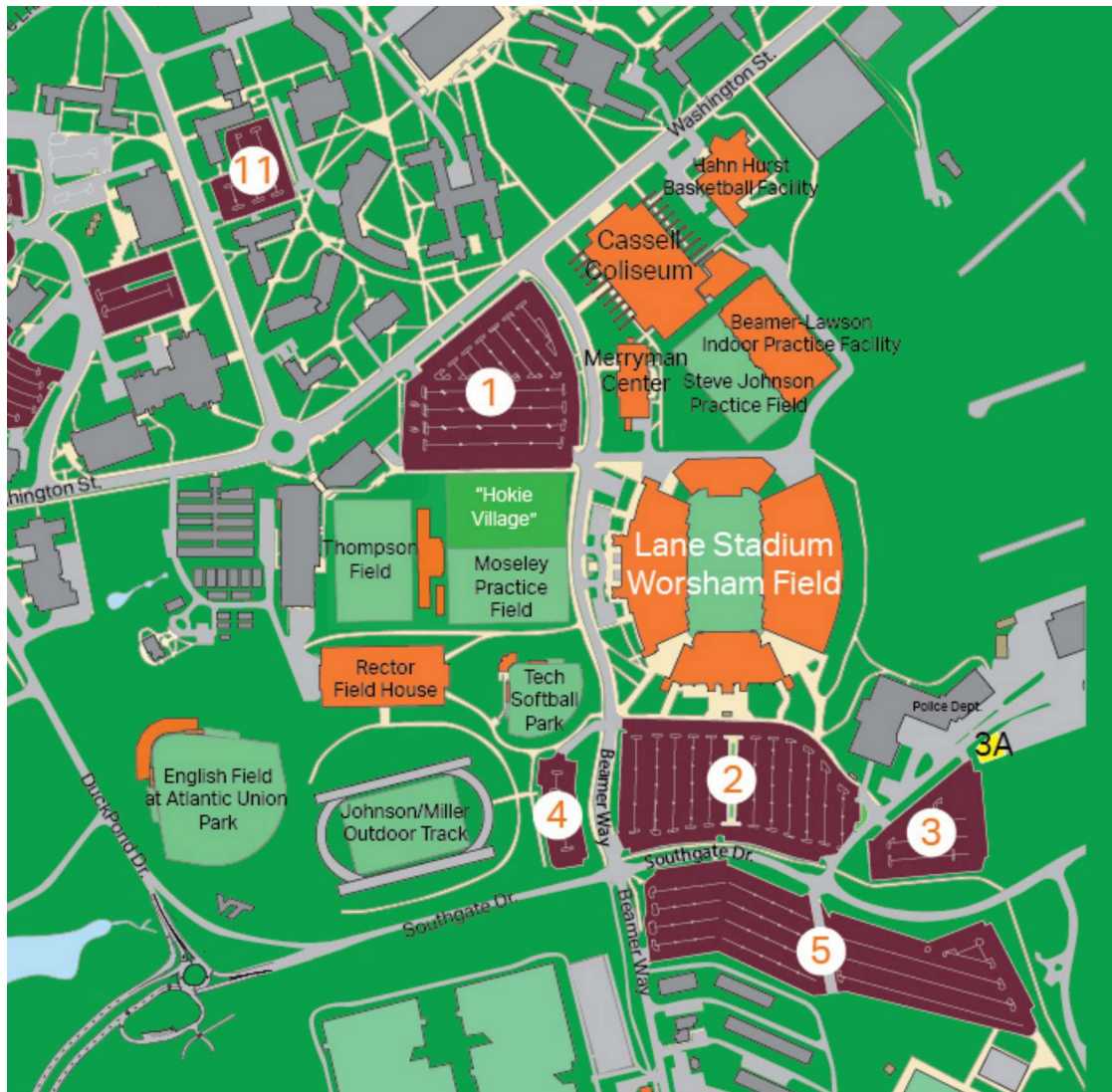
Each team camp will have a designated team water cooler as well as sanitization stations.

## **WARM UP AREAS**

We will have 2 warm up areas in Rector Fieldhouse. The back of Rector near the Clerk check-in will be used for sprint starts, etc. The home stretch will have jogging lanes as well as a pedestrian walking lane. The outdoor track will be open for warm up. Hurdlers will be able to use the infield for hurdle warmups.

## PARKING

Team buses are able to unload in the parking lot located outside of Rector Fieldhouse (Lot 4). After drop off is complete, they must relocate to line up in Lot 2 against Lane Stadium. All buses must park in the Chicken Hill Lot (Lot 5) or in the Lane Stadium Lot (Lot 2). Passenger vehicles may park in Lot 4. *Please see the parking diagram for reference.*





# TEAM TRAVEL IDENTIFICATION FORM

Please identify all student-athletes and staff who will be traveling with your party. You will receive wristbands in your packet for each person listed below. There will be security at the entrance who will have this list / checking for wristbands. If someone does not have a wristband, THEY WILL NOT BE ALLOWED IN THE BUILDING. Each institution is allowed up to 60 in their travel party – this includes all athletes **and** staff.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_
17. \_\_\_\_\_
18. \_\_\_\_\_
19. \_\_\_\_\_
20. \_\_\_\_\_
21. \_\_\_\_\_
22. \_\_\_\_\_
23. \_\_\_\_\_
24. \_\_\_\_\_
25. \_\_\_\_\_
26. \_\_\_\_\_
27. \_\_\_\_\_
28. \_\_\_\_\_
29. \_\_\_\_\_
30. \_\_\_\_\_

31. \_\_\_\_\_
32. \_\_\_\_\_
33. \_\_\_\_\_
34. \_\_\_\_\_
35. \_\_\_\_\_
36. \_\_\_\_\_
37. \_\_\_\_\_
38. \_\_\_\_\_
39. \_\_\_\_\_
40. \_\_\_\_\_
41. \_\_\_\_\_
42. \_\_\_\_\_
43. \_\_\_\_\_
44. \_\_\_\_\_
45. \_\_\_\_\_
46. \_\_\_\_\_
47. \_\_\_\_\_
48. \_\_\_\_\_
49. \_\_\_\_\_
50. \_\_\_\_\_
51. \_\_\_\_\_
52. \_\_\_\_\_
53. \_\_\_\_\_
54. \_\_\_\_\_
55. \_\_\_\_\_
56. \_\_\_\_\_
57. \_\_\_\_\_
58. \_\_\_\_\_
59. \_\_\_\_\_
60. \_\_\_\_\_

# TEAM TRAVEL FORM

Please complete and return prior to 5:00 p.m. (EST) on Tuesday, February 2 to:

Katie Kennedy, Director of Operations // Event Director

Email: [katiek4@vt.edu](mailto:katiek4@vt.edu)

Institution: \_\_\_\_\_

Gender(s): \_\_\_\_\_

## On-Site Contact:

Name // Title: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

## Accommodations:

Hotel: \_\_\_\_\_

Arrival Date: \_\_\_\_\_ Time: \_\_\_\_\_

## On-Site Transportation:

Rector Fieldhouse (Lot 4 Parking)

*Transportation Type (provide quantity of each):*

# Buses: \_\_\_\_\_ # Vans: \_\_\_\_\_



## COVID-19 Symptoms Screening Attestation Virginia Tech Athletics

I, \_\_\_\_\_ (Visiting Athletic Trainer or Medical Personnel) attest that every member of my team's, \_\_\_\_\_, travel party has successfully passed a COVID-19 symptoms screening and temperature check.

I attest that no member of the team's travel party has exhibited the following symptoms in the past 24 hours:

- Cough
- Shortness of Breath
- Fever
- Chills
- Muscle Pain
- Headache
- Sore Throat
- Loss/Change in Sense of Taste or Smell
- Diarrhea

I further attest that all members of the team's travel party have a temperature below 100.4. Virginia Tech's temperature screening protocol is as follows:

- For temperatures below 99.0 degrees F, no retest is required and the person may continue in game day participation.
- For temperatures below 99.0 degrees F to 100+ F, a retest will occur after 5 minutes.
  - If the temperature is below 99.0F on retest, then no further retest is required, the person may continue in game day participation.
  - If temperature is above 99.0F on retest, then the person will wait an additional 5 minutes and retest.
- If temperature is 100+F, the retest will be taken with an oral thermometer.
  - If temperature is below 100+F on retest, then no further retest is required.
  - If temperature is above 100+F on retest, then self-isolation will need to occur immediately. The person may not continue in game day participation.

\_\_\_\_\_  
Signature of Athletic Trainer or Medical Personnel

\_\_\_\_\_  
Date

***Once completed please give to the VT Game Day Manager or Designee to gain entry into the locker room space.***