



# Virginia Beach Invitational

Virginia Beach Sports Center

Virginia Beach, VA

February 1, 2021

## Results

### | WOMEN 60 M PRELIMS

Monday 11:15 AM |

1 Kiara GRANT	JR Norfolk State	7.36	Q	
2 Halle HAZZARD	SR Virginia	7.37	Q	
3 Jada SEAMAN	SO Virginia	7.46	q	=PB
4 Kayla BONNICK	FR Virginia	7.66	q	
5 Mia D'AMBROSIO	FR NC State	7.71	q	
6 Akira RHODES	FR NC State	7.85	q	
7 Ally HENSON	SO NC State	7.88	q	
8 Tara ZENI	SO Virginia	7.89	q	
9 Nadia SAUNDERS	FR Virginia	8.03		
10 Nia JUDKINS	JR NC State	8.09		
11 Zoe RICE	JR Virginia	8.10		
12 Mia ABULENCIA	JR Virginia	8.31		
DNS Anna KEEFER	SR North Carolina	DNS		
DNS Shirelle LINZY	SO Norfolk State	DNS		

DNF Maddie RENNYSON	SR Virginia	DNF		
DNS Kenyetta IYEVBELE	Unattached	DNS		

### | WOMEN 3000 M

Monday 12:30 PM |

1 Elly HENES	SR NC State	9:03.43		PB
2 Megan MANSY	Unattached	9:19.75		
3 Savannah SHAW	JR NC State	9:27.89		
4 Julia ZACHGO	JR NC State	9:37.70		PB
5 Ryen FRAZIER	Unattached	9:37.89		
6 Samantha BUSH	SO NC State	9:38.65		
7 Jenna SCHULZ	FR NC State	9:54.87		
8 Kiera BOTHWELL	SR Virginia	10:04.60		
9 Alyssa HENDRIX	FR NC State	10:16.00		
DNF Kenyetta IYEVBELE	Unattached	DNF		
DNS Olivia SARGENT	SR Virginia	DNS		

### | WOMEN 60 M

Monday 1:40 PM |

1 Kiara GRANT	JR Norfolk State	7.20		=PB
2 Halle HAZZARD	SR Virginia	7.29		SB
3 Jada SEAMAN	SO Virginia	7.37		PB
4 Kayla BONNICK	FR Virginia	7.53		
5 Mia D'AMBROSIO	FR NC State	7.73		
6 Ally HENSON	SO NC State	7.85		
7 Akira RHODES	FR NC State	7.88		
8 Tara ZENI	SO Virginia	8.04		

### | WOMEN 5000 M

Monday 2:50 PM |

1 Hannah STEELMAN	SR NC State	15:47.43		
2 Elly HENES	SR NC State	15:49.96		
3 Kelsey CHMIEL	SO NC State	16:12.76		
4 Gionna QUARZO	FR NC State	16:35.03		
5 Paige HOFSTAD	SR North Carolina	16:38.13		
6 Hannah MORAN	JR Virginia	16:42.63		
DNF Helena LINDSAY	JR Virginia	DNF		
DNF Megan MANSY	Unattached	DNF		

### | WOMEN 200 M

Monday 2:15 PM |

1 Jada SEAMAN	SO Virginia	23.56		PB
2 Kiara GRANT	JR Norfolk State	23.99		SB
3 Mia D'AMBROSIO	FR NC State	24.79		
4 McKenzie LONG	JR NC State	25.03		
5 Khyasia CALDWELL	JR Virginia	25.10		
6 Brianna WHITE	FR North Carolina	25.46		
7 Imunique ARCHIE	FR NC State	25.82		
8 Dahja PRICE	FR Norfolk State	25.87		
DNS Anna KEEFER	SR North Carolina	DNS		

### | WOMEN 60 M HURDLES PRELIMS

Monday 11:35 AM |

1 Gabriele CUNNINGHAM	Unattached	8.38	Q	
2 Akira RHODES	FR NC State	8.52	Q	
3 Indya RICHARDS	SO Norfolk State	8.76	q	
4 Alix STILL	JR Virginia	8.93	q	
5 Nadia SAUNDERS	FR Virginia	8.93	q	
6 Ally HENSON	SO NC State	8.95	q	
7 Dahja PRICE	FR Norfolk State	9.23	q	PB
DNF Zoe RICE	JR Virginia	DNF		
DNF Shirelle LINZY	SO Norfolk State	DNF		

### | WOMEN 400 M

Monday 1:00 PM |

1 Andrenette KNIGHT	SR Virginia	56.52		SB
2 Maiah WALKER	JR North Carolina	58.20		
3 DaJah PARKER-LOVE	JR Norfolk State	1:00.18		
4 Brianna WHITE	FR North Carolina	1:01.54		
DNS Malika PRIDE	SR Norfolk State	DNS		

### | WOMEN 60 M HURDLES

Monday 1:30 PM |

1 Gabriele CUNNINGHAM	Unattached	8.17		
2 Akira RHODES	FR NC State	8.56		
3 Ally HENSON	SO NC State	8.70		
4 Indya RICHARDS	SO Norfolk State	8.72		
5 Nadia SAUNDERS	FR Virginia	8.77		PB
6 Alix STILL	JR Virginia	8.80		PB
7 Dahja PRICE	FR Norfolk State	9.10		PB

### | WOMEN 600 M

Monday 2:00 PM |

1 Keara SEASHOLTZ	FR Virginia	1:31.58		
2 Alahna SABBAKHAN	SO Virginia	1:32.27		
DNS Micheala MEYER	Unattached	DNS		

### | WOMEN 4X400 M RELAY

Monday 3:25 PM |

1 VIRGINIA		3:45.63		SB
2 NC STATE		3:57.78		SB
3 NORTH CAROLINA		4:00.31		
DNS NORFOLK STATE		DNS		

### | WOMEN 1 MILE

Monday 12:50 PM |

1 Josette NORRIS	Reebok Boston	4:31.39		PB
2 Amy-Eloise MARKOVIC	Reebok Boston	4:42.32		
3 Taryn PARKS	FR North Carolina	4:46.75		
4 Mady CLAHANE	SR North Carolina	4:50.20		
5 Emmeline FISHER	SR North Carolina	4:51.43		PB
6 Anna VESS	SR NC State	4:51.70		SB
7 Sarah LATOUR	JR NC State	4:53.78		
8 Claire Frazier BOLTON	FR Virginia	4:57.86		
9 Ellie DESMOND	FR Virginia	5:11.95		
10 Kara GRANT	SO Norfolk State	5:24.46		

### | WOMEN HIGH JUMP

Monday 10:00 AM |

1 Sydney BANKS	SO North Carolina	1.72m	5-7 $\frac{3}{4}$	SB
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### | WOMEN LONG JUMP

Monday 1:30 PM |

1 Alix STILL	JR Virginia	5.73m	18-9 $\frac{3}{4}$	PB
2 Zoe RICE	JR Virginia	5.68m	18-7 $\frac{3}{4}$	PB
3 Jirah SIDBERRY	SO NC State	5.59m	18-4 $\frac{1}{4}$	SB
4 Tara ZENI	SO Virginia	5.56m	18-3	



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5 Mia ABULENCIA	JR Virginia	5.56m	18-3	PB
DNS Anna KEEFER	SR North Carolina		DNS	

### | WOMEN SHOT PUT

Monday 1:00 PM |

1 Brittany JONES	SR Virginia	14.43m	47-4¼	
2 Kayla BEASLEY	JR NC State	12.83m	42-1¼	SB
3 Tiara SIMMS	JR Norfolk State	11.86m	38-11	
4 Emily SHAIN	SO NC State	11.73m	38-6	PB
5 Arieana PARKER	JR Norfolk State	11.59m	38-¼	
6 JoEllen DRISCOLL	FR North Carolina	11.41m	37-5¼	
7 Ameya WILLIAMS	SO Norfolk State	10.82m	35-6	
DNS Maria DEAVIZ	FR Virginia		DNS	

### | WOMEN WEIGHT

Monday 10:00 AM |

1 Jillian SHIPPEE	SO North Carolina	19.89m	65-3¼	PB
2 Arieana PARKER	JR Norfolk State	17.50m	57-5	PB
3 Grace WILLS	JR North Carolina	15.12m	49-7¼	
4 Kayla BEASLEY	JR NC State	14.91m	48-11	
5 Jersey HARRIS	JR NC State	14.21m	46-7½	
6 Emily SHAIN	SO NC State	14.20m	46-7¼	
7 Ameya WILLIAMS	SO Norfolk State	11.14m	36-6¾	

### | MEN 60 M

Monday 1:45 PM |

1 Anthony FRANKLIN	SO Norfolk State	6.83		
2 Ja'Von DOUGLAS	SR NC State	6.89		PB
3 Dontavian SMITH	SR North Carolina	6.92		
4 Bryan MADISON-AHOUMAN	FR Norfolk State	6.98		
5 Owayne OWENS	SO Virginia	7.08		
6 Ayende WATSON	JR Virginia	7.25		

### | MEN 200 M

Monday 2:20 PM |

1 Anthony FRANKLIN	SO Norfolk State	21.46		PB
2 Cameron DOUGLAS	SR North Carolina	21.77		PB
3 Bryan MADISON-AHOUMAN	FR Norfolk State	21.86		=PB
4 Junpai DOWDY	SR NC State	21.91		
DNS Kai COLE	JR Norfolk State		DNS	
DNS Rondell PROCTOR	SO Norfolk State		DNS	

### | MEN 400 M

Monday 1:10 PM |

1 Isaiah PALMER	SR North Carolina	47.03		
2 Ryan SAINT-GERMAIN	SR North Carolina	48.30		
3 Jordan WILLIS	JR Virginia	48.41		
4 Brandon CACHON	SR North Carolina	49.11		
5 Craig SADDLER II	FR North Carolina	50.03		
6 Jay PENDARVIS	FR Virginia	50.35		PB
7 Onyedikachi OHIA-ENYIA	SO North Carolina	51.00		
DNF Brandon OUTLAW	SR Virginia		DNF	
DNS Trequan BARNES	SR Norfolk State		DNS	
DNS Jadon JOHNSON	SR North Carolina		DNS	
DNS Savien HAYES	SO Norfolk State		DNS	

### | MEN 800 M

Monday 2:05 PM |

1 Conor MURPHY	FR Virginia	1:49.91		
2 Sergio MIRANDA	NJ/NY TC	1:50.98		
3 Matthew JEANPIERRE	Unattached	1:55.13		
4 Kamil JIHAD	JR Norfolk State	1:58.05		
DNF Jeremy HERNANDEZ	NJ/NY TC		DNF	

### | MEN 1 MILE

Monday 12:40 PM |

1 Brandon TUBBY	SR North Carolina	4:01.11		PB
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2 Randy NEISH	SR Virginia	4:05.40		PB
3 Allen SIEGLER	SR North Carolina	4:06.65		SB
4 Ka'eo KRUSE	SR Virginia	4:11.74		
5 Jacob HUNTER	SO Virginia	4:11.94		PB
6 Michael SPRAGLEY	SO North Carolina	4:24.57		
DNF Je'Shawn WALKER	SO Norfolk State		DNF	
DNF Jeremy HERNANDEZ	NJ/NY TC		DNF	
DNS Alex MILLIGAN	Unattached		DNS	

### | MEN 3000 M

Monday 3:10 PM |

1 Ben FLANAGAN	Reebok Boston	7:51.32		
2 Alex ROGERS	Reebok Boston	7:54.48		
3 Wes PORTER	FR Virginia	8:06.18		
4 Joe BISTRITZ	SR NC State	8:06.23		PB
5 Hannes BURGER	SO NC State	8:06.60		PB
6 Conor LUNDY	SR North Carolina	8:11.34		
7 Yasin SADO	FR Virginia	8:12.95		
8 Ian HARRISON	FR NC State	8:16.72		
9 JP FLAVIN	SR NC State	8:17.70		PB
10 William ANDERSON	Unattached	8:18.21		PB
11 Rohann ASFAW	JR Virginia	8:18.77		
12 Jack ELIASON	FR Virginia	8:20.12		
13 Gavin GAYNOR	SR NC State	8:21.41		PB
14 Brett GARDNER	FR NC State	8:23.43		
15 Daniel MCGOEY	FR NC State	8:23.67		
16 Kevin ANTCZAK	FR NC State	8:24.42		
17 John MALACH	FR NC State	8:31.89		
DNF Brandon TUBBY	SR North Carolina		DNF	
DNS Alex MILLIGAN	Unattached		DNS	
DNS Randy NEISH	SR Virginia		DNS	
DNS Allen SIEGLER	SR North Carolina		DNS	

### | MEN 5000 M

Monday 2:30 PM |

1 John TATTER	SO North Carolina	14:15.17		
2 Derek JOHNSON	JR Virginia	14:16.93		
3 Marshall WILLIAMSON	SO North Carolina	14:30.66		
4 Anthony RAFTIS	Unattached	14:31.01		
5 Justin DIEHL	SO Virginia	14:33.25		PB
6 Peter MORRIS	SO Virginia	14:33.64		PB
DNF Randy NEISH	SR Virginia		DNF	
DNF Allen SIEGLER	SR North Carolina		DNF	
DNF Ka'eo KRUSE	SR Virginia		DNF	
DNS Brandon TUBBY	SR North Carolina		DNS	
DNS Alex MILLIGAN	Unattached		DNS	

### | MEN 60 M HURDLES

Monday 1:35 PM |

1 Cameron MURRAY	JR NC State	7.96		
2 Josh BROCKMAN	SO NC State	7.99		PB
3 Jeremiah WILSON	FR Virginia	8.40		
4 Joshua SUTTON	FR Norfolk State	8.52		PB
5 Antaeveon PAYNE	SO Norfolk State	8.55		
6 Derek PEKAR	SO Virginia	8.66		SB

### | MEN 4X400 M RELAY

Monday 3:30 PM |

1 NORTH CAROLINA		3:13.12		
DNF VIRGINIA			DNF	

### | MEN LONG JUMP

Monday 11:45 AM |

1 Owayne OWENS	SO Virginia	7.58m	24-10½	PB
2 Ja'Von DOUGLAS	SR NC State	7.58m	24-10½	PB



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## Results

3	Chris ALEXANDER	SO	NC State	7.03m	23-¾	
4	Rodric COX-COOPER	FR	Norfolk State	6.94m	22-9¼	PB
5	Ayende WATSON	JR	Virginia	6.89m	22-7¼	SB
6	Camren WYNDER-HILL	FR	Norfolk State	6.80m	22-3¾	=PB
7	Derek PEKAR	SO	Virginia	6.79m	22-3½	
8	Isaac HAYWOOD	FR	Norfolk State	6.52m	21-4¾	
9	Isaac YOUNG	FR	North Carolina	6.43m	21-1¼	
10	Nile WALKER	FR	Norfolk State	6.21m	20-4½	
	DNS Sadiq NURSE	FR	Norfolk State		DNS	

### | MEN TRIPLE JUMP

Monday 2:30 PM |

1	Chris ALEXANDER	SO	NC State	15.76m	51-8½	PB
2	Jaren HOLMES	SO	North Carolina	15.32m	50-3¼	
3	Isaac HAYWOOD	FR	Norfolk State	14.37m	47-1¾	
4	Nile WALKER	FR	Norfolk State	13.93m	45-8½	
5	Rodric COX-COOPER	FR	Norfolk State	13.93m	45-8½	
6	Camren WYNDER-HILL	FR	Norfolk State	13.41m	44-0	PB

### | MEN SHOT PUT

Monday 2:30 PM |

1	Daniel MCARTHUR	SR	North Carolina	19.11m	62-8½	
2	Claudio ROMERO	FR	Virginia	16.91m	55-5¾	
3	Troy YEARWOOD	JR	North Carolina	16.91m	55-5¾	
4	Jacob LEMMON	FR	Virginia	15.94m	52-3¾	
5	Azad WILLIAMS	SO	Norfolk State	15.30m	50-2½	SB
6	Isaac YOUNG	FR	North Carolina	12.59m	41-3¾	
7	Elby OMOHUNDRO	SO	Virginia	12.06m	39-6¾	PB

### | MEN WEIGHT

Monday 11:30 AM |

1	Troy YEARWOOD	JR	North Carolina	20.28m	66-6½	
2	James JOYCEY	JR	North Carolina	20.16m	66-1¾	SB
3	Daniel MCARTHUR	SR	North Carolina	19.85m	65-1½	PB
4	Jacob LEMMON	FR	Virginia	18.93m	62-1¼	PB
5	Claudio ROMERO	FR	Virginia	17.59m	57-8½	